## Area Agency on Aging

**YOUR FIRST CALL FOR SENIOR SERVICES**

The AAA focuses on providing services that help older adults stay independent and secure. Our services are available to anyone over 60 years of age in El Paso, Teller, or Park counties. We put a special effort on reaching those who are socially isolated, are low income, or live in rural areas—but all are welcome!

All of our services are free.

Call (719) 271-2096 for information and assistance.

**Programs directly provided by the PPACG AAA**

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All services may not be available in all areas.

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Pikes Peak Area Council of Governments Area Agency on Aging
14 S. Chestnut Street
Colorado Springs, CO 80905
(719) 471-2096
www.ppacg.org/aging
Rocky Mountain PACE
(Program of All-Inclusive Care for the Elderly)
provides innovative, coordinated healthcare for seniors, assisting participants so they can live enjoyable and independent lives.

Transportation to and from medical appointments and our Day Center
Coordinated healthcare
Staff and other seniors help you create a caring community
Day Center with activities and events

Call now to join us for a lunch and a tour.
(719) 314-2327  RMHCare.org
Welcome to the Yellow Book!

We’re pleased to present the Senior Information Directory (the “Yellow Book”), a basic resource guide to the many services of interest to older adults and their caregivers in El Paso, Park, and Teller counties.

We suggest that you take a moment to look at the organization of this guide. The Table of Contents (in the front) and the Index (in the back), which lists services by name, will help you find the specific services you need.

The section on Senior Service Organizations contains information on agencies that help meet the special needs of senior citizens, including information about us, the Pikes Peak Area Council of Governments Area Agency on Aging. We help older adults, their caregivers, and service providers with information on just about anything. If you need information about services outside El Paso, Park, or Teller counties, call the National Eldercare Locator at 800-677-1116 or go to www.eldercare.gov.

Our Yellow Book has been published almost every year since 1967. If you have a need or a question that the Yellow Book does not appear to address, call us at (719) 471-2096.

We wish to thank our advertisers and our volunteers. They make it possible for us to publish this directory.

Do you find this resource helpful? Valuable? Essential?

We welcome your contributions toward the publication of this valuable community asset. Please send donations to:

PPACG AAA Yellow Book
15 South 7th Street
Colorado Springs, CO 80905
Quick Reference Page

EMERGENCY
Police/Fire/Ambulance ................................................................. 9-1-1
Poison Control (Rocky Mountain Poison Center) .... (800) 222-1222
Veteran’s Crisis Line .............................................................. (800) 273-8255 (press 1)
Colorado Crisis Services .............................................................. (844) 493-8255
National Suicide Prevention Lifeline ............................... (800) 273-8255
Adult Protective Services (Dept of Human Services) ........ (719) 444-5755

NON-EMERGENCY LAW ENFORCEMENT
Police/Fire, Colorado Springs ............................................. (719) 444-7000
Sheriff, El Paso County .............................................................. (719) 390-5555
Sheriff, Park County ................................................................. (719) 836-4121
Sheriff, Teller County ................................................................. (719) 687-9652
Victim Advocacy Unit (CSPD) ................................................ (719) 444-7777

INFORMATION AND ASSISTANCE
Senior Information and Assistance Center ............... (719) 471-2096
United Way 2-1-1 ................................................................. 2-1-1
From a cell phone: (719) 955-0742

TIME OF DAY
Time ............................................................................. (719) 567-6742

WEATHER FORECAST
National Weather Service .................................................. (844) 202-1573

Add your own important numbers below:

____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
Pikes Peak Area Council of Governments
Area Agency on Aging
14 South Chestnut Street
Colorado Springs, CO 80905
www.ppacg.org
(719)471-2096
On-site free parking
Convenient to city bus routes
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How to Use this Directory....

The purpose of the Senior Information and Assistance Directory is to connect the senior adult community with programs and services that will help people remain independent and safe in their own homes for as long as possible.

The following notes and tips are provided to help you find the information you need quickly and easily.

- The services in this directory are listed alphabetically under the type of service.
- Information and provider listings cover our region: El Paso, Park and Teller counties.
- We have provided charts for several specific categories, including Apartments, Retirement, Assisted Living (AL)+, Skilled Nursing Facilities (SNF), Medical Home Health Care, Non-Medical Home Care, and Hospice agencies.
- A glossary and list of acronyms commonly used by local, state and federal organizations and agencies has been provided and is located before the Index.

Every attempt has been made to provide current and accurate information; however, all information is subject to change without notice. This includes addresses, phone numbers and business/organization names.

The information within this directory is accurate to the best of our ability as of the date of publication.

Please feel free to contact the Area Agency on Aging/Senior Information and Assistance Center at (719) 471-2096 with any comments or questions regarding this publication or any of the services or resources available. We are always interested in hearing from the community we serve.

This publication and all of the services of the Area Agency on Aging are provided at no cost to our community. Donations are always welcome and appreciated to help us continue to provide these valuable services. Please send donations to:

PPACG AAA Yellow Book
15 South 7th Street
Colorado Springs, CO 80905
Many services and programs attempt to reduce the incidence of financial, emotional, physical and sexual abuse or intimidation of elderly people and dependent adults by members of their families or other caregivers.

Colorado law requires many professional groups to report abuse, neglect, and exploitation to law enforcement when they observe or become aware of the mistreatment. The professionals that fall under this law are considered “mandatory reporters.” This law also has legal penalties for mandatory reporters if they fail to report mistreatment.

Anyone who is concerned about the health and welfare of a senior or at-risk adult can contact a law enforcement agency to request a wellness check.

The following services are available specifically to help answer questions or provide assistance in these situations.

**AARP ELDERWATCH**
(800) 222-4444 x2
303 E 17th Ave, #510, Denver, CO 80203
Fights financial exploitation of older Coloradans through education and outreach and by providing information and referrals.
www.aarp.org

**ADULT PROTECTIVE SERVICES, EL PASO COUNTY**
(719) 444-5755
1675 W Garden of the Gods Rd (80907)
TDD (719) 444-5998
https://humanservices.elpasoco.com/adult-protective-services/

**ADULT PROTECTIVE SERVICES, PARK COUNTY**
(844) 264-5437
59865 Hwy 285, Bailey, CO 80421
(719) 836-4139
www.parkco.us

**ADULT PROTECTIVE SERVICES, TELLER COUNTY**
(719) 687-3335
800 Research Dr, #100, Woodland Park, CO 80863
(719) 686-5550
www.co.teller.co.us/DHS/ProtectiveSvcs.aspx

**COLORADO COALITION FOR ELDER RIGHTS**
info@ccerap.org
789 Sherman St, #250, Denver, CO 80230
Provides education, training, and links to resources.
Contact by email only - info@ccerap.org
www.ccerap.org

**NATIONAL DOMESTIC VIOLENCE HOTLINE**
(800) 799-7233
PO Box 90249, Austin, TX 78709
(TTY) (800) 787-3224
www.thehotline.org
OMBUDSMAN FOR LONG-TERM CARE, PPACG AAA .......... (719) 301-6388
14 S Chestnut St  (80905)
Consultations are by appointment only.
www.ppacg.org/aging

SILVER KEY................................................................. (719) 884-2300
1625 S Murray Blvd  (80916)
SOS program connects to local mental health services and case
management. On site counseling service accepts Medicaid, private pay
and sliding fee scale.
www.silverkey.org

TESSA ................................................................. 24 Hour Safe Line (719) 633-3819
435 Gold Pass Hgts  (80906)............................................(719) 633-1462
Confidential services to victims of domestic violence and sexual assault.
www.tessacs.org

VICTIM ADVOCACY PROGRAM, ASIAN PACIFIC
DEVELOPMENT CENTER OF COLORADO ..................(303) 923-2920
1537 Alton St, Aurora, CO  80010
www.apdc.org

VICTIM ADVOCATE PROGRAM, TELLER COUNTY ..........(719) 686-2509
911 Tamarac Pkwy, Woodland Park, CO  80863 ..........(719) 687-9262
www.city-woodlandpark.org

DayBreak
An Adult Day Program

Love Patience Acceptance
Respect Humor Community

PIKES PEAK
AREA AGENCY ON AGING
Answers-Assistance-Advocacy

OMBUDSMAN
PROGRAM

This program helps residents of assisted living and nursing home facilities, providing
on-site help when problems arise.

Call an Ombudsman for assistance when looking for a care facility or needing to
report a concern or problem.

719-301-6388
ADULT DAY SERVICES

Adult Day services are specialized programs that provide personal care for dependent individuals in a supervised, protective setting during some portion of a day.

