



**Pikes Peak Area
Council of Governments**

Communities Working Together

AREA AGENCY ON AGING

REGIONAL ADVISORY COUNCIL

MEETING AGENDA

10:00 a.m. - 12:00 p.m.

August 31, 2017

City Council Chambers

Woodland Park City Hall

220 W. South Avenue

Woodland Park, CO 80863

- 1. Regular Meeting - Call To Order/Establish a Quorum/Introductions**
- 2. Consent items**
 - A. Agenda**
 - B. Minutes – July 27, 2017**
- 3. Public Comments - Items not on the agenda**
- 4. Information Items:**
 - A. Provider presentations**

PPACG AAA:

 - i. Information & Assistance Center – Lucy Jacobs**
 - ii. Volunteer program – Lucy Jacobs**
 - iii. LTC Ombudsman program – Scott Bartlett**
 - B. AAA Director’s report – Carrie Schillinger**
 - C. RAC Chair report – Dave Betzler**
- 5. Calendar of Events:**
 - A. PPACG AAA events**

B. Community information

C. Next RAC Meeting:

September 28, 2017

10 AM – 12 PM

TBD

Calhan, CO 80808

6. Adjournment



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AREA AGENCY ON AGING

REGIONAL ADVISORY COUNCIL MINUTES
for Thursday, July 27th, 2017

MEMBERS PRESENT

Cynthia Aki
Dave Betzler
Clint Cooper
Wendy Farr
Norma Garbani
Dixie Herring
Phyllis Huggins
Margaret Hunter
Marylyn Massey
Jerry Novak
Carol Parks
Jo Ruth
Cheryl Schnell
Frances St. Germain
Nancy Stannard
Joyce Whittle

STAFF

Carrie Schillinger, PPACG AAA
Joe Urban, PPACG AAA
Kacy Partridge, PPACG

MEMBERS ABSENT

Bea Babbitt
Barb Caudle
Lucy Crandall
Richard Elsner

GUESTS

Pat Ellis
Laura Engelman
Bobbi Gore
Ralph Power
Jean Cooper
Ruby Cooper
Mandy McBroom
Rebecca Janacek
Nikki Pfeiffer
Michelle Dean
Jody Barker
Jenn Nimmo

1. CALL TO ORDER/QUORUM/ROLL CALL/INTRODUCTIONS

The July meeting of the Regional Advisory Council (RAC) was called to order at 9:05 a.m. by RAC Chair David Betzler at the PPACG offices. Members, staff, and guests introduced themselves. **Let the records show that a quorum was present.** (Quorum constitutes 30% of members.)

2. AGENDA APPROVAL

The agenda was approved unanimously as presented.

3. MINUTES APPROVAL

A motion to approve minutes from the June 29, 2017 RAC meeting as written was made. The motion passed unanimously.

4. PUBLIC COMMENTS

There were no public comments.

5. SPECIAL PRESENTATIONS

Multiple Sclerosis Alliance of Southern Colorado – Nikki Pfeiffer: Ms. Pfeiffer gave an informational presentation to RAC members about the Multiple Sclerosis Alliance of Southern Colorado, an organization established to address the needs of those living with multiple sclerosis. MSASC serves El Paso, Pueblo and Teller counties, currently offering nine different support groups to those living with MS and their family members. They also provide community education about MS, including an annual expo, set to take place in Colorado Springs on September 30th this year. Staff at the organization will also visit a home to make safety adaptation recommendations, thereby enabling residents to remain independent and in their own homes through small adjustments to their physical environment.

6. INFORMATION ITEMS

A. Provider presentations:

- i. Park County Senior Coalition – Bobbi Gore gave an informative presentation to RAC members about the services the PCSC agency provides to Park County seniors with OAA funds awarded by PPACG AAA. The PCSC continues to serve the seniors of Park County by providing home-delivered meals, nutrition education, transportation, assisted transportation, chore services, homemaker and caregiver respite programs, and case management services.
- ii. YMCA of the Pikes Peak Region – Rebecca Janacek gave a presentation to RAC members about the evidence-based classes offered by the YMCA to area seniors using Older Americans Act and Older Coloradans Act funds allocated by the RAC. YMCA provides two different classes that promote balance and safe movement by seniors, in both their El Paso and Teller county locations.

B. AAA Director’s report – Joe Urban:

- i. Along with other PPACG AAA staff, Mr. Urban recently attended the annual Colorado Department of Human Services planning tour. The local event, led by CDHS Director Reggie Bicha, was held earlier in the week in Cripple Creek. There are nine total stops on the 2017 tour, allowing CDHS staff to visit all the various regions within Colorado.
 - ii. The State Unit on Aging is planning to expand the variety of voucher programs they allow AAAs to use in the administration of OAA/OCA funds. It is likely that in 2017 the transportation and meal programs operated under the auspices of the AAA network in Colorado will be administered with greater efficacy and flexibility under these new voucher programs.
 - iii. The n4a Annual Trade Show and Conference will be held in Savannah, Georgia beginning at the end of July. This year Mr. Urban is the only PPACG AAA staff member able to attend this annual event.
- C. RAC Chair Report – Dave Betzler
- i. Volunteers are crucial to the achievement of the missions of organizations serving older adults, and these volunteers are growing older as well. It is incumbent upon all of us to direct those we know with energy for volunteering toward serving the agencies which serve older adults.
 - ii. The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition back home. The CARE Act requires hospitals to provide the patient the opportunity to designate a family caregiver, inform the caregiver when the patient is to be discharged and give you an explanation and live instruction of the medical tasks the caregiver will need to perform for the patient at home.
- D. Community events
- The 2017 Senior Expo and Symposium will be held Saturday, August 26th from 9:00 a.m. to 3:00 p.m. at Mountain View United Methodist Church in Woodland Park. Sara Qualls of the UCCS Aging Center will be the keynote speaker at the event.

7. ADJOURNMENT

The meeting was adjourned by Mr. David Betzler at 11:35 a.m.

NEXT RAC EVENT

August RAC meeting
DATE: Thursday, August 31st, 2017

TIME: 10:00 a.m. – 12:00 p.m.

LOCATION: Woodland Park City Hall

**220 W. South Avenue
Woodland Park, CO 80863**