



**REGIONAL ADVISORY COUNCIL MEETING  
AGENDA**

**10:00 a.m. - 12:00 p.m.**

**September 27, 2018**

Teller County  
John Wesley Ranch and Retreat Center  
21285 CO-67  
Divide, CO 80814

- 1. Call To Order/Establish a Quorum/Introductions**
- 2. Consent items**
  - A. Agenda** – September 27, 2018
  - B. Minutes** – August 30, 2018
- 3. Public Comments** - Items not on the agenda
- 4. AAA Director's report** – Joe Urban
- 5. Information Items**
  - A. PPACG Strategic Plan** – Jessica McMullen, PPACG
  - B. Provider presentations**
    - i. Colorado Legal Services** – Sarah Lipka
      - 1. Legal Services**
    - ii. Prospect Home Care and Hospice** – Mary Barrowman
      - 1. Reassurance**
    - iii. Community of Caring** – Rebecca Blair/Ted Borden
      - 1. Case Management**

**C. RAC Chair report – Dave Betzler**

**6. Calendar of Events**

**A. PPACG AAA events**

**B. Community information**

**C. Next RAC Meeting –**  
October 25, 2018  
TBD – Rural El Paso County

**7. Adjournment**



Pikes Peak Area  
Council of Governments  
Communities Working Together

AREA AGENCY ON AGING

**REGIONAL ADVISORY COUNCIL MINUTES**

**Thursday, August 30, 2018**

**MEMBERS PRESENT**

Cynthia Aki  
Bea Babbitt  
Jody Barker  
Dave Betzler  
Andrew Bunn  
Lucy Crandall  
Wendy Farr  
Norma Garbani  
Phyllis Huggins  
Marylyn Massey  
Jerry Novak  
Carol Parks  
Jo Ruth  
Frances St. Germain  
Joyce Whittle

**MEMBERS ABSENT**

Richard Elsner  
Dixie Herring  
Margaret Hunter  
Joanne McCoy  
Jenn Nimmo  
Nancy Stannard

**STAFF**

Lisa Alldridge,  
PPACG AAA  
Karen Morgan,  
PPACG AAA  
Scott Bartlett,  
PPACG AAA  
Jessica Bechtel,  
PPACG  
Gretchen Brinker,  
PPACG AAA  
Kacy Partridge,  
PPACG

**GUESTS**

Lisa Reed  
Dave Somers  
Carmela Schweer  
Bobbi Gore  
P. Ellis  
L. Engleman  
M. Boles

1. **CALL TO ORDER/QUORUM/ROLL CALL/INTRODUCTIONS**

The August meeting of the Regional Advisory Council (RAC) was called to order at 9:02 a.m. by Chair Dave Betzler, introductions were made. Let the records show that a quorum was present. (Quorum constitutes 30% of members.)

2. **CONSENT ITEMS**

**A. Agenda**—August 30, 2018

**B. Minutes**—July 26, 2018

Mr. Jody Barker called attention to agenda Item 3, Public Comments on the July 26, 2018 meeting minutes. He explained that it should be corrected to state, “Jody Barker was re-elected as Chair of Colorado Commission on Aging”.

The Consent items were approved unanimously with the included change to the minutes.

3. **PUBLIC COMMENTS**

Ms. Wendy Far provided an update regarding committee member terms. She noted that no matter when a new council member joins, the term always starts in January. A new member may not always serve a full three-year term if they join later in the year. After two three-year terms, members must take a year off before being able to serve for two more three-year terms. She explained that she will send out a spreadsheet to the committee noting the member term expiration dates. She further explained that there will be four spots open for January 2019.

A request was made for the spreadsheet to show geographical area representation.

4. **INFORMATION ITEMS**

**A. Provider presentations**

- i. Park County Senior Coalition – Bobbi Gore
  - Park County Senior Coalition is the only provider in Park County.
  - Eight of their programs were funded by PPACG over the last grant cycle which included:
    1. Assisted Transportation – The voucher program has reported success.
    2. Case Management – Assessments have shown an increase in client satisfaction.
    3. Chore
    4. Respite Care – Service units are measured in 4 hour increments for respite.
    5. Rural Area Meal Program (RAMP)
    6. Homemaking
    7. Nutrition Education
    8. Transportation

Some of Park County Senior Coalition's challenges include:

- Unpredictable or decreased federal funding; when this happens they rely heavily on working with other agencies to provide coverage.
- The Coalition had a reporting system changeover and lost some information.
- Information is hard to access for clients; internet and phone service are not reliable in Park County – Client education, outreach and participation are goals of the Coalition as well as addressing the accessibility issues.

Questions from the Committee:

The service unit breakdown is confusing; please clarify what a service unit is for each service, for example, hours vs. meals.

Where does additional funding come from to cover the "hidden" costs (i.e. driver mileage to client location)? Additional funding comes from grants, agency partnerships, subsidized by participants, and volunteers.

Do you have any thoughts on how the new clinic will affect or assist the community? A positive impact is expected, but all needs will still not be served for seniors. This will more or less be a first stop for some before going to a hospital for care.

#### **PPACG Programs –**

##### **ii. Area Agency on Aging – Scott Bartlett, LTC Ombudsmen**

Mr. Bartlett explained that Ombudsmen are federally mandated advocacy persons that investigate complaints and solve problems for seniors in assisted living situations. They support the public with education on long term care as well as aid in selecting long term care for family.