Services may include social, recreational and developmental activities and snacks and/or meals as appropriate. Adult day service centers may also provide health and related services as well as care and supervision for adults who require physical rehabilitation, dementia management or other condition-specific forms of assistance. Adult day service centers also provide respite for caregivers.

The following adult day services may specialize in caring for seniors or people with disabilities. Some may be able to bill insurance, such as Medicaid, while others do not. Be sure to call for details.

DAYBREAK.............................................................................................................(719) 687-3000
404 N State Highway 67, Woodland Park, CO 80863
www.daybreakadp.com

DISCOVER GOODWILL: JOURNEYS .......................................................(719) 785-9210
2360A Montebello Square Dr (80918)
For individuals with developmental disabilities.
www.goodwillcolorado.org

DISCOVER GOODWILL: VOYAGES ......................................................(719) 785-9210
1460 Garden of the Gods Rd (80907)
www.goodwillcolorado.org

LIFTING SPIRITS .................................................................................................(719) 488-1415
755 Highway 105, #C, Palmer Lake, CO 80133
www.liftingspiritscare.net

MOSAIC..............................................................................................................(719) 380-0451
4775 Centennial Blvd, #150 (80919)
Adults of all ages who have intellectual disabilities.
www.mosaicinfo.org

SECOND HOME ADULT DAY CENTER..............................................(719) 375-8121
550 S Academy Blvd (80910)
Adults of all ages who have intellectual disabilities.
www.secondhomeadc.com

SENIORS' RESOURCE CENTER (THE YELLOW HOUSE) ....(303) 235-6986
5120 Hwy 73, Evergreen, CO 80439
Adult day program and respite care (private pay).
www.srcaging.org/src-evergreen
Long-term-care ombudsmen are advocates for residents in nursing homes and assisted living facilities. Ombudsman may also investigate and attempt to resolve complaints made by or on behalf of residents of nursing facilities, residential care homes, assisted living facilities and other supervised living facilities for older adults.

Ombudsmen also advocate for the quality of life, health, safety, welfare and rights of residents; and monitor laws, regulations and policies that affect those who live in long-term-care facilities.

**AARP COLORADO** ...............................................................(866) 554-5376
303 E 17th Ave, #510, Denver, CO 80203
www.aarp.org/co

**AARP NATIONAL** .............................................................(888) 687-2277
601 E St NW, Washington, DC 20049
www.aarp.org

**ADMINISTRATION FOR COMMUNITY LIVING (ACL)** ....(202) 401-4634
Eldercare Locator .................................................................(800) 677-1116
330 C ST SW, Washington, DC 20201
www.acl.gov

**AMERICAN CIVIL LIBERTIES UNION (ACLU) CO** ..........(303) 777-5482
303 E 17th Ave, #350, Denver, CO 80203
www.aclu-co.org

**ASPEN MINE CENTER** .......................................................(719) 689-3584
166 E Bennett Ave, Cripple Creek, CO 80813
www.aspenminecenter.org

**COLORADO STATE LONG-TERM CARE OMBUDSMAN** ... (800) 288-1376
455 Sherman St, #130, Denver, CO 80203 .........................(303) 722-0300
www.disabilitylawco.org

**DISABILITY LAW COLORADO** ...........................................(800) 288-1376
455 Sherman St, #130, Denver, CO 80203 .........................(303) 722-0300
Specializing in civil rights and discrimination issues in areas such as special education, housing, employment, long term care and voting rights for persons with disabilities.
www.disabilitylawco.org

**LIFE CARE SOLUTIONS** ...................................................(877) 794-9582
415 N Tejon St (80903) .........................................................(719) 447-1711
www.lifecaresolutions.com
CARE MANAGEMENT (ELDER)

Senior Care Management programs develop plans for the evaluation, treatment and/or care of individuals who, because of age, illness or other difficulties, need assistance in planning and arranging for services to meet their long-term-care needs, improve their quality of life, and maintain their independence for as long as possible.

Care managers also follow up and monitor progress to ensure that services are having a beneficial impact on the individual.

AGING IN PLACE ................................................................. (719) 684-5389

Non-medical support agency that provides services to seniors aging in their home.
CARE PLANNERS .............................................(719) 520-0711
2960 N Academy Blvd, #201 (80917)
Services Provided include Guardianship, Care Management, Long-Term Care Planning, Durable Medical Power of Attorney, Functional Assessment and Financial Management.

COLORADO COMMUNITY HEALTH ALLIANCE ............. (719) 598-1540
PO Box 13406, Denver, CO 80202
Regional Accountability Entity (RAE).

INDEPENDENT HOME LIVING .....................................(719) 660-2401
Home Modifications.
www.independenthomelivingsolutions.com

LIFE CARE SOLUTIONS .............................................(877) 794-9582
415 N Tejon St (80903) ...........................................(719) 447-1711
www.lifecaresolutions.com

NO NONSENSE CARE MANAGEMENT .....................(720) 258-6807
4164 Austin Bluffs Pkwy, # 233 (80918)
Care Management support and advocacy for any elder care or end of life concerns.

PARK COUNTY SENIOR COALITION ...............................(719) 836-4295
825 Clark St, #C, Fairplay, CO 80440
www.parkcoseniors.org

ROCKY MOUNTAIN PACE ....................................... (TOLL FREE) (855) 207-0702
2502 E Pikes Peak Avenue #100 (80909) .........................(719) 314-2327
PACE: Program of All Inclusive Care for the Elderly.
www.rmhcare.org/programs/rocky-mountain-pace

SENIORCARE LLC ..................................................(719) 440-3426
PO Box 38422 (80937)
Care management, guardianship, assists families of seniors.
www.seniorcarellc.org

SENIORS' RESOURCE CENTER (THE YELLOW HOUSE) ....(303) 235-6986
5120 Hwy 73, Evergreen, CO 80439
Adult day program and respite care (private pay).
www.srcaging.org/src-evergreen

SILVER KEY SENIOR ASSISTANCE ...............................(719) 884-2300
1625 S Murray Blvd (80916)
Case management, Senior Outreach Services (SOS), Guardianship & Medical Power of Attorney.
www.silverkey.org
TELLER SENIOR COALITION ..............................................(719) 687-3330
11115 W HWY 24, #2D, Divide, CO 80814
www.tellerseniorcoalition.org

THE RESOURCE EXCHANGE ...........................................(719) 380-1100
6385 Corporate Dr, #100  (80919)
The Resource Exchange (TRE), serves over 9,000 infants, children, teenagers, adults, and seniors in El Paso, Pueblo, Teller, and Park counties, coordinating access to and delivery of Medicaid waiver and state-funded services for individuals with disabilities and other needs.
www.tre.org

TRI-LAKES CARE ..............................................................(719) 481-4864
235 N Jefferson, Monument, CO   80132
Financial assistance, food pantry for residents of northern El Paso County.
www.tri-lakescares.org

Pikes Peak Area Agency on Aging
YOUR FIRST CALL FOR SENIOR SERVICES

The PPACG Area Agency on Aging is a network of state and local programs that help older people to plan and care for their life-long needs and live independently in their own homes for as long as possible.

Services
• Senior Information and Assistance
• Family Caregiver Support Center
• Ombudsman Program
• Senior Insurance Assistance

For information & assistance 719-471-2096
CAREGIVER SUPPORT SERVICES

Family Caregiver consultants provide professional services to help develop the caregiver role and maintain the health and well-being of caregivers. Caregiver counselors also advocate on behalf of caregivers. They also provide emotional reassurance and training to caregivers and assist them with accessing information, support and community services.

The organizations listed below may offer one or all types of caregiver services such as care planning, wellness check services, support groups, counseling services, community resource coordination, educational classes/caregiver training, lending libraries and respite assistance to enable family caregivers to better manage their care-giving roles while also caring for themselves.

ALL ABOUT DIGNITY...........................................................(719) 459-2017
Instruction in non-medical personal-care skills for caregivers.
www.allaboutdignity.com

ALZHEIMER’S ASSOCIATION OF CENTRAL COLORADO ....(800) 272-3900
Provides educational programs, care consultations, Medic Alert & Safe Returns program, support groups, 24/7 telephone HELPLINE, information, referral and support for caregivers.
www.alz.org/co

Pikes Peak Area Agency on Aging

CAREGIVER SUPPORT CENTER

We can give you the tools you need to manage your caregiving responsibilities while also caring for yourself.
Let us help you now.

For information and assistance
719-886-7526

We’re All About Dignity

Teaching Care skills to people giving care
Our goal is to teach you, the Caregiver, how to assist Loved ones correctly and easily.

Don’t learn through trial and error.
Let us teach you the correct way to care for your loved ones extra needs.

