



**Pikes Peak Area
Council of Governments**

Communities Working Together

AREA AGENCY ON AGING

REGIONAL ADVISORY COUNCIL

MEETING AGENDA

10:00 a.m. - 12:00 p.m.

October 25, 2018

Tri-Lakes Senior Center

(Located in module building at Lewis Palmer High School)

1300 Higby Road, Monument, CO 80132

- 1. Call To Order/Establish a Quorum/Introductions**
- 2. Consent items**
 - A. Agenda** – October 25, 2018
 - B. Minutes** – September 27, 2018
- 3. Public Comments** - Items not on the agenda
- 4. Information Items**
 - A. Provider presentations**
 - i. Teller Senior Coalition**
 - 1. Case Management**
 - 2. Chore**
 - 3. Family Caregiver Support**
 - 4. Nutrition**
 - 5. Transportation**
 - ii. Brothers Redevelopment**
 - 1. Housing Counseling**
- 5. AAA Director's report** – Joe Urban
- 6. RAC Chair report** – Dave Betzler

7. Calendar of Events

A. PPACG AAA events

B. Community information

C. Next RAC Meeting –

November 29th 2018

Pikes Peak Area Council of Governments

9 a.m.

8. Adjournment



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REGIONAL ADVISORY COUNCIL MINUTES

Thursday, September 27, 2018

MEMBERS PRESENT

Cynthia Aki
Bea Babbitt
Jody Barker
Andrew Bunn
Wendy Farr
Norma Garbani
Phyllis Huggins
Marylyn Massey
Jerry Novak
Carol Parks
Jo Ruth
Dixie Herring
Dave Betzler

MEMBERS ABSENT

Lucy Crandall
Frances St. Germain
Joyce Whittle
Richard Elsner
Margaret Hunter
Joanne McCoy
Jenn Nimmo
Nancy Stannard

STAFF

Joe Urban,
PPACG AAA
Jessica Bechtel, PPACG
Jessica McMullen,
PPACG

GUESTS

Sarah Lipka,
Colorado Legal Services
Mary Barrowman,
Prospect Home care and Hosice
Ted Borden,
Community of caring
Rebecca Blair,
Community of caring
Kathy Lowry,
Teller Senior Coalition
Dave Somers, Envida
Bill Boles, Park County
Bobbi Gore,
Park County Senior Coalition

1. **CALL TO ORDER/QUORUM/ROLL CALL/INTRODUCTIONS**

The August meeting of the Regional Advisory Council (RAC) was called to order at 10:05 a.m. by Chair Dave Betzler, introductions were made. Let the records show that a quorum was present. (Quorum constitutes 30% of members.)

2. **CONSENT ITEMS**

A. **Agenda**—September 27, 2018

B. **Minutes**—August 30, 2018

The Consent items were approved unanimously with the inclusion of an information item from Ms. Wendy Farr regarding membership.

3. **PUBLIC COMMENTS**

Mr. Joe Urban wished to thank Mr. Chris Thornton and the John Wesley Ranch for hosting.

4. **AAA DIRECTOR'S REPORT** - Joe Urban

Mr. Urban explained that PPACG AAA should be getting full federal funding with September's reimbursement in October. Carry-over funding may be delayed until October.

The Community Assessment for Older Adults (CASOA) results will be released soon.

The objectives of the CASOA are to:

- Identify community strengths in serving older adults.
- Articulate the specific needs of older adults in the community.
- Estimate contributions made by older adults to the community.
- Determine the connection of older adults to the community.

20,000 surveys were sent out state-wide. The information will be used in PPACG's four year plan.

5. **INFORMATION ITEMS**

Additional item added to the agenda:

Ms. Wendy Farr shared that she sent emails to each committee member regarding their term lengths. If you have questions, please let her know. Recommendations for new members should be directed to her. Ms. Farr explained that 50% of the council must be over 60 years old per the bylaws as the committee must be representative of who is served.

A. PPACG Strategic Plan – Jessica McMullen, PPACG P&C Manager

Ms. McMullen shared about the PPACG Strategic Plan, explaining that the process started with a retreat in May of the Board of Directors. Goals and objectives were developed by the Board and reviewed by PPACG staff. The draft is currently being presented to each of the committees where feedback is requested. Comments and suggestions should be sent to Ms. McMullen at JMcMullen@ppacg.org. The Board wishes to review the feedback from each committee.