He explained that facility visits are tracked, with notably 676 visits between 2016 and 2017. 2,856 activities completed were completed during that time, which included consultations with family, educating family members on options, interpretation of regulations, trainings for staff and the community.

The resident is always the client.

Accomplishments:

- Program Assessment - Audited by state ombudsmen every other year; 2018 was successful.
- Systemic Advocacy - Advocacy done in this office is often replicated in other areas in the state as well as nationally.
- Committee Participation - Part of a strategic planning group – along with state agencies, they assess regulations and statutes, hiring of care givers and staff, and converse around long term community ethics.
- Guardianship Training – National Guardianship Association Conference
- Ombudsmen perform investigations of civil rights issues. For example, power of attorney and surrogate decision makers overstepping, as well as exploitation issues.

- June 15 is World Elder Abuse Awareness Day; a community event held in Teller County.
- His vision for the Lead ombudsmen is to advocate for education of what the problems are that are causing issues in the first place.

Questions from the Committee:

Can you give examples of surrogate decision making that have been problems? Mr. Bartlett shared about an individual with a brain injury who had a paid guardian that did things such as disallowing access to property or family, was disruptive to his healthcare. Power of attorney does not give control to override the individual.

Are ombudsmen allowed to be involved in court hearings? They are not allowed; they cannot be subpoenaed to court because they may inadvertently advocate against the person who is the client. Mandatory reporting does not apply to ombudsmen.

**iii.** Area Agency on Aging – Karen Morgan, SHIP Program

Ms. Morgan shared that the SHIP program stands for State Health Insurance Program – Advocates for seniors with Medicare.

They provide insurance counseling which is the most requested program in the AAA. There are currently five case managers to cover nine counties which include: El Paso, Park, Teller, Custer, Fremont, Lake, Chaffee, Huerfano and las Animas. The program provides tools and materials to rural counties for education about their healthcare.

Accomplishments:

- SHIP helped seniors collectively save over \$1M in prescription costs by reviewing coverages and making changes.
- Increased outreach to rural counties by creating relationships with other AAA's.
- Medicare 101 classes are provided monthly.

Challenges:

- Funding is limited; not enough to meet the needs of the growing senior populations.
- Awareness – always an issue with finding effective ways to make the community aware of programs and services available through the AAA.

Questions from the Committee:

Is there a new rating system for the Medicare program and supplements? AAA staff can provide information on where to find this information online.

**B. AAA Director's Report—Lisa Alldridge**

- Ms. Alldridge shared that Mr. Joe Urban is on vacation. She noted that AAA is in the course of gearing up for the four-year planning process; this includes multiple community visits to gather input. The plan is what drives future funding. If interested in hosting or attending, contact Joe Urban.
- Currently working with state funding; federal dollars will be unreliable again for the next grant cycle.

**C. RAC Chair report – Dave Betzler**

Mr. Dave Betzler stressed the importance of finding quality committee members to join the RAC further explaining that it is beneficial to share about the AAA in your respective entities and areas.

5. **CALENDAR OF EVENTS/COMMUNITY INFORMATION**

A. AAA Medicare and Social Security 101 - September 6<sup>th</sup> - 21C Library

B. PPACG Board of Directors Meeting – September 12<sup>th</sup>

C. September 15 – Walk to End Alzheimer's– 11:15 AM at America the Beautiful. Get involved and please donate!

D. Sept 15 – Family History workshops – noon – 5PM Centennial

E. Health and education fair – Community Outreach Center October 6<sup>th</sup>, 9 am - 2 pm at the Calhan county fairgrounds.

F. Next RAC Meeting:

Thursday, September 27th, 2018

10:00 a.m. – 12:00 p.m.

Teller County

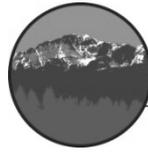
John Wesley Ranch and Retreat Center

21285 CO-67

Divide, CO 80814

6. **ADJOURNMENT**

The meeting was adjourned by Chair David Betzler at 10:33 a.m.



**DATE:** September 27, 2018  
**TO:** PPACG Board of Directors  
**FROM:** Jessica McMullen, Policy and Communications Manager  
**THROUGH:** Andrew Gunning, Executive Director  
**SUBJECT:** STRATEGIC PLAN DRAFT

***ACTION REQUESTED: Discussion***

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### **SUMMARY**

The PPACG Board of Directors directed staff to begin the process of developing a Strategic Plan. Through a Board retreat 5 general goals were suggested. Each goal was set up as a vision group to refine the goal and set objectives. These groups met and provided a base for strategies to be developed. Staff reviewed the goals and objectives and suggested strategies to accomplish each.

The following vision group met and established the following language for the goals

- **Transportation:** Develop and maintain a coordinated, validated plan for transportation needs across the PPACG region.
- **Aging:** Provide access, awareness, education, and connectivity so individuals can age wherever they want.
- **Information Sharing:** Become a significant resource for PPACG members to share and collect information with regional partners.
- **Advocacy:** Develop an effective advocacy voice for common ground issues.
- **Collaboration:** This group met and determined these efforts fell under Information Sharing.

Each vision group was given the chance to review and suggest changes to the strategies suggested by staff for incorporation into this draft.

### **NEXT STEPS**

We are asking board members to review the draft plan, discuss any items they have concerns or questions about and provide feedback and input on the strategies, objectives and goal language as needed.