►Alzheimer’s/Dementia care ►Behaviors
►At risk patient needs ►Bathing ►Feeding
►Shower help ►Skin care ►Denture care
►Wheelchair transfers ►Identifying strokes
►Pressure sores ►Care for end of life needs

For information about our classes
allaboutdignity.com
(719) 459-2017
BEO TRAINING CENTER.................................................................(719) 385-0200
5055 Mark Dabling Blvd (80918)
Certified Nurse Aide Training Program.
www.beopersonalcare.com

CARECHECKERS..............................................................................(888) 477-0435
2151 Ann St, Stroudsburg, PA 18360
A live-person telephone checkup service nationwide or monitored check-in service available nationwide.
www.carecheckers.com

CHEYENNE VILLAGE COMMUNITY OUTREACH PROGRAM
.................................................................................................(719) 592-0200
6275 Lehman Dr (80918)
For adults with developmental disabilities living with an aging caregiver.
www.cheyennevillage.org

DEPARTMENT OF HUMAN SERVICES - AGING SERVICES, EL PASO COUNTY
...............................................................................................(719) 636-0000
1675 W Garden of the Gods Rd, 3rd Floor (80907)
https://dhs.elpasoco.com

DISCOVER GOODWILL: YOUR LIFE YOUR WAY..................(719) 367-4160
1460 Garden of the Gods Rd (80907)
www.goodwillcolorado.org

FAMILY CAREGIVER SUPPORT CENTER, PPACG AAA .......(719) 886-7526
14 S Chestnut St (80905) .........................................................(719) 471-2096 x115
Care planning consultations for adult caregivers caring for or concerned about a person 60+.
www.ppacg.org/aging

PEARLS (Program to Encourage Active Rewarding Lives)....(719) 459-2017
A free program designed to teach new ways for a person to reduce their symptoms of depression, anxiety, and sadness.
https://pearlsprogram.net

SKILLS2CARE, HEALTH PROMOTION PARTNERS..............(719) 231-6657
2924 Beacon St, #D (80907)
Caregiver skill building program for family caregivers of people with dementia.
www.healthpromotionpartners.com
COMMUNITY LIVING

Community Living services include a wide variety of services that can keep individuals connected to the community, help individuals remain independent in their homes, make life more enjoyable or keep individuals informed.

If unable to find a particular service in another category, try looking here.

BUSINESS RESOURCES

Information, assistance, mentoring and advocacy for local businesses.

COLORADO SPRINGS CHAMBER AND EDC ..................(719) 471-8183
102 S Tejon St, #1200 (80903)
www.coloradospringschamberedc.com

COLORADO SPRINGS SCORE.................................(719) 377-3107
Small-business planning assistance and counseling with branch offices in Leadville and Monument.
www.coloradosprings.score.org

FOUNTAIN VALLEY CHAMBER OF COMMERCE ..........(719) 382-3190
116 S Main St, Fountain CO 80817
www.fountainvalleychamber.com

GREATER WOODLAND PARK CHAMBER OF COMMERCE..(719) 687-9885
210 E Midland Ave, Woodland Park, CO 80866
www.woodlandparkchamber.com

MANITOU SPRINGS CHAMBER OF COMMERCE.............(800) 642-2567
354 Manitou Ave, Manitou Springs, CO 80829 ..............(719) 685-5089
www.manitousprings.org

SENIOR RESOURCE COUNCIL (SRC).......................(719) 260-0744
2210 East LaSalle St (80909)
A professional association that provides opportunities to its members that serve seniors.
www.srccos.org
DELIVERY SERVICES

KING SOOPERS GROCERY HOME DELIVERY SERVICE........(800) 677-5464
www.instacart.com/king-soopers

SOUTHERN BELLE CONCIERGE SERVICE .........................(719) 629-7845
Grocery shopping and errand service.

MOVING/RELOCATION SERVICES

Packing, moving, downsizing, and more.

A CALL TO ORDER....................................................... (719) 231-5425
www.acalltoorderco.com

CARING TRANSITIONS OF COLORADO SPRINGS ............(719) 208-7969
www.caringtransitionscoloradosprings.com

CLUTTER TRUCKER..........................................................(719) 372-5009
Provides junk removal and hauling services. Specializes in hoarding
cleanup and extreme cleaning.
www.cluttertrucker.com

COLDWELL BANKER ....................................................... (719) 550-2500
2075 Research Parkway (80920)
https://coldwellbankerhomes.com

EL PASO COUNTY HOUSEHOLD CHEMICAL WASTE .........(719) 520-7879
3255 Akers Dr (80922)
Accepts household hazardous waste, some recyclables. Space limited,
call first.
https://communityservices.elpasoco.com/household-hazardous-waste/

ERA SHIELDS REAL ESTATE.............................................. (719) 338-3050
5475 Tech Center Drive (80919)......................................(719) 593-1000
www.era.com

HARRIS GROUP REALTY INC ............................................ (719) 227-9900
7011 Campus Dr, #210 (80920)......................................(719) 338-0827
www.harrisgrouprealtyinc.com

RE/MAX PROPERTIES, INC ..............................................(719) 572-1234
2630 Tenderfoot Hill St (80906)
www.homescolorado.com

THINGS FORGOTTEN NOT GONE - A DIVISION OF DISCOVER
GOODWILL .................................................................(719) 428-9271
1460 Garden of the Gods Rd (80907)
Full service senior transition assistance.
https://goodwillcolorado.org/services/things-forgotten-not-gone/
NEWSPAPER SERVICES

Local and neighborhood publications.

CHEYENNE EDITION .................................................................(719) 476-4872
30 E Pikes Peak Ave   (80903)
www.gazette.com/cheyenneedition/news

GAZETTE ............................................................................(719) 476-4872
30 E Pikes Peak Ave   (80903)
www.gazette.com

LIFE AFTER 50 NEWSPAPER ......................................................(719) 900-7664
PO Box 50125 (80949)
www.la50pikespeak.com

PARK COUNTY REPUBLICAN AND FAIRPLAY FLUME ............(866) 883-1154
5138 County Rd 64, Bailey, CO   80421..............................(303) 838-4423
www.theflume.com

PIKES PEAK COURIER VIEW ....................................................(719) 687-3006
1200 E Hwy 24, Woodland Park, CO   80863
www.gazette.com/pikespeakcourier

TRI-LAKES TRIBUNE ...............................................................(719) 687-3006
www.gazette.com/thetribune

WOODMAN EDITION ..............................................................(719) 476-4872
30 E Pikes Peak Ave   (80903)
www.gazette.com/woodmanedition

OTHER COMMUNITY LIVING RESOURCES

COLORADO STATE ANATOMICAL BOARD .........................(303) 724-2410
13070 E 19th Ave, Aurora, CO   80045
Anatomical donation.
www.ucdenver.edu

NEPTUNE SOCIETY .................................................................(303) 427-5140
5225 W. 80th Ave, #C-1, Arvada, CO   80003
Cremation services.
www.neptunesociety.com/location/denver-cremation
PET SERVICES

Veterinary care, adoption, grief support and pet pantry.

AGING IN PLACE .................................................................(719) 684-5389
Provides pet sitting and dog walking services.

ANIMAL EMERGENCY CARE CENTERS .......................................(719) 260-7141
5520 N Nevada Ave, #150 (80918)
www.animalercare.com

COOK VETERINARY HOSPITAL ...................................................(719) 633-7769
21 W Cimarron St (80903)
www.cookveterinary.com

HARLEY’S HOPE FOUNDATION .................................................(719) 495-6083
PO Box 88146 (80908)
Pet assistance-service animal fund, short-term foster care, pet first aid/CPR training.
www.harleys-hopefoundation.org

HOMEWARD BOUND PET MEMORIAL CENTER AND CREMATORIUM
...........................................................................................(719) 636-1036
318 Karen Ln (80907)
www.homeward-bound-pet.com

HUMANE SOCIETY OF THE PIKES PEAK REGION ..................(719) 473-1741
610 Abbot Ln (80905)
www.hsppr.org

PEAK PET PANTRY.................................................................(303) 818-0618
Pet food assistance and monthly distribution in the Colorado Springs area.
www.coloradopetpantry.org

SAFE PLACE FOR PETS ...........................................................(719) 359-0201
1520 N Hancock Ave (80903)
Works with terminally ill pet owners to provide support and new forever homes.
www.safeplacepets.org

ST. PAWS THRIFT STORE .....................................................(719) 597-3647
3275 E Platte Ave (80909)
www.stpaws.org
COMMUNITY/SENIOR CENTERS

Senior Centers can provide opportunities for older adults to socialize, exercise and learn through a variety of recreational, educational and informational programs. Some senior centers also sponsor direct services such as congregate meals, volunteer programs, and income tax assistance.

