



**REGIONAL ADVISORY COUNCIL  
MEETING AGENDA  
9:00 a.m. - 12:00 p.m.  
July 27, 2017  
PPACG Main Conference Room**

- 1. Regular Meeting - Call To Order/Establish a Quorum/Introductions**
- 2. Consent items**
  - A. Agenda**
  - B. Minutes – June 29, 2017**
- 3. Public Comments - Items not on the agenda**
- 4. Special Presentation: Multiple Sclerosis Alliance of Southern Colorado –  
Nikki Pfeiffer**
- 5. Information Items:**
  - A. Provider presentations**
    - i. Park County Senior Coalition**
    - ii. YMCA of the Pikes Peak Region**
  - B. AAA Director’s report – Joe Urban**
  - C. RAC Chair report – Dave Betzler**
- 6. Calendar of Events:**
  - A. PPACG AAA events**
  - B. Community information**
  - C. Next RAC Meeting:**

**August 31, 2017**

**9:00 AM – 11:00 AM**

**Location TBD  
Woodland Park, CO**

**7. Adjournment**

***Please park in the large parking lot on the east side of the building  
and enter the building entrance on the lower level.  
(This entrance faces Chestnut Street.)***



Pikes Peak Area  
Council of Governments  
Communities Working Together

**AREA AGENCY ON AGING**

**REGIONAL ADVISORY COUNCIL MINUTES**  
for Thursday, June 29<sup>th</sup>, 2017

**MEMBERS PRESENT**

Cynthia Aki  
Bea Babbitt  
Dave Betzler  
Richard Elsner  
Norma Garbani  
Dixie Herring  
Phyllis Huggins  
Margaret Hunter  
Jerry Novak  
Carol Parks  
Nancy Stannard

**STAFF**

Joe Urban, PPACG AAA  
Carrie Schillinger, PPACG AAA  
Kent Mathews, PPACG AAA

**MEMBERS ABSENT**

Barb Caudle  
Clint Cooper  
Lucy Crandall  
Wendy Farr  
Marylyn Massey  
Jo Ruth  
Cheryl Schnell  
Frances St. Germain  
Joyce Whittle

**GUESTS**

Bobbi Gore  
Dorothy Novak  
Carla Ruth Lloyd

**1. CALL TO ORDER/QUORUM/ROLL CALL/INTRODUCTIONS**

The June meeting of the Regional Advisory Council (RAC) was called to order at 10:16AM by RAC Chairperson Dave Betzler at the Park County Fair Barn in Fairplay, Colorado. Members, staff, and guests introduced themselves. **Let the records show that a quorum was present.** (Quorum constitutes 30% of members.)

**2. AGENDA APPROVAL**

The agenda was approved unanimously as written.

**3. PUBLIC COMMENTS**

Park County Commissioner Richard Elsner welcomed the group to Park County.

**4. MINUTES APPROVAL**

A motion to approve minutes from the May 25, 2017 RAC meeting as written was made. The motion passed unanimously.

**5. SPECIAL PRESENTATION**

Rocky Mountain Rural Health – Barbie McBee: Ms. McBee gave a presentation to RAC members on the many ways in which her agency provides services to the residents of Park County. RMRH is a 501(c)(3) which has served the region since the 1980s, trying to fill the gaps created in local health care services by the lack of a medical provider of any kind or a pharmacy. The RMRH staff of three are all community health workers who work at over 50 outreach events each year to engage community members. They do this through offering health navigation services, health insurance assistance, breast health literacy and wellness checks, health screenings and education, and limited financial assistance. RMRH partners in Park County with the Department of Public Health, the Park County Senior Coalition and the South Park Activities Association. There will be a local ballot measure up for vote in November to provide sustainable funding for RMRH, which if passed will add 1% to the local sales tax, potentially resulting in as much as \$250,000/year in funding for the agency. This influx of funding would provide much needed fiscal support to the health services available to the county's residents.

**6. INFORMATION ITEMS**

A. Provider presentation:

PPACG AAA Family Caregiver Support Center – Kent Mathews

- i. Access Assistance (Information & Assistance)
- ii. Counseling (individual counseling, support groups, caregiver mentoring, Powerful Tools for Caregivers)
- iii. Information services (outreach/public presentations)
- iv. Respite (vouchers for personal care, homecare and adult daycare)

B. AAA Director's Report/Advocacy issues – Joe Urban

- i. The 2017 legislative cycle is over. This year's Colorado Senate Bill 11 established a study of technology usage to both access and support transportation services for adults living with disabilities in

El Paso and Teller counties. The final report is due to Governor Hickenlooper's office by December 31, 2017.

- ii. Forecasting funding for FY2018 has been very uncertain, creating challenges for the Technical Review Subcommittee and AAA staff. We have received the final budget numbers from the State of Colorado, which were exactly what was forecasted. We have also received a tentative budget figure number from federal government, which is slightly higher than we forecast. The annual federal carryover funds will come in October, and will no longer have a 10% cap. This means all federal funds can be carried over, which is the first time this has been possible in several years.
- iii. The healthcare bill currently being drafted in Washington D.C. will have cuts to Medicaid funding and we don't know how that will impact local service delivery. We are keeping a watchful eye on the work of our federal legislators regarding this measure.