## BACKGROUND

### Original Goals/Original Goals/Mission

The Pikes Peak Area Council of Governments (PPACG) is a voluntary association of the local governments in the Pikes Peak Region. The Board meets with the following purposes:

- To strengthen local governments by providing technical assistance, advice, and acting as an advocate for local government positions with State and Federal agencies.
- To act as a forum for the discussion of common problems and opportunities facing the area
- To prepare regional development plans under a variety of subject headings.

The philosophy of the Council of Governments is to serve the local governments in the most effective and efficient manner possible.

In June of 2017 PPACG reached its 50<sup>th</sup> anniversary, expanding an ongoing conversation about programs and efforts that the organization has been involved in historically and recently. This conversation has turned into a desire for a defined strategic plan going forward to guide the direction PPACG will go.

We held a strategic planning retreat on May 30<sup>th</sup> and a debrief session on June 7 to gather board members and engage them on regional goals for the future. The group came up with the following major objectives (the language for each has been shifted from this version by the vision groups):

- **Transportation:** Build a comprehensive transportation plan for critical infrastructure including and beyond I-25
- **Aging:** Support access, awareness, education, and connectivity so individuals can age in place wherever they want
- **Information Sharing:** Become the first (significant) resource for PPACG members to share and collect information
- **Advocacy:** Develop a strong, defined advocacy voice for common ground issues
- **Collaboration:** Become a convener for strategic collaboration in similar cross-community issues

## ATTACHMENTS

1. Draft Strategic Plan



PIKES PEAK AREA COUNCIL OF GOVERNMENTS

# Strategic Plan

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## ***PPACG Mission Statement***

*The Pikes Peak Area Council of Governments, a voluntary organization of 16 counties and municipalities, aims to provide a forum for local governments to discuss issues that cross their political boundaries, identify shared opportunities and challenges, and develop collaborative strategies for action.*

*The philosophy of the County of Governments is to serve the local governments in the most effective and efficient manner possible.*

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*Presented to the PPACG Board of Directors for Review on September 12, 2018*

*Approved by the PPACG Board of Directors on*

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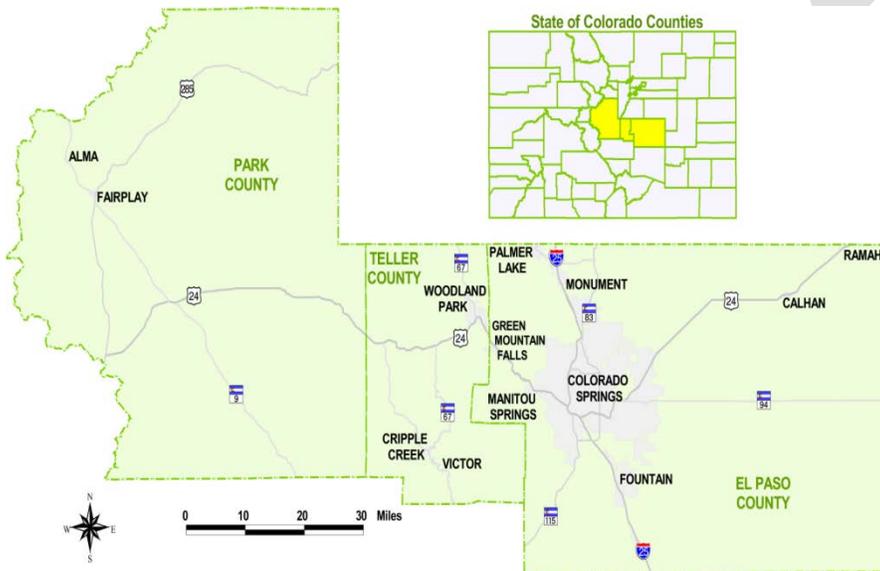
DRAFT

# About the Pikes Peak Area Council of Governments (PPACG)

PPACG is a voluntary organization of local governments serving the Pikes Peak region’s cities, towns, and counties. The governing body of PPACG, the Board of Directors, is composed of elected officials appointed by the member governments.

Current membership includes:

<u>Counties</u>	<u>Cities</u>	<u>Towns</u>
El Paso	Colorado Springs	Alma
Park	Cripple Creek	Calhan
Teller	Fountain	Fairplay
	Manitou Springs	Green Mountain Falls
	Victor	Monument
	Woodland Park	Palmer Lake
		Ramah



### What is a Council of Governments (COG)

COG’s are regional coordinating bodies that exist to establish a consensus about the needs of an area and the actions needed to solve local and regional problems. The role of the regional body has been shaped by the changing dynamics in federal, state, and local government relations, and the growing recognition that the region is the arena in which local governments must work together to resolve social and environmental challenges. These organizations have carved out a valuable niche for themselves as reliable agents and many more operate independent of federal funding. Comprehensive and transportation planning, economic development, workforce development, the environment, services for the elderly and clearinghouse functions are among the types of programs managed by COGs.

PPACG provides a forum for local officials to identify regional problems and opportunities, develop solutions, and make recommendations to local governments on area-wide strategies to deal with those issues. PPACG can be a vehicle to ensure cooperative action in matters that cross local political boundaries. Such bodies have the advantage of being able to cover a wider range of area-wide issues and coordinate programs to avoid duplication and conflict. This regional approach serves to facilitate state and federal funding for local programs and projects.

PPACG leverages member dues to bring hundreds of millions of dollars in federal, state, and local programs to our region. Our role is to assist local elected officials in making coordinated decisions affecting regional development in transportation, aging, air and water quality, military support and the regional concerns.