Community Centers are open to people of all ages, may offer a variety of programs, and may have some programming for seniors also.

ASPEN MINE CENTER...........................................................(719) 689-3584
166 E Bennett Ave, Cripple Creek, CO  80813
www.aspenminecenter.org

BAILEY COMMUNITY CENTER.............................................(719) 836-4289
83 Main St, Bailey, CO  (80421)
www.parkco.us

COLORADO SPRINGS SENIOR CENTER...................................(719) 955-3400
1514 N Hancock Ave  (80903)
https://ppymca.org/colorado-springs-senior-center

FOUNTAIN VALLEY SENIOR CENTER
5745 Southmoor Drive
Fountain, CO 80817
Main: 719-600-2644
Transportation: 719-600-2643
www.fvscenter.org
info@fvscenter.org
Nutrition, Transportation, Social Activities, Exercise Classes, Recreation, Travel Club, BINGO, Rural Area Meals Program

Colorado Springs Senior Center
A Beacon of Vitality for Adults Ages 55+
Step inside and enjoy:
• Health Presentations
• Lifelong Learning
• Exercise Classes
• Special Events
• Computer
• Day Trips
• Dance
• Art

An Innovative Partnership with
719.955.3400
csseniorcenter.com
1514 N. Hancock Ave.

PPACG AAA Senior Information & Assistance Center [719-471-2096]
<table>
<thead>
<tr>
<th>Community Center Name</th>
<th>Phone Number</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>COMMUNITY PARTNERSHIP FAMILY RESOURCE CENTER</td>
<td>(719) 686-0705</td>
<td>701 Gold Hill Place S, Woodland Park, CO 80863</td>
<td><a href="http://www.cpteller.org">www.cpteller.org</a></td>
</tr>
<tr>
<td>COTTONWOOD CREEK RECREATION CENTER</td>
<td>(719) 385-6508</td>
<td>3920 Dublin Blvd (80918)</td>
<td>Partnership between the City of Colorado Springs and the YMCA. <a href="http://www.ppymca.org">www.ppymca.org</a></td>
</tr>
<tr>
<td>DEERFIELD HILLS COMMUNITY CENTER</td>
<td>(719) 385-5996</td>
<td>4290 Deerfield Hills Rd (80916)</td>
<td><a href="http://www.coloradosprings.gov">www.coloradosprings.gov</a></td>
</tr>
<tr>
<td>FAIRPLAY COMMUNITY CENTER</td>
<td>(719) 836-4289</td>
<td>880 Bogue St, Fairplay, CO 80440</td>
<td><a href="http://www.parkco.us">www.parkco.us</a></td>
</tr>
<tr>
<td>FOUNTAIN VALLEY SENIOR CENTER</td>
<td>(719) 600-2644</td>
<td>5745 Southmoor Dr, Fountain, CO 80817</td>
<td><a href="http://www.fvscenter.org">www.fvscenter.org</a></td>
</tr>
<tr>
<td>GUFFEY COMMUNITY CENTER</td>
<td>(719) 836-4289</td>
<td>1625A County Rd 102, Guffey, CO 80820</td>
<td><a href="http://www.parkco.us">www.parkco.us</a></td>
</tr>
<tr>
<td>HILLSIDE COMMUNITY CENTER</td>
<td>(719) 385-7900</td>
<td>925 S Institute St (80903)</td>
<td><a href="http://www.coloradosprings.gov">www.coloradosprings.gov</a></td>
</tr>
<tr>
<td>LAKE GEORGE COMMUNITY CENTER</td>
<td>(719) 836-4289</td>
<td>39141 US Hwy 24, Lake George, CO 80827</td>
<td><a href="http://www.parkco.us">www.parkco.us</a></td>
</tr>
<tr>
<td>MEADOWS PARK COMMUNITY CENTER</td>
<td>(719) 385-7940</td>
<td>1943 S El Paso Ave (80905)</td>
<td><a href="http://www.coloradosprings.gov">www.coloradosprings.gov</a></td>
</tr>
<tr>
<td>MEMORIAL PARK RECREATION CENTER</td>
<td>(719) 385-5984</td>
<td>280 S Union Blvd (80910)</td>
<td>Partnership between the City of Colorado Springs and the YMCA. <a href="http://www.ppymca.org">www.ppymca.org</a></td>
</tr>
<tr>
<td>SALVATION ARMY FOUNTAIN VALLEY</td>
<td>(719) 382-1182</td>
<td>208 Cunningham Dr, Fountain, CO 80911</td>
<td><a href="http://www.fountainvalley.salvationarmy.org">www.fountainvalley.salvationarmy.org</a></td>
</tr>
<tr>
<td>SALVATION ARMY RED SHIELD COMMUNITY CENTER</td>
<td>(719) 636-3891</td>
<td>908 Yuma St (80909)</td>
<td><a href="http://www.coloradosprings.salvationarmy.org">www.coloradosprings.salvationarmy.org</a></td>
</tr>
</tbody>
</table>
SHAWNEE COMMUNITY CENTER...........................................(719) 836-4289
57 Park County Rd 64, Shawnee, CO 80475
www.parkco.us

SILVER KEY SENIOR SERVICES...........................................(719) 884-2300
1655 S Murray Blvd (80916)
Programs support health and well-being: recreational, creative, cultural, and inspirational activities; and lifelong learning.
www.silverkey.org

SOUTH PARK SENIOR CENTER...........................................(719) 836-1455
296 6th St, Fairplay, CO 80440

TEMPLE SHALOM SENIOR PROGRAM................................(719) 634-5311
1523 E Monument St (80909)
Entertainment and other information for seniors.
www.templeshalom.com

TRI-LAKES SILVER ALLIANCE...........................................(719) 464-6873
PO Box 2931, Monument, CO 80132
Provides senior programs, services, activities and support for seniors in the Tri-Lakes area.
www.trilakesseniors.org

UTE PASS CULTURAL CENTER...........................................(719) 687-5284
210 E Midland Ave, Woodland Park, CO 80863
https://city-woodlandpark.org/318/culturalcenter

WESTSIDE COMMUNITY CENTER.................................(719) 385-7920 x100
1628 W Bijou St (80904)
A senior lounge for ages 60+ is free and open to the public.
www.ourwestside.org

WOODLAND PARK SENIOR CENTER..............................(719) 687-3877
321 N Pine St, Woodland Park, CO 80863
www.woodlandparkseniors.com
CONSUMER PROTECTION/INFORMATION

The agencies listed here provide information and guidance for people who need assistance in managing financial resources, evaluating competitive products and services, understanding their consumer rights and seeking redress when they believe their rights have been violated.

These providers can assist in identifying and avoiding fraud and scams, offer education or counseling about credit and financial issues, advocate for you if you are a victim of a scam or financial exploitation, and other services.

Telephone scams are still out there! Report any suspicious calls you have received to the proper authorities.

Here are some useful tips to keep in mind:

- Have you checked into the background of people you are doing business with, especially if they will be working in or around your home?
- Be wary of giving out your personal or private information over the phone unless you initiated the call.
- Remember, no government agency will ever call you and ask for your Social Security number, bank account information or address unless you ask them to.

AARP ELDERWATCH ......................................................... (800) 222-4444 x2
303 E 17th Ave, #510, Denver, CO 80203
Fights financial exploitation of older Coloradans through information, assistance and referrals.
www.aarp.org

AARP TAX PREPARATION ASSISTANCE ..................(888) 687-2277
Free to low/moderate income, priority for 60+. Call for locations.
www.aarp.org

AMERICAN CIVIL LIBERTIES UNION (ACLU), CO ............(303) 777-5482
303 E 17th Ave, #350, Denver, CO 80203
www.aclu-co.org

ANNUAL CREDIT REPORT REQUEST SERVICE .................(877) 322-8228
PO Box 105283, Atlanta, GA 30348
Free credit reports.
www.annualcreditreport.com

BETTER BUSINESS BUREAU (BBB) ................................ (719) 636-1155
25 N Wahsatch Ave #100 (80903)
www.bbb.org/southern-colorado
BROTHERS REDEVELOPMENT ..............................................(719) 888-9134
2762 Jantell Rd (80906) ..............................................(844) 926-6632
Fair housing information, home buyer and renter education and con-
sumer counseling.
www.brothersredevelopment.org

CALL FOR ACTION, CHANNEL 11 NEWS .........................(719) 457-8211
520 E Colorado Ave (80903)
Assist consumers in resolving issues with businesses and other organi-
zations after their own efforts have failed.
www.kktv.com