B. Provider Presentations

i. Colorado Legal Services – Sarah Lipka

Ms. Lipka shared that Colorado Legal Services provides assistance and representation to seniors in a variety of legal matters throughout El Paso, Park and Teller Counties. CLS also provides community education and attends outreach clinics at six locations each month. CLS has 63 different funding sources statewide. 85% of resources go directly to services. A phone intake system is now in place and can be reached by dialing 444 from CLS's main line. Ms. Lipka explained that more services would be able to be provided to seniors if they received more funding.

ii. Prospect Home Care and Hospice – Mary Barrowman

Ms. Barrowman shared that Prospect Home Care and Hospice no longer provides home care and hospice services as of September 1st. Teller County should refer to Pikes Peak Hospice for services. They will continue to assist Helping Hands clients and provide bereavement support. PHCH currently only receives reassurance funds from AAA.

iii. Community of Caring – Rebecca Blair/Ted Borden

Mr. Borden shared about Community of Caring explaining that the Aspen Mine Center is a community center for education, employment and many other programs. They provide case management services and on site education for seniors such as Medicare 101. Collaboration and integration are main points Mr. Borden wished to emphasize in order to maximize the overall benefits in the community by working together. Ms. Rebecca Blair shared about collaboration and how working together has helped clients. A partnership with Teller Senior Coalition has proven beneficial. A focus on education and bringing the community together as residents, agencies and partners is their focus.

Ms. Cynthia Aki recommended *The 36 Hour Day* by Nancy L. Mace MA and Peter V. Rabins, MD, MPH; a guide for caring for persons with Alzheimer's disease, memory loss, and dementia.

C. CAC Chair Report – Dave Betzler

Mr. Betzler expressed that provider presentations are imperative and information sharing is critical in advocacy.

6. CALENDAR OF EVENTS/COMMUNITY INFORMATION

A. Next RAC Meeting:

Thursday, October 25th, 2018

Tri-Lakes Silver Alliance Senior Center

Located on Lewis Palmer high school Campus

The RAC will meet on November 29th, 2018 for the November/December holiday potluck meeting.

Envida's public transit route in Eastern rural El Paso County will begin October 18th.
They are hosting a launch party October 17th at 10 a.m.

7. **ADJOURNMENT**

The meeting was adjourned by Chair David Betzler at 11:54 a.m.



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**REGIONAL ADVISORY COUNCIL
AAA PROVIDER PRESENTATION**

**October 25th, 2018
Tri-Lakes Senior Center
1300 Higby Road, Monument, CO 80132**

PROVIDER NAME:	Teller Senior Coalition
REPRESENTATIVE:	Lisa Reed
ADDRESS:	750 E. Highway 24, Building 2, Suite 100, Woodland Park, Co 80866
SERVICE AREA:	Teller County
PHONE:	719-687-3330
EMAIL:	lreed@tellerseniorcoalition.org

PPACG Area Agency on Aging Funded FY1617 SERVICE(S):

Service	<u>FY1617</u> Clients	<u>FY1617</u> Service Units
Transportation	126	1994
Assisted Transportation	74	2850
Chore hours	21	128
Respite hours	15	2500
Case Management hours	173	704
Caregiver counseling(discontinued for 2018-2019)	4	7
Nutrition education	50	312
Home Delivered meals	50	7707

Address your agency's accomplishments, challenges, and unmet needs for each PPACG Area Agency on Aging funded service provided.

ACCOMPLISHMENTS:

Client satisfaction	97% of our clients rated our services satisfactory, up from 94% the year before.
Met service needs	TSC continued to meet needs of clients in Teller County despite short-term unit reductions during the past fiscal year

Stabilized staff	Lisa Reed brought on as Executive Director, Dianna Van Auken to head our Transportation services

CHALLENGES:

Funding	All non-profits constantly focus on ways to increase revenue, by finding new grant sources, fundraisers, etc. TSC is no exception, though we did have a successful rummage sale and have been asked to participate in the IndyGives program.
Awareness	TSC participates in a number of programs and senior focused support groups to ensure as many seniors as possible are aware of our services.

UNMET NEEDS/WAITLIST (PLEASE PROVIDE NUMBERS):

Homemaker program	New program July 2018, demand strong, taking time to assess new clients and add to program.
Case Management	PPACG funded on average 58 hours per month, we are providing in excess of 80 hours per month for the past three months.

Non-PPACG Area Agency on Aging Funded FY1617 SERVICE(S) and Activities:

We operate a local Fixed Bus Route in Woodland Park two days a week that is open to the general public. This bus makes multiple stops at Walmart, the Hospital, other shopping areas, the Woodland Park Senior Center and the Library.

We also have an emergency financial needs program called Rapid Response, that provides funds to keep heat on, pay utility bills, etc. for our seniors

We provide some transportation services to those under age 60 for medical appointments only.

What else would you like for the RAC to know?