PPACG has the following designations:

- Council of Governments for the Pikes Peak Three County Region
- State-designated Metropolitan Planning Organization for the Colorado Springs Urbanized Area
- Older Americans Act Area Agency on Aging for the Pikes Peak region
- Lead air-quality planning agency for the Pikes Peak region
- Lead water-quality planning agency for the Pikes Peak region

## Leadership

The governing body of PPACG, the Board of Directors, is composed of elected officials appointed by the member governments. The board of directors is responsible for establishing the overall objectives and policies for the organization, adopting an annual budget, reviewing and voting on Transportation, Environmental, Aging and Military program recommendations, and employment of an executive director who reports to the Board of Directors.

Our committees serve as technical and community advisors to the Board of Directors on PPACG programs and efforts. Each committee has individual responsibilities, bylaws and meeting processes.

The Committees are:

- Air Quality Technical Committee
- Community Advisory Committee
- Joint Land Use Study Committee
- Mobility Coordinating Committee
- Regional Advisory Council
- Transportation Advisory Committee
- Water Quality Management Committee

## Letter from the Executive Director

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The last few years have been a transformational time in the life of PPACG. As I began my tenure as Executive Director, we wrapped up the 50th year of the agency with a sense of hope and encouragement. By creating our first strategic plan and laying out Goals, Objectives and Strategies, PPACG is taking the first and very important step to move our region forward.

This strategic plan was developed to ensure the progress of the last few years continues into the future. The plan sets forth our priorities for the next several years and is intended to provide a framework for our continued success and to measure how we achieve it.

A strategic plan is a living document, designed to be something we all use to direct the future of PPACG and our entire region. It plays a vital role in shaping how the resources, expertise, and knowledge of our region can be leveraged, and how we work together throughout the region to improve our quality of life. You will see it within our work program, our budget and our program discussions.

I am proud to present this Strategic Plan. My goal is to ensure that PPACG operates effectively, cooperatively, and efficiently. I know that it will serve as a blueprint and foundation as we advance our region.



## Strategic Plan Process

The process for the strategic plan began with a vision to create a document to provide direction to an organization that was already achieving great success, but believed it could achieve more. This would be the first strategic plan in the 50 year history of the organization.

Beginning with the development of framework for the plan and through working with a facilitator, the PPACG board of directors held a strategic planning retreat. At the retreat they diligently discussed, and created the initial vision for the strategic plan, creating five vision groups on focus areas.

Each vision group met to solidify the language of their group's goal, as well as establish objectives for what they felt success would look like in the near term. After the vision group meeting, related PPACG staff reviewed the goals and objectives established by each group and suggested strategies the organization could take to achieve each proposed objective, and goal.

After the initial goals, objectives and strategies were established; each vision group had a chance to review the proposed strategies before it would be compiled into a single draft document and brought to the board of directors and PPACG standing committees including the Community Advisory Committee, Transportation Advisory Committee, Mobility Management Committee and the Regional Advisory Committee. Each group was invited to review the draft and give feedback, before the Strategic Plan went to the Board of Directors for their final review. The strategic plan will continue to serve as a living document that will act as the compass to ensure the organization is moving in the direction it hopes too over the coming years.



## Strategic Plan Goals

- Develop an effective advocacy voice for common ground issues
- Become a significant resource for PPACG members to share and collect information with regional partners.
- Provide access, awareness, education, and connectivity so individuals can age wherever they want
- Develop and maintain a coordinated, validated plan for transportation needs across the PPACG region.

# Advocacy Objectives and Strategies

## Goal: Develop an effective advocacy voice for common ground issues

### Objective 1- Be a convener on community issues

#### Strategies

- Bring key issues to Board to select issues of regional concern.
- Conduct a community assessment on issues to avoid duplication of efforts.
- Identify holes in current community issues.
- Begin outreach to community and member stakeholders and convene the involved groups.

### Objective 2 - Build coalitions with like-minded stakeholders

#### Strategies

- Board identifies specific goals for coalition to be formed around.
  - Respond through research and action on issues that the board brings forward.
- Identify stakeholders to engage including and beyond existing relationships.
  - Create list and collect contact information for each.
- Engage stakeholders with aligned interests to advocate for regional community needs within state and local regions as well as the mega-region.
  - Share information and opportunities.
  - Reach out at the level needed for the topic.
- Leverage influence to engage others.
  - Provide media briefings on pertinent topics to the region.
  - Extend invitations to coalition partners for items of interest.

### Objective 3 - Focus on influencing legislation, regulation and rule-making

#### Strategies

- Serve as information resource to legislators on all PPACG topics, leveraging our role as subject matter experts.
  - Provide information to legislators or community both when requested and proactively.
  - Engage staff to testify at state legislature as “Subject Matter Experts” and Board Members as advocates on topics relating to PPACG.
- Facilitate connections between PPACG members and legislative delegation.
  - Facilitate face-to-face discussions, roundtables and forums on relevant and timely topics.
  - Work with lobbyist to be aware of current legislative issues and topics.
  - Provide training and information to staff and board on rules regarding advocacy vs. education efforts regarding legislation.
- Identify regulation that is ineffective or no longer serves a purpose.
  - Analyze effectiveness of relevant regulations impacting PPACG.
- Engage proactively on federal reauthorizations (Transportation, Aging, JLUS).
  - Work with lobbyist to be aware of federal reauthorizations and to engage in early stage education.
- Influence rule-making and regulation through education and active communication.
  - Inform BOD members when new rules are released for comment and assist members with opportunities to comment and background information on impacts.