CLERK & RECORDER, EL PASO COUNTY ...............................(719) 520-6202
1675 W Garden of the Gods Rd (80907)
Marriage licenses, handicapped tags, real estate transactions and voter
registration.
https://clerkandrecorder.elpasoco.com

COLORADO ATTORNEY GENERAL .............................................(800) 222-4444
1300 Broadway, 6th Floor, Denver, CO 80203 ..............(720) 508-6012
Handles complaints about creditors, finance companies, payday
lenders, consumer fraud scams and more.
www.coag.gov/uccc

COLORADO CIVIL RIGHTS DIVISION ..............................................(800) 262-4845
1560 Broadway, #825, Denver, CO 80202 ..........(303) 894-2997
https://ccrd.colorado.gov

COLORADO COALITION FOR ELDER RIGHTS .....................info@ccerap.org
789 Sherman St, #250, Denver, CO 80230
Provides education, training and links to resources
Contact by email only info@ccerap.org
www.ccerap.org

COLORADO DEPT OF REGULATORY AGENCIES (DORA) ....(800) 886-7675
1560 Broadway, #110, Denver, CO 80202 .................(303) 894-7855
Call/write for information, file complaint against a business/licensed
individual.
www.colorado.gov/dora

COLORADO DIVISION OF LABOR ...........................................(888) 390-7936
633 17th St, #600, Denver, CO 80202 ...............(303) 318-8441
Answers questions about wages, hours, labor standards.
www.coloradolaborlaw.gov
COLORADO NO-CALL LIST ................................................................. (800) 309-7041
................................................................................................. (Nat'l) (888) 382-1222
www.coloradonocall.com

COLORADO SPRINGS DRIVER’S LICENSE OFFICE .......... (719) 594-8701
Call to confirm office locations and hours............................(303) 205-5613
www.colorado.gov/dmv

COLORADO TAXPAYER SERVICE, DEPT OF REVENUE........ (303) 238-7378
2447 N Union Blvd (80909) .................................................... (719) 594-8706
Income tax, rent/heat rebate for elderly, disabled and low-income.
www.colorado.gov/revenue

DEPT OF MOTOR VEHICLES, EL PASO COUNTY .............(719) 520-6240
1675 W Garden of the Gods Rd (80907) Driver’s license, registration/titles, handicap tags. Locations throughout
the county. https://clerkandrecorder.elpasoco.com/motor-vehicle-department

DISABILITY LAW COLORADO ......................................................... (800) 288-1376
455 Sherman St, #130, Denver, CO 80203 ....................... (303) 722-0300
Protects and promotes the rights of seniors and people with disabilities.

INTERNAL REVENUE SERVICE ................................................... (844) 545-5640
2864 S Circle Dr, #700 (80906) ............................................. (719) 226-3300
Taxpayer Advocate Service ................................................. (877) 777-4778

NAACP ......................................................................................... (877) 622-2798
www.naacp.org

NATIONAL COMMITTEE FOR QUALITY ASSURANCE......(888) 275-7585
1100 13th St NW, Washington, DC 20005 .................... (202) 955-3500
Organization that works to improve health care quality.
www.ncqa.org

NATIONAL DO NOT CALL REGISTRY .........................................(888) 382-1222
www.donotcall.gov

OFFICE OF FAIR HOUSING & EQUAL OPPORTUNITY ......(800) 877- 7353
1670 Broadway St, Denver, CO 80202 ......................... (303) 672-5440
Investigates housing discrimination.
www.hud.gov

PASSPORTS, UNITED STATES POSTAL SERVICE ............(877) 487-2778
201 E Pikes Peak Ave (80903) ........................................... (719) 570-5336
www.usps.com/international/passports.htm
DISABILITY SERVICES

In this category you will find organizations that provide services or information more specific to people with disabilities. Resources not listed here may be found in other sections of this directory.

Americans with Disabilities Act-ADA: Legislation passed in 1990 that prohibits discrimination and ensures equal opportunity for persons with disabilities in employment, state and local government services, public accommodations, commercial facilities, and transportation.

ADVOCACY

Advocates (Disability) intercede on behalf of individuals with physical, mental or developmental disabilities to ensure that they receive the benefits and services for which they are eligible. Services provided include outreach, education, technical assistance, guardianship, and benefits assistance.

AMERICAN CIVIL LIBERTIES UNION, COLORADO ............(303) 777-5482
303 E 17th Ave, #350, Denver, CO 80203
www.aclu-co.org

CHEYENNE VILLAGE COMMUNITY OUTREACH PROGRAM

..........................................................................................(719) 592-0200
6275 Lehman Dr (80918)
For adults with developmental disabilities who live with an aging caregiver.
www.cheyennevillage.org
DISABILITY LAW COLORADO ............................................................(800) 288-1376
455 Sherman St, #130, Denver, CO 80203 ......................(303) 722-0300
Specializing in civil rights and discrimination issues.
www.disabilitylawco.org

THE ARC OF THE PIKES PEAK REGION ....................................(719) 471-4800
12 N Meade Ave  (80909)
Provides advocacy, guardianship, education and social opportunity for individuals with intellectual and developmental disabilities.
www.thearcppr.org

THE INDEPENDENCE CENTER .............................................(719) 471-8181
729 S Tejon St  (80903)
Individual/systems advocacy for health care access, fair/accessible housing, disability awareness, assistance animals, ADA, and other areas.
www.theindependencecenter.org

CARE/CASE MANAGEMENT

These programs develop plans for the evaluation, treatment and/or care of individuals due to illness, disability, or other difficulties.

CONNECTIONS 4 LIFE CENTER .............................................(719) 387-9919
6436-U South Hwy 85/87, Fountain, CO  (80907)
www.connections4lifecenter.org
DISCOVER GOODWILL: YOUR LIFE YOUR WAY .................. (719) 367-4160
1460 Garden of the Gods Rd (80907)
www.goodwillcolorado.org

DIVERSUS HEALTH .......................................................... (719) 572-6100
115 S Parkside Dr (80910)
Case management services for established clients.
https://diversushealth.org

MOSAIC ................................................................................. (719) 380-0451
4775 Centennial Blvd, #150 (80919)
Residential services, vocational training, day programs and more.
www.mosaicinfo.org

THE RESOURCE EXCHANGE (TRE) ............................................. (719) 380-1100
6385 Corporate Dr, #100 (80919)
The Resource Exchange (TRE), serves over 9,000 infants, children, teenagers, adults, and seniors in El Paso, Pueblo, Teller, and Park counties, coordinating access to and delivery of Medicaid waiver and state funded services for individuals with disabilities and other needs.
www.tre.org

ROUNDUP FELLOWSHIP .......................................................... (719) 623-1131
21221 E La Salle St, #100 (80919) ............................................ (719) 447-9333
Serving children and adults with developmental disabilities.
www.rup.org

INFORMATION/ASSISTANCE
Information/resource directories, service animals and communication services.

AGE FRIENDLY PIKES PEAK ................. http://agefriendlypikespeak.org
Features resources for support from arts to health to volunteering and much more.
www.ppacg.org/aging

AMERICAN COUNCIL OF THE BLIND .................. (800) 424-8666
1703 N Beauregard St, #420, Arlington, VA 22311 .......... (202) 467-5081
Information & referral for all blind and visually impaired people.
www.acb.org

AMERICAN MEDICAL ALERT .............................................. (866) 686-7504
Medical alarm and medication management tools.
www.connectamerica.com
AUDIO INFORMATION NETWORK OF COLORADO ..........(877) 443-2001
1700 55th St, #A, Boulder, CO  80301..........................(303) 786-7777
Free audio services that help individuals maintain independence.
www.aincolorado.org

CANINE COMPANIONS FOR INDEPENDENCE............(719) 260-6151
www.cci.org

COLORADO INSTRUCTIONAL MATERIALS CENTER
FOR THE VISUALLY IMPAIRED ..............................................(719) 578-2195
Provides teachers instructional materials for visually impaired students.
www.csdb.org

COLORADO TALKING BOOK LIBRARY......................(800) 685-2136
180 Sheridan Blvd, Denver, CO  80226............................(303) 727-9277
Audio, Braille & large-print formats for people with visual, physical or
learning disabilities.
www.myctbl.org

GUIDE DOGS FOR THE BLIND ............................(800) 295-4050
www.guidedogs.com

HEARINGLIFE.................................................................(719) 520-3311
1396 S 21st St, (80904)
www.hearinglife.com

HEARING LOSS ASSOCIATION OF AMERICA
COLORADO SPRINGS CHAPTER..................www.hlaacoloradosprings.org

H.E.A.R.S .................................................................(719) 352-5124
2125 E La Salle St  (80909)
Hearing education and assistance to low-income El Paso County
residents by Rocky Mt. Sertomans.
www.hearscosp.weebly.com

INTERNATIONAL HEARING DOG .....................(303) 287-3277
5901 E 89th Ave, Henderson, CO  80640
www.hearingdog.org

ISIGHT CONNECTIONS ..............................................(719) 229-8000
Vision rehabilitation therapy, assistive technology, orientation and mo-
bility instruction.
www.isightconnections.com

THE INDEPENDENCE CENTER .....................(719) 471-8181
729 S Tejon St  (80903)
Information, resources, and referrals, for internal support programs
and other community agencies.
www.theindependencecenter.org
LANGUAGE INTERPRETER/TRANSLATION SERVICES
www.interpreternetwork.org
www.interpretersunlimited.com/colorado-interpreter-translator
www.languagealliance.com
www.ticenterdenver.com

MAGNISIGHT OF THE ROCKIES ..................................................(800) 753-4767
............................................................................................................(719) 247-7167
Electronic magnification and speech reading systems for people with
low vision or blindness.