C. RAC Chair's report – Dave Betzler

- i. Carrie Schillinger and Jessica McMullen of PPACG are engaged in discussions with the RAC Chair on how RAC members can promote the work of the AAA and agencies and services that support seniors in the region. The goal is to develop a single page document that offers easily digestible information describing the need for services for seniors in the region served by PPACG AAA.
- ii. The village model of community living is being tested in Woodland Park, with the creation of the Village Above the Clouds.
- iii. A groundbreaking was held last week at the Jackson Creek Senior Living facility in northern El Paso County. When completed, the facility will include a combined total of 137 units dedicated to independent living assisted living and memory care.

D. Community information:

- i. Mackenzie Place is sponsoring the 6<sup>th</sup> Annual Octogenarian Golf Tournament, to be held July 24<sup>th</sup> at the Colorado Springs Country Club. This event, which includes 9 holes of golf, use of a golf cart, and lunch, is free to women and men age 80 and older.
- ii. A tour of the Park County Senior Center will immediately follow the RAC meeting today. Bobbi Gore will lead a group to see the improvements currently underway at the senior center in Fairplay.

7. **NEXT RAC EVENT**  
**DATE:**

**July RAC meeting**  
**Thursday, July 27<sup>th</sup>, 2017**

**TIME: 9:00AM – 12:00PM**

**LOCATION: PPACG Area Aging on Aging  
14 S. Chestnut Street  
Colorado Springs, CO 80905**

**8. ADJOURNMENT**

The meeting was adjourned by Chair Dave Betzler at 12:32 p.m.



Pikes Peak Area  
Council of Governments  
Communities Working Together

AREA AGENCY ON AGING

**REGIONAL ADVISORY COUNCIL  
AAA PROVIDER PRESENTATION**

**July 27, 2017**

**9:00 AM**

**Main Conference Room  
PPACG Area Agency on Aging  
14 S. Chestnut St  
Colorado Springs, CO 80905**

<b>PROVIDER NAME:</b>	YMCA of the Pikes Peak Region
<b>REPRESENTATIVE:</b>	Rebecca Janecek, Balance Programs Coordinator
<b>ADDRESS:</b>	207 N. Nevada Ave, Colorado Springs, CO 80903
<b>SERVICE AREA:</b>	El Paso, Teller and Park Counties
<b>PHONE:</b>	719-963-0988 (Rebecca Janecek-cell) 719-329-7234 (Dr. Gloria Winters-cell)
<b>EMAIL:</b>	<a href="mailto:rjanecek@ppymca.org">rjanecek@ppymca.org</a> and <a href="mailto:gwinters@ppymca.org">gwinters@ppymca.org</a>

**PPACG Area Agency on Aging Funded CY2016 SERVICE(S):**

Service	CY2016 Clients	CY2016 Service Units
A Matter of Balance	264	3,615
Moving for Better Balance	113	561

**Address your agency's accomplishments, challenges and unmet needs for each PPACG Area Agency on Aging funded service provided.**

**ACCOMPLISHMENTS:**

A Matter of Balance	During FY 16-17 the <b>A Matter of Balance</b> program served 10-12 seniors in each of the 12 classes offered in our service area. Due to the waiting list in Teller county, three of the 12 classes this year were offered in Woodland Park. We continue our active partnerships with the WP Senior Center (also known as the Senior Citizens' Club) and the Pikes Peak Regional Hospital. Due to the increased recognition and outreach of <b>A Matter of Balance</b> , three residents from Teller County desire to be trained as coaches for this program.
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Moving for Better Balance	During FY 16-17 the Moving for Better Balance program served 18-24 seniors in each of the 12 classes offered in our service area. In addition to 10 classes at YMCA locations throughout El Paso county, we offered this program at Brookdale Skyline for their independent living population as well as in Divide, CO located between Woodland Park and Florissant for residents of Teller and Park counties.
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**CHALLENGES:**

A Matter of Balance	Retaining coaches--especially volunteer coaches  Retention among participants in some classes
Moving for Better Balance	Retention among class participants  Previously we had a policy that participants could not repeat a class during the same grant year. After revisiting this with AAA, any senior needing to repeat a class may do so as long as all unduplicated seniors are given priority.

**UNMET NEEDS/WAITLIST (PLEASE PROVIDE NUMBERS):**

Everyone on our prior wait list was offered a class during this past year. Our current wait list is six who are requesting to repeat their classes this fall if space is available. This decrease from prior years in wait list names is due to the fact that we were considering changing the way classes are advertised and filled. A decision has been made to return to the Program Coordinator maintaining a wait list and making personal phone calls as classes are scheduled in the areas requested.

**Non-PPACG Area Agency on Aging Funded CY2016**

**SERVICE(S) and Activities:**

Serving the senior population is and always has been a major focus of the YMCA. There are various programs and levels of exercise classes offered to meet the needs of any level of senior fitness and many areas of interest. In addition to the classes, the YMCA is a gathering place for coffee and conversation, offering seniors social interaction and emotional support.

**What else would you like for the RAC to know?**

After the departure of our previous grant writer and administrator in May 2016 who had handled this since 2009, we have had several different staff in charge of data input as well as administrative oversight. This issue was resolved when the YMCA recently hired a Chief Medical Director who oversees all Evidence Based Programs for the PP Region. Our service delivery maintained excellence during last year's transition and now procedures are in place to assure that same excellence is evident in corresponding work flow.