Advocacy Vision Group Board Participants; Commissioner Norm Steen, Mayor Neil Levy, Councilmember Jill Gaebler and Councilmember Sharon Thompson.

## Information Sharing Objectives and Strategies

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**Goal:** Become a significant resource for PPACG members to collect and share information with regional partners.

**Objective 1:** Be a central location for plans, studies and resources.

### Strategies

- Determine what information should be included in the library.
- Explore creating a web-based launch pad/clearing house for information.
- Begin requesting information and shareable data-sets.

**Objective 2:** Establish a protocol for standardization and sharing of data.

### Strategies

- Identify ways to encourage the open exchange of data and information.
- Identify and coordinate with regional data stakeholders to reduce duplication and optimize functionality of information.
- Determine document standards and address data security.

**Objective 3:** Be a convener for members on cross-community issues.

### Strategies

- Establish a process to identify cross community issues with the Board.
- Conduct roundtables with members and subject matter experts on selected issues.

Information Sharing Vision Group Board Participants; Commissioner Peggy Littleton, Commissioner Dick Elsner, Councilmember Sharon Thompson and Collaboration Vision Group members Councilmember Jill Gaebler and Mayor Don Wilson.

## Aging Objectives and Strategies

Goal: Provide access, awareness, education, and connectivity so individuals can age where ever they want.

Objective 1: Coordinate and support regional efforts regarding transportation for seniors.

### Strategies

- Support One Ride and Transportation Service Providers to provide transportation for seniors.
- Explore a regional mobility management program.
- Identify barriers/final step problems.

Objective 2: Increase outreach and education efforts.

### Strategies

- Support Age Friendly Senior Portal.
- Educate community groups like Housing/Building, Businesses or others on the needs of seniors.
- Create a plan to educate the community on existence of AAA and in-house programs.

Objective 3: Collect information and support regional network efforts for senior housing.

### Strategies

- Raise awareness through convening stakeholders.
- Assist with collection of information on availability of housing for seniors and identify gaps or needs.

Objective 4: Support connectivity efforts for seniors.

### Strategies

- Collaborate to increase interactions for home-bound seniors.
- Collaborate and advocate for broadband access to include support for tele-medicine.
- Explore connections for mobile medical service throughout region.

Aging Vision Group Board Participants; Commissioner Dick Elsner, Councilmember Sharon Thompson, Councilmember Yolanda Avila.

## Transportation Objectives and Strategies

### Goal: Develop and maintain a coordinated, validated plan for transportation needs across the PPACG region

The Pikes Peak Area Council of Governments (PPACG) has responsibilities as the MPO in the federal transportation planning process. In addition, serving as the Council of Governments (COG) has slightly different responsibilities in the Transportation Planning Region (TPR) in the State of Colorado transportation planning process.

Objective 1- Ensure coordinated transportation planning among entities within the PPACG MPO and between the MPO and Central Front Range TPR.

#### Strategies

- Conduct a multi-modal transportation study of the PPACG area to improve regional connectivity at the county level.
  - Secure FHWA (MPO) & CDOT (TPR) funding.
  - Identify connectivity of the collector and arterial network for redundancy to the state network.
  - Develop potential project lists that can be used at the discretion of the individual jurisdictions in the MPO, TPR or jurisdictional project selection process.
  - Investigate the jurisdictional desire and need for a bi-annual or quarterly transportation meeting of all the COG jurisdictions of the TPRs.
- Strengthen ties between transportation and economic development by ensuring that as project lists are developed for the MPO Transportation Improvement Program or TPR Development Lists, community partners are consulted to ensure that their transportation needs are considered in the process.
  - Community groups could include Economic Development Agencies, Chambers of Commerce, Visitors Centers, Educational and Military Installations.
- Research alternative approaches to mobility and congestion relief and make presentations to the Board for further direction.
  - Travel reduction program(s)
    - Ride Share
    - Van Pool
    - Guaranteed Ride Home
    - Tele-work
    - Express bus
  - Intelligent Transportation Systems
    - ITS Architecture Plan (MPO requirement)
    - Smart Cities, including connected and autonomous vehicle infrastructure
  - Land use policy tool box
    - Jurisdictions should always maintain their authority over land use policy and decisions. To the extent practical, the Board could direct the COG to develop model policies that individual jurisdictions could adopt or use as a base template for land use policy. The tool box could help improve regional consistency and compatibility between jurisdictions.
- Educate the public on the roles associated with the MPO and TPR through visuals, infographics and white papers.

Objective 2 - Utilize performance based measurements to develop project lists.

## Strategies

- As the MPO, performance measurements are a requirement of the federal transportation planning process.
  - Educate the public on existing performance measures.
  - Ensure PPACG models are appropriately scaled to provide good information to regional decision makers in a cost effective manner.
- Collect appropriate data to make sure the models are kept up-to-date. Data collection cycles should be developed on a cost/benefit basis.
- Share data between agencies whenever possible to reduce duplication within the region and state.
- Consider incorporating performance measures as part of the TPR Project Development list process to the extent practical and consistent with the required MPO measures.

Objective 3 - Explore and pursue all funding mechanisms to serve all modes of transportation in the PPACG region.