MIRACLE EAR ..............................................................................(719) 576-0059
4711 Opus Dr, #110  (80906)
www.miracle-ear-southcosprings.com

PEAK VISTA COMMUNITY HEALTH CENTERS
AUDIOLGY SERVICES .................................................................(719) 344-7126
4863 N Nevada Ave  (80918)
Provides hearing tests, hearing aids, fittings, minor repairs and adjust-
ments.
www.peakvista.org/services/additional/audiology

RELAY COLORADO ..................................................................(800) 659-2656
333 Inverness Dr South, Englewood, CO  80112 ..........(800) 659-3656
Calls and relay messages for hearing or speech-impaired persons.
www.relaycolorado.com

ROCKY MOUNTAIN ADA CENTER ............................................. (800) 949-4232
3630 Sinton Road, #103  (80907) ........................................... (719) 444-0268
To provide information on the Americans with Disabilities Act (ADA)
www.rockymountainADA.org

SAGE NATIONAL RESOURCE CENTER ON LGBTQ+ AGING (877) 360-5428
Technical resource center focused on improving the quality of services
and supports offered to lesbian, gay, bisexual and/or transgender older
adults, their families, and caregivers.
https://www.lgbtagingcenter.org

SERVICE SOURCE ......................................................................(719) 579-5700
3075 Janitell Road, #250  (80906)
Assistive technology assessments and employment information
assistance.
www.servicesource.org

SIGN LANGUAGE NETWORK ....................................................(866) 599-4517
PO Box 25102  (80936) .........................................................(719) 599-4517
www.signlanguagenetwork.com
**TTY SERVICES FOR THE DEAF, CO COMMISSION** ...... (TTY) (800) 659-2656  
www.ccdhh.com

### RECREATION/ACTIVITIES

Therapeutic and social or recreational programs and activities.

**STABLESTRIDES** ................................................................. (719) 495-3908  
13620 Hallelujah Trail, Elbert, CO  80106  
Therapeutic horseback riding for people with disabilities.  
www.stablestrides.org

**THERAPEUTIC RECREATION, CITY OF COLO SPRINGS** ...... (719) 385-6958  
1315 E Pikes Peak Ave  (80909) ............................................. (719) 385-6964  
Social, general and therapeutic recreation.  
www.coloradosprings.gov/tr

**US ASSOCIATION OF BLIND ATHLETES** .............................. (719) 866-3224  
1 Olympic Plaza  (80909)  
www.usaba.org

**WHEELCHAIR GETAWAYS OF COLORADO** .......................... (800) 238-6920  
PO Box 621429, Littleton, CO  80162 .................................. (303) 674-1498  
Rental of wheelchair and scooter-accessible vans.  
www.wheelchairgetaways.com

### TRANSPORTATION

Specialized service for those with functional disabilities and enhanced mobility needs.

**COACH HOME CARE AND TRANSPORTATION** ............... (719) 391-4444  
1900 E Pikes Peak Ave, #6  (80909)  
Accepts Medicaid and private pay. Provides wheelchair, and non-emergency medical transportation.  
www.thecoachhomecare.com

**ENVIDA MOVES** ................................................................. (719) 633-4677  
5660 N Academy Blvd  (80918)  
Now servings all of El Paso and Teller Counties.  
www.envidacares.org

**GOODWHEELS** .................................................................. (719) 442-2077  
1460 Garden of the Gods Rd  (80907)  
Transportation anywhere in Colorado. Accepts both private pay and Medicaid.  
www.goodwillcolorado.com
MOUNTAIN METRO MOBILITY (ADA PARATRANSIT).........(719) 392-2396
1015 Transit Dr (80903)
Special vans for disabled people unable to use fixed transit services.
www.coloradosprings.gov/mountain-metro

SILVER KEY RESERVE & RIDE .................................................(719) 884-2300
1625 S Murray Blvd (80916)
Door through door ADA accessible transportation.
www.silverkey.org

TRANSIT TO CARE ..............................................................(719) 644-6005
2860 S Circle Dr, #350 (80906)
Non-emergency medical transportation. Accepts Medicaid or Private Pay.
www.transit2care.com

TRANSPORTATION SECURITY ADMINISTRATION (TSA) ...(855) 787-2227
Information for passengers with disabilities/medical conditions before flying.
www.tsa.gov/travel/passenger-support

UNITED ACCESS ........................................................................(719) 590-1400
6285 Corporate Dr (80919)
Customized vans or minivans. Consignment sales or rentals.
www.unitedaccess.com/locations/colorado-springs-co

EDUCATION/LIFELONG LEARNING

Education classes and opportunities are offered on many subjects and in a variety of settings, including workshops, traditional classrooms, and online courses.

ACADEMY OF LIFELONG LEARNING AT UCCS ........(800) 990-8227 x3498
1420 Austin Bluffs Pkwy (80918) ............................................. (719) 255-3498
Campus-wide program for lifelong learners age 55+.
www.uccs.edu

CATHOLIC CHARITIES OF CENTRAL COLORADO ..........(719) 636-2345
228 N Cascade Ave (80903)
English as a second language and immigration and naturalization services.
www.ccharitiescc.org

COLORADO SPRINGS FINE ARTS CENTER .....................(719) 634-5583
30 W Dale St (80903) .............................................(719) 634-5581
www.csfineartscenter.org
COLORADO SPRINGS SENIOR CENTER..................................(719) 955-3400
1514 N Hancock Ave  (80903)
Classes in arts, lifelong learning, computers, fitness, health and dance.
www.ppmca.org/colorado-springs-seniorcenter

COLORADO STATE UNIVERSITY EXTENSION ......................(719) 520-7690
17 N Spruce St  (80905) ................................................(719) 520-7684
https://extension.colostate.edu

COMMUNITY PARTNERSHIP FAMILY RESOURCE CENTER(719) 686-0705
701 Gold Hill Pl S, Woodland Park, CO  80863
www.cpteller.org

CONTINUING EDUCATION PROGRAM, CSU PUEBLO ......(800) 388-6154
2864 S Circle Dr  (80906) .............................................. (719) 442-2264
http://www.csupueblo.edu/extended-studies

COOKING MATTERS COLORADO .......................................(303) 892-8480
1824 Lincoln St, Denver, CO  80203
Teaches families and low-income individuals cooking, nutrition and food budgeting skills.
http://co.cookingmaters.org

CSU EXTENSION OFFICE, PARK COUNTY .............................(719) 836-4296
880 Bogue St, Fairplay, CO  80440
www.parkco.us/93/CSU-Extension

CSU EXTENSION OFFICE, TELLER CO ...............................(719) 686-7961
800 Research Dr, #224, Woodland Park, CO  80863
Off-campus continuing education/formal education.
https://teller.extension.colostate.edu

FOUNTAIN VALLEY SENIOR CENTER ..............................(719) 600-2644
5745 Southmoor Dr, Fountain, CO  80817
Computer skills, driver’s safety, and nutrition classes, and informational presentations.
www.fvscenter.org

GERONTOLOGY CENTER AT UCCS .................................(719) 255-8005
4863 N Nevada Ave, #350  (80918)
Aging education, research, service programs and classes.
www.uccs.edu/geron

PEARLS (Program to Encourage Active Rewarding Lives) (719) 459-2017
A free program designed to teach new ways for a person to reduce their symptoms of depression, anxiety, and sadness.
https://pearlsprogram.net
PILLAR INSTITUTE FOR LIFELONG LEARNING..........................(719) 633-4991
1710 Briargate Blvd, #847  (80920)
Located in Chapel Hills Mall near Dillards.
www.pillarinstitute.org