## Strategies

- Update MPO TIP policies and procedures to maximize federal funds available to the region.
- Educate the public on financial resources available to the MPO and TPRs.
- Participate in the state and federal planning and programming policy processes to represent the interests of the COG.
- Monitor available state and federal grant opportunities and notify prospective applicants of the opportunities.
- Upgrade PPACG staff capabilities to assist in the writing and submittal of private, state or federal grants that would bring additional funding into the region.

Transportation Vision Group Board Participants; Commissioner Stan VanderWerf, Councilmember Sharon Thompson, Councilmember Yolanda Avila, Councilmember Andy Pico, and Trustee Turner Smith.

## Program Excellence Objectives and Strategies

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Goal: Continue to excel in the key fundamental areas of PPACG: Military support, Environmental programs, and Board Member cohesion and collaboration.

Objective 1: Maintain and grow the excellent collaborative relationship with the Military community in the region.

### Strategies

- Complete the Joint Land use Study for the five military installations within the region.
- Support the implementation of the Joint Land use study with the region.

Objective 2: Continue to support effective environmental programs that support regional efforts.

### Strategies

- Continue to protect air and water quality by collaborating with stakeholders throughout the region.
- Be proactive in cross community environmental issues such as wildfire mitigation, storm water, and other regional concerns through collaborative efforts.

Objective 3: Remain a strong, cohesive and collaborative Board of Directors by continuing to inform the board on the available opportunities.

### Strategies

- Ensure smaller communities are aware of the mini DOLA grant opportunities.
- Provide information to the board on all available grant opportunities.
- Continue to encourage Board Members to share information and concerns for each of their communities.

## Implementation Plan

The Strategic Plan can only be effective if it is integrated into normal staff activities and regularly monitored by the PPACG Board of Directors. PPACG staff has been challenged with incorporating the recommendations for enhancing existing services identified in this strategic plan into their Annual Work Programs and the Area Agency on Aging 4-year plan. This process will serve the basis of an annual Strategic Plan evaluation and bi-annual reporting system.

The Strategic Plan will be something that will take time to implement and is planned to be done in stages. Full implementation of all of the services proposed in this plan will likely require additional funding. Ideally, increases in funding should be repetitive in nature as opposed to grants or other one-time opportunities. PPACG should conduct a reevaluation of its current funding streams. Once the Annual Work Program evaluation is complete, recommendations are to be made for any changes to the existing funding streams, which will then be reviewed by the Board.

Lastly, the Strategic Plan and its implementation should be publicly available to increase awareness of and access to the services being provided through PPACG. As such, it will be a part of the website, outreach and regular meeting updates.

## PPACG Timeline

- 1960** - Population of Pikes Peak region totals 148,000
- 1962** - Congress passes Federal Aid Highway Act, encouraging regional transportation planning
- 1963** - Colorado passes law enabling "regional planning commissions" like PPACG to form
- 1965** - Congress passes Older Americans Act
- 1966** - NORAD combat operations center opens its headquarters in Colorado Springs.
- 1967** - PPACG is born. Original members include El Paso County, Colorado Springs, Manitou Springs, Green Mountain Falls, Woodland Park, Palmer Lake, and Fountain  
Air Quality Act provides \$428 million to fight air pollution.  
In the United States
- 19.1 million People were 65 or older in the United States
  - Motor vehicle registrations in United States approach 100 million (the population, including non-drivers, totals 200 million)
  - 3.4 million Active duty military personnel
- 1968** - Population of planning area was 225,700
- 1969** - There was a 143 percent increase in household vehicles.  
Congress passes National Environmental Protection Act (NEPA)
- 1970** - PPACG adopts first Regional Land Use Plan  
Teller County, Cripple Creek, Fairplay, and Calhan join PPACG  
Congress passes Clean Air Act
- 1971** - PPACG named criminal justice planning agency  
Catalytic converter appears on new cars  
PPACG adopts Pikes Peak Regional Open Space Plan  
Federal Ombudsman Program is created
- 1972** - Colorado Springs was 84 square miles

## Founding Members

El Paso County  
Population - 699232  
Size – 1,130 sq mi  
Incorporated - 1871

City of Woodland Park  
Population 7390  
Size 6.61 sq mi  
Incorporated – 1891

Town of Palmer Lake  
Population 2637  
Size 3.11 sq mi  
Incorporated – 1889

City of Manitou Springs  
Population - 5317  
Size 3.12 sq mi  
Incorporated – 1888

City of Colorado Springs  
Population - 559409  
Size – 195.11 sq mi  
Incorporated – 1886

City of Fountain  
Population - 28753  
Size 25 sq mi  
Incorporated – 1903

Town of Green Mountain Falls  
Population - 667  
Size 1.07 sq mi  
Incorporated – 1880

- Fort Carson was 81 square miles  
 DDT is banned  
 Congress passes Clean Water Act
- 1973** - PPACG designated Area Agency on Aging  
 Military installations become honorary members of PPACG  
 Park County joins PPACG
- 1974** - PPACG named water quality planning agency  
 PPACG jointly managed comprehensive health planning with the Pikes Peak Region Health Planning Council, headed by Representative Joel Hefley  
 PPACG forms a military liaison committee
- 1976** - PPACG named metropolitan planning organization
- 1978** - PPACG named air quality planning agency
- 1979** - PPACG publishes region's first trail guide  
 PPACG's members have grown to include El Paso County, Colorado Springs, Manitou Springs, Fountain, Monument, Palmer Lake, Monument, Green Mountain Falls, Woodland Park, Park County and Fairplay
- 1980** - In the United States
- 25.5 million People were 65 or older in the United States
  - Motor vehicle registrations in United States are at 155.8 million (the population, including non-drivers, totals 226.5 million)
  - 2.05 million Active duty military personnel
- 1988** - PPACG forecasts 2000 population 511,280 and employment at 249072
- 1990** - Department of Local Affairs Assistance Program begins in an efforts to help smaller communities in the region who have been impacted by economic shifts
- 1991** - Congress passes first comprehensive transportation legislation known as Intermodal Surface Transportation Efficiency Act
- 1995** - Eighty percent of households have at least one vehicle for each of its drivers
- 1999** - First hybrid automobile (powered by both a rechargeable battery and gasoline) hits mass market in United States  
 Congress passes the Transportation Efficiency Act for the 21st Century (TEA-21).
- 2000** - U.S. freight railroads move 1.47 trillion ton-miles of freight, more than ever before, setting new safety records in the process  
 El Paso County's population was 516,929  
 Park County's population was 14,523  
 Teller County's population was 20,555  
 1988 forecasts for population come in within 1% of the projections with a population of 516,929 and employment at 250,087
- 2001** - Fountain Creek Watershed plan completed by PPACG
- 2002** - SpaceX founded to revolutionize space technology, with the ultimate goal of enabling people to live on other planets
- 2004** - Voters in El Paso County, Colorado Springs, Green Mountain Falls, and Manitou Springs vote to form the Pikes Peak Rural Transportation Authority
- 2005** - Congress passes new transportation legislation, known as SAFE-TEA-LU, with \$385,000,000 worth of earmarks for Colorado  
 Population of Pikes Peak region surpasses 600,000
- 2006** - PPACG launches Military Impact Planning program  
 In the United States
- 36.8 million People are 65 or older

## Members

Park County  
 Population - 16510  
 Size - 2,211 sq mi  
 Incorporated -1861

Teller County  
 Population - 23385  
 Size - 559 sq mi  
 Median Age - 49  
 Incorporated -1899

Alma  
 Population - 270  
 Size - 0.36 sq mi  
 Incorporated - 1873

Calhan  
 Population-780  
 Size - 0.87 sq mi  
 Incorporated - 1919

Cripple Creek  
 Population - 1189  
 Size - 1.53 sq mi  
 Incorporated - 1892

Fairplay  
 Population - 704  
 Size - 1.15 sq mi  
 Incorporated - 1872

Town of Monument  
 Population 6556  
 Size - 6.8 sq mi  
 Incorporated -1879

Town of Ramah  
 Population 127  
 Size - 0.24 sq mi  
 Incorporated - 1927

Victor  
 Population - 403  
 Size - 0.27 sq mi  
 Incorporated - 1894

- 237.2 million motor vehicle registrations out of 298.4 people
- 1.4 million Active duty military personnel

**2007** - Emissions testing ends in Pikes Peak region

Powers Boulevard/State Highway 21 route established on October 1, 2007

**2008** - Colorado's GDP increased by 2.9% from 2007, during the recession.

**2009** - The Fountain Creek Watershed Flood Control and Greenway District created

**2011** - Peak Military Care Network takes shape and publishes 1st assessment report

**2012** - PPRTA 2 passes, incorporating new communities and a new list of projects

**2013** - PPACG serves as a Connect for Health Colorado Assistance Site

Peak Military Care Network transitions from PPACG to National Homeland Defense Foundation

**2014** - PPACG awarded "Eco-logical" grant through the Federal Highway Administration

**2015** - Cimarron and I-25 Interchange breaks ground

Between 2010 and 2015, Colorado's growth in its 65 plus population was 3rd fastest in the US at over 29%

The Fixing America's Surface Transportation (FAST) Act is passed by Congress

**2017** - PPACG turns 50

In the United States

- 47.8 million People are 65 or older estimated
- 260.3 million motor vehicle registrations expected for a population total of 322.8 million people)
- 2.3 million military personnel estimated



**REGIONAL ADVISORY COUNCIL  
AAA PROVIDER PRESENTATION**

**September 27, 2018**

**PPACG Area Agency on Aging  
14 S. Chestnut St  
Colorado Springs, CO 80905**

**9:00 AM  
Main Conference Room**

<b>PROVIDER NAME:</b>	Colorado Legal Services
<b>REPRESENTATIVE:</b>	Sarah Lipka
<b>ADDRESS:</b>	617 S Nevada Ave., CO Springs 80903
<b>SERVICE AREA:</b>	El Paso, Park, and Teller counties
<b>PHONE:</b>	719-471-0380
<b>EMAIL:</b>	slipka@colegalserv.org

**PPACG Area Agency on Aging Funded FY2017/2018  
SERVICE(S):**

<b>Service</b>	<b>FY2017/2018 Clients</b>	<b>FY2017/2018 Service Units</b>
Legal Services	508	1,013

**Address your agency's accomplishments, challenges, and unmet needs for each PPACG Area Agency on Aging funded service provided.**