PRIME TIME, FIRST PRESBYTERIAN CHURCH..................(719) 884-6100
219 E Bijou St  (80903)
Wide range of classes, workshops, fitness programs, outings, and trips.
www.firstprescos.org

ROAD SCHOLAR .................................................................(800) 454-5768
11 Ave de Lafayette, Boston, MA  02111
Educational tours in all 50 states and 150 countries.
www.roadscholar.org

SILVER KEY SENIOR SERVICES.................................(719) 884-2300
1625 S Murray Blvd  (80916)
Programs support health and wellbeing; recreational, creative, cultural
and inspirational activities; and lifelong learning.
www.silverkey.org

LIBRARIES

BAILEY LIBRARY .................................................................(303) 838-5539
350 Bulldogger Rd, Bailey, CO  80421
http://parkcounty.colibraries.org/bailey

FAIRPLAY LIBRARY, PARK COUNTY ...............................(719) 836-4299
400 Front Dr, Fairplay, CO  80440
https://parkcounty.colibraries.org/fairplay/

FRANKLIN FERGUSON MEMORIAL LIBRARY ..................(719) 689-2800
410 B St, Cripple Creek, CO  80813
https://steller.colibraries.org

GUFFEY COMMUNITY CENTER/LIBRARY ....................(719) 689-9280
1625B County Rd 102, Guffey, CO  80820
www.parkcounty.colibraries.org/guffey

KRAEMER LIBRARY (UCCS) ...........................................(719) 255-3295
1420 Austin Bluffs Pkwy  (80918) ...................................(719) 255-3296
www.uccs.edu/library

LAKE GEORGE LIBRARY ..............................................(719) 748-3812
37900 Hwy 24, Lake George, CO  80827
http://parkcounty.colibraries.org/lake-george
MANITOU SPRINGS PUBLIC LIBRARY ........................................................... (719) 685-5206
515 Manitou Ave, Manitou Springs, CO  80829 .................................. (719) 531-6333
www.ppld.org/manitou-springs-library

PIKES PEAK COMMUNITY COLLEGE LIBRARY ........................................ (719) 502-3410
5675 S Academy Blvd  (80906) ................................................................. (719) 502-3430
www.ppcc.edu/services/library

PIKES PEAK LIBRARY DISTRICT ................................................................. (719) 531-6333
20 N Cascade Ave  (80903) .......................................................... (719) 389-8968
Call or go online for all locations.
https://ppld.org/seniors

RAMPART LIBRARY DISTRICT ................................................................. (719) 687-9281
218 E Midland Ave, Woodland Park, CO  80863
Computer classes and other free programs for seniors.
http://rampart.colibraries.org

SECURITY PUBLIC LIBRARY ................................................................. (719) 391-3191
715 Aspen Dr, Security, CO  80911 ...................................................(719) 391-3195
www.wsd3.org/Domain/24

TUTT LIBRARY, COLORADO COLLEGE ................................................... (719) 389-6184
1021 N Cascade Ave  (80903) .........................................................(719) 389-6662
www.coloradocollege.edu/library

VICTOR PUBLIC LIBRARY ................................................................. (719) 689-2011
124 S 3rd St, Victor, CO  80860
https://steller.colibraries.org

EMERGENCY/DISASTER PREPAREDNESS

The following providers and organizations can provide direct assistance for events such as power outages or gas leaks, education about fire/
flood mitigation and health hazards, and offer relief services such as food and shelter. These services are available through private, nonprofit or
government organizations when they are needed most.

AMERICAN RED CROSS ................................................................. (719) 632-3563
1040 S 8th St  (80905)
www.redcross.org/local/colorado

EMERGENCY 9-1-1 ............................................................................. 9-1-1

EMERGENCY MANAGEMENT, TELLER COUNTY ..................................... (719) 686-7990
112 North A St, Cripple Creek, CO  80813 ...................................... (719) 687-9652
http://co.teller.co.us/OEM
EMERGENCY UTILITIES SERVICE ...........................................(719) 448-4800
111 S Cascade Ave  (80903)
www.csu.org

FEDERAL EMERGENCY MANAGEMENT AGENCY (FEMA)...(800) 621-3362
PO Box 25267, Denver, CO  80255...........................................(303) 235-4800
www.fema.gov

FOUR MILE EMERGENCY SERVICES.................................(719) 689-3417
8437 Teller Rd, Florissant, CO  80816
www.4milefire.com

HOPE RESTORED ...............................................................(719) 247-1518
Disaster relief and rebuild, and neighborhood relief.
www.hoperestored.org

PARK COUNTY DISPATCH, NON-EMERGENCY..................(719) 836-4125
www.parkco.us/94/9-1-1-Communications-Dispatch

PUBLIC HEALTH, EL PASO COUNTY ................................(719) 578-3199
1675 W Garden of the Gods Rd, #2044  (80907)
www.elpasocountyhealth.org

PUBLIC HEALTH, PARK COUNTY .....................................(719) 836-4161
825 Clark St, Fairplay, CO  80440.............................. Bailey (303) 816-5970
www.parkco.us/86/Public-Health

PUBLIC HEALTH, TELLER COUNTY ...............................(719) 687-6416
11115 W Highway 24, #2C, Divide, CO  80814
www.co.teller.co.us/publichealth

ROCKY MOUNTAIN POISON AND DRUG CENTER .............(800) 222-1222
1391 Speer Blvd, #600 Denver, CO  80204 .......................(303) 739-1100
www.rmpdc.org/

SOUTH PARK AMBULANCE DISTRICT ..............................(719) 836-2055
911 Costello Ave, Fairplay, CO  80440
www.southparkambulance.com

THE INDEPENDENCE CENTER ..........................................(719) 471-8181
729 S Tejon St  (80903)
Emergency preparedness training for persons with disabilities to re-
main independent and have access to services and support.
www.theindependencecenter.com

UTE PASS REGIONAL HEALTH SERVICES DISTRICT ............(719) 687-2291
785 Redfeather Ln, Woodland Park, CO  80863
www.uprad.org
EMPLOYMENT SERVICES

Employment services may include agencies or programs that help in job search assistance, such as job-seeking skills, résumé writing and preparing for interviews. Job search assistance and training may also be available.

Some agencies may be specific to older adult job assistance.

AARP EMPLOYMENT PROGRAM...........................................(719) 635-3579
1510 N Hancock St (80903)
Assists low-income, unemployed individuals aged 55+ find work.
www.aarpworksearch.org

COLORADO DEPT OF VOCATIONAL REHABILITATION .....(719) 635-3585
1365 Garden of the Gods Rd, #250 (80907)
Helps eligible individuals with documented disabilities find suitable employment.
www.colorado.gov/dvr

COMMUNITY PARTNERSHIP FAMILY RESOURCE CENTER(719) 686-0705
701 Gold Hill Pl S, Woodland Park, CO 80863
GED, ESL, workforce and college preparation.
www.cpteller.org

DIVERSUS HEALTH ...............................................................(719) 572-6100
115 S Parkside Dr (80910)
Career development services for established clients.
https://diversushealth.org/

FOSTER GRANDPARENT PROGRAM (VOA).......................(719) 632-1448
3140 Mallard Dr # 100 (80910)
Volunteers 55+ who mentor children in schools. Tax free hourly stipend for seniors on fixed income, 15 hours a week minimum.
www.voacolorado.org/volunteer-opportunities

MOSAIC.................................................................(719) 380-0451
4775 Centennial Blvd, #150 (80919)
Helps adults with intellectual disabilities learn vocational skills.
www.mosaicinfo.org

PIKES PEAK WORKFORCE CENTER.................................(719) 667-3700
1675 Garden of the Gods Rd (80907)
Main office: call for other locations, hiring events, career assessments, job search workshops, and more.
www.ppwfc.org
PIKES PEAK WORKFORCE CENTER, CALHAN .......................(719) 520-7895
328 10th St, Calhan, CO 80808
Employment resources for rural east El Paso County through the Pikes Peak Workforce Center.
www.coccenter.org

PIKES PEAK WORKFORCE CENTER, TELLER COUNTY ........(719) 667-3806
166 E Bennett Ave, Cripple Creek, CO 80813
Hiring events, job search workshops, career assessments and more. All ages.
www.ppwfc.org

THE INDEPENDENCE CENTER .................................................(719) 471-8181
729 S Tejon St (80903)
Employment support for obtaining a job and employment retention.
www.theindependencecenter.com

TRI-LAKES CARES .................................................................(719) 481-4864
235 N Jefferson, Monument, CO 80132
Employment program to equip people with resources and skills to reduce barriers that may otherwise interfere with their ability to obtain a job.
https://tri-lakescares.org

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Pikes Peak Area Agency on Aging

SENIOR INSURANCE ASSISTANCE

Education about Medicare and health insurance options

Senior Insurance Assistance can assist people approaching, or on, Medicare with their Medicare Eligibility or coverage questions.