**ACCOMPLISHMENTS:**

Legal Services	The Colorado Springs office of Colorado Legal Services (COCLS) provides assistance and representation to seniors in a variety of legal matters. COCLS has defended seniors facing unjust eviction from both public and private housing. COCLS has represented seniors in civil protection orders and in dissolution of marriage actions. COCLS has also provided assistance to seniors in public
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	<p>benefit and consumer matters. CLS provides community education and attends outreach clinics at six locations each month.</p> <p>COCLS is committed to providing Basic Estate Planning Legal Services ("Estate Planning") to low income and senior clients. COSCLS provides estate planning assistance to seniors in the form of: Wills, Financial Powers of Attorney, Medical Powers of Attorney, Advanced Medical Directives ("Living Wills"), Trust updates, Codicil to Will, Probate information and assistance filling out Probate forms, revocation of Powers of Attorney, referring to local Estate Planning Attorneys, preparing Separate Written Statement Disposing of Tangible Personal Property.</p> <p>The average time spent with an Estate Planning senior is four to five hours including: office visits, phone conference, drafting, research, plus document execution and copying.</p>
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**CHALLENGES:**

Legal Services	<p>Because COCLS does not have the resources to provide assistance to all seniors, we target those seniors most in need. We attempt to prioritize the cases that maintain the basic necessities of a decent life, including at least minimally adequate income, food, shelter, utilities, and medical care, freedom from domestic violence and abuse, and the protection of individual rights for the elderly and those who are physically and mentally disabled. Services are provided in matters involving income maintenance, public benefits, housing and homelessness, consumer and finance, health, including the legal rights of the elderly and the physically and mentally disabled, and family and domestic relations, with particular emphasis on domestic violence and abuse.</p>
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<b>PROVIDER NAME:</b>	Colorado Legal Services
<b>REPRESENTATIVE:</b>	Sarah E. Lipka
<b>ADDRESS:</b>	617 South Nevada Avenue, Colorado Springs, CO 80903
<b>SERVICE AREA:</b>	For this grant we serve the El Paso, Teller and Park counties. CLS serves clients in all counties in Colorado
<b>PHONE:</b>	(719) 471-0380 ext 132
<b>EMAIL:</b>	slipka@colegalserv.org

**UNMET NEEDS/WAITLIST (PLEASE PROVIDE NUMBERS):**

COCLS does not maintain a waitlist. Requests for assistance are prioritized depending on the legal problem. COCLS seeks to prioritize emergent cases involving safety, prevention of homelessness, and financial stability. COCLS strives to provide some level of service to seniors who have legal problems that fall within our case acceptance protocols; However, there are civil legal needs of seniors that are unmet due to the program's budget restraints. If grant funding were increased, CLS would be able to provide more services.

**Non-PPACG Area Agency on Aging Funded 2017/2018**

**SERVICE(S) and Activities:** CLS provides legal assistance and representation to low income and senior clients throughout Colorado. We provide assistance in civil matters as outlined above. This includes assistance and representation in: domestic relations, landlord tenant, protection orders, consumer matters, foreclosure defense, bankruptcy, employment law, public benefits, health law, public housing, ID documentation advocacy, immigration law, social security, and unemployment.

**What else would you like for the RAC to know?**

COCLS appreciates your funding and support. This grant allows us to help people we would otherwise be unable to serve. I enjoy the opportunity to collaborate with the PPACG and other PPACG funded agencies. Thank you for your time and commitment to our community.



**REGIONAL ADVISORY COUNCIL  
AAA PROVIDER PRESENTATION**

**September 27, 2018  
10:00 AM**

**John Wesley Ranch Retreat Center  
21285 CO-67, Divide, CO 80814**

<b>PROVIDER NAME:</b>	Community of Caring
<b>REPRESENTATIVE:</b>	Rebecca Blair/Ted Borden
<b>ADDRESS:</b>	166 E. Bennett Ave. Cripple Creek, CO 80813
<b>SERVICE AREA:</b>	Teller County
<b>PHONE:</b>	719-689-3584
<b>EMAIL:</b>	<a href="mailto:Rebecca@aspenminecenter.org">Rebecca@aspenminecenter.org</a>

**PPACG Area Agency on Aging Funded FY1718 SERVICE(S):**

<b>Service</b>	<b><u>FY1718</u> Clients</b>	<b><u>FY1718</u> Service Units</b>
Case Management	246	1297

**Address your agency's accomplishments, challenges, and unmet needs for each PPACG Area Agency on Aging funded service provided.**

**ACCOMPLISHMENTS:**

On Site Education for Seniors	Medicare 101 was presented at the AMC by Devani Unbewust
Medicaid Navigator	Worked with our Medicaid Navigator, Krys Arrick to help more seniors with Medicaid questions/problems

**CHALLENGES:**

Transportation	Better but still an issue for many seniors especially with health care appointments
HCBS-LTC Caregivers	Still a challenge finding caregivers
Isolation	Seniors needing more opportunity for socialization

**UNMET NEEDS/WAITLIST (PLEASE PROVIDE NUMBERS):**

Transportation	Even with Teller Cab and Teller Senior Coalition we have seniors saying they've cancelled medical appointments because they couldn't get a ride scheduled.
Handyman Services	Many requests for help with leaking roof, plumbing, painting, etc.
	No waitlist because we don't rely exclusively on AAA funding for seniors but we are seeing a greater need for case management

**Non-PPACG Area Agency on Aging Funded FY1718 SERVICE(S) and Activities:**

Networking through Golden Bridge in Teller – comprised of many agencies all serving people over 60.  
 Writing a monthly article in the Courier about common questions we are being asked at the agency.  
 Initiating our own "Friendly Caller" program for southern Teller County on a volunteer basis

**What else would you like for the RAC to know?**

\*General Overview of the Aspen Mine Center services and programs by Ted Borden, Executive Director