For information & assistance
719-635-4891

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Offering:
• Medicare 101 classes
• Employer Group Outreach
• Annual Open Enrollment assistance
• Application assistance
FINANCIAL ASSISTANCE

Services for people who are experiencing an unexpected financial shortfall, usually provided through nonprofit or religious organizations. Assistance is typically provided on a temporary or emergency basis. Eligibility requirements may apply based on age or income.

These organizations may also provide additional services designed to help people become and remain self-sufficient such as counseling, education, or support groups.

**Reverse Mortgages:** Many seniors consider a reverse mortgage to help supplement their monthly income or to pay off debts by using the equity in their home. If you are considering a reverse mortgage, you should meet with a counselor from an independent government approved housing counseling agency. In certain cases, a counseling session is required by law. A list of counselors may be obtained by calling (800) 569-4287.

**ASPHEN MINE CENTER** ..........................................................(719) 689-3584
166 E Bennett Ave, Cripple Creek, CO  80813
www.aspenminecenter.org

**ASSURANCE WIRELESS** ..........................................................(888) 321-5880
Discounted phone service to qualifying low-income households.
www.assurancewireless.com

**BENEFITS CHECKUP** .................................................. www.benefitscheckup.org

**CENTURY LINK & LIFELINE TELEPHONE ASSISTANCE** ......(800) 244-1111
PO Box 4918, Monroe, LA  71211.........................(TTY/voice) (800) 223-3131

**CENTURY LINK CUSTOMERS WITH DISABILITIES** ............(800) 244-1111
PO Box 2670, Omaha, NE  68103

**COLORADO FORECLOSURE HOTLINE** ....................(877) 601-4673 (HOPE)
Counseling service for basic mortgage and financial information.

**COLORADO SPRINGS UTILITIES** .............................................(800) 238-5434
111 S Cascade Ave  (80903)...................................................(719) 448-4800
**LEAP:** Low Income Energy Assistance Program: winter financial assistance.
**COPE:** Citizen Options To Provide Energy: year-round financial assistance.
www.csu.org

**DEPARTMENT OF HUMAN SERVICES, EL PASO COUNTY** ..(719) 636-0000
1675 W Garden of the Gods Rd  (80907)
http://dhs.elpasoco.com
DEPARTMENT OF HUMAN SERVICES, PARK COUNTY
59865 Hwy 285, Bailey, CO 80421. (303) 816-5939
825 Clark St, Fairplay, CO 80440. (719) 836-4139
http://parkco.us/82/Human-Services

DEPARTMENT OF HUMAN SERVICES, TELLER COUNTY
800 Research Dr, #100, Woodland Park, CO 80863
www.co.teller.co.us/DHS

ENERGY OUTREACH COLORADO
225 E 16th Ave, #200, Denver, CO 80203. (303) 825-8750
Energy bill assistance program and heating system repair or replacement. Replaces toilets.
www.energyoutreach.org

ENERGY RESOURCE CENTER
540 E Cimarron St (80903)
Weatherize houses & mobile homes and provide safety checks for furnace and hot water heater for low-income families. Will replace toilets.
HEAP: Home Efficiency Assistance Program
www.erc-co.org

FOUNTAIN DEPARTMENT OF UTILITIES
101 N Main St, Fountain, CO 80817
www.fountainutilities.org

HELP THE NEEDY
117 N Center St, Woodland Park, CO 80863
Offers budget and credit counseling, job search assistance along with assisting with financial issues and helping clients to achieve financial stability.
www.htntc.org

MERCY’S GATE
4360 Montebello Dr, #300 (80918)
Services may include rental and utility assistance, transportation, food, clothing and medical assistance.
www.mercysgatecs.org

MOUNTAIN RESOURCE CENTER
11030 Kitty Dr, Conifer, CO 80433
Serving Park County. Assistance for seniors, families, individuals and veterans, with mortgage, rent and utilities.
www.mrcco.org
PARK COUNTY SENIOR COALITION ..........................................................(719) 836-4295
825 Clark St, #C, Fairplay, CO 80440
www.parkcoseniors.org

Q LINK LIFELINE PROGRAM ....................................................................(855) 754-6543
Affordable phone service to qualifying customers based on household income.
www.qlinkwireless.com

SALVATION ARMY FAMILY SERVICES ...............................................(719) 636-3891
908 Yuma St (80909)
www.tsacs.org

SALVATION ARMY FOUNTAIN VALLEY ..............................................(719) 382-1182
208 Cunningham Dr, Fountain, CO 80911
https://fountainvalley.salvationarmy.org/fountain_valley_corps_intermountain/

SENIOR PROPERTY TAX EXEMPTION PROGRAM
EL PASO COUNTY ASSESSOR’S OFFICE .............................................(719) 520-6600
1675 W Garden of the Gods Road, #2300 (80907)
http://asr.elpasoco.com

SILVER KEY SENIOR ASSISTANCE ......................................................(719) 884-2300
1625 S Murray Blvd (80916)
Emergency financial requests reviewed by case management. Must meet eligibility criteria.
www.silverkey.org

STANDUP WIRELESS .............................................................................(800) 544-4441
Discounted monthly telephone service for eligible low-income subscribers.
www.standupwireless.com

STOREHOUSE AT WOODLAND PARK COMMUNITY CHURCH
..............................................................................................................(719) 229-4512
700 Valley View Dr, #D, Woodland Park, CO 80863
Financial assistance on a limited basis, medical lending closet, emergency food assistance, gas cards and firewood.
www.woodlandparkcommunitychurch.com

TELLER SENIOR COALITION ...............................................................(719) 687-3330
11115 W HWY 24, #2D, Divide, CO 80814
www.tellerseniorcoalition.org
TRI-LAKES CARES .............................................................(719) 481-4864
235 N Jefferson, Monument, CO  80132
Limited financial assistance for prescriptions, rent, mortgage, utilities, medical, and transportation. Budgeting assistance. Must be a resident of northern El Paso county. Must meet eligibility requirements.
www.tri-lakescares.org

WESTSIDE CARES ...........................................................(719) 389-0759
2808 W Colorado Ave  (80904)
Westside residents only.
www.westsidecares.org

FITNESS/RECREATION

The Pikes Peak region offers a variety of activities to keep you active, fit, and entertained. The following information includes National Parks, exercise classes, dancing and sports, swimming, social clubs, games and more.

See our Community and Senior Centers section for additional programs available in your neighborhood.

AGE 60+ SENIOR SOFTBALL LEAGUE .................................. (719) 385-6002

ASPEN MINE SENIOR CLUB ...................................................(719) 689-3584
166 E Bennett Ave, Cripple Creek, CO  80813
www.aspenminecenter.org

COLORADO PARKS AND WILDLIFE .....................................(303) 297-1192
6060 Broadway, Denver, CO 80216 ...........................................(719) 227-5200
Issues hunting/fishing licenses, manages state trail program and registers outdoor recreation vehicles.
http://cpw.state.co.us

COLORADO SPRINGS SENIOR CENTER .................................(719) 955-3400
1514 N Hancock Ave  (80903)
www.ppymca.org/colorado-springs-senior-center

COLORADO SPRINGS VISITOR INFORMATION CENTER ...(800) 888-4748
515 S Cascade Ave  (80903)...............................................(719) 635-7506
Visitor Guide and lodging information.
www.visitcos.com

COTTONWOOD CREEK RECREATION CENTER ..............(719) 385-6508
3920 Dublin Blvd  (80918)
www.ppymca.org
CRIPPLE CREEK CASINO SHUTTLE ...........................................(800) 772-6254
3465 Astrozon Pl (80910) ............................................. (719) 590-8687 x777
Provided by Ramblin Express.
www.casinoshuttle.com

CRIPPLE CREEK CITY SHUTTLE .............................................. (719) 689-7711
337 Bennett Ave, Cripple Creek, CO 80813
https://visitcripplecreek.com/about/cripple-creek-transportation

CRIPPLE CREEK HERITAGE CENTER ...................... (877) 858-4653 (GOLD)
9283 S Hwy 67, Cripple Creek, CO 80813 ..................... (719) 689-3315
www.visitcripplecreek.com

EL PASO COUNTY PARKS AND NATURE CENTERS .......... (719) 520-7529
2002 Creek Crossing St (80905)
https://communityservices.elpasoco.com/nature-centers/

FALCON SENIOR EXERCISE ...........................................(719) 495-8903
Exercise class.

INTERNATIONAL DANCE CLUB ...........................................(719) 633-0195
2422 Busch Ave (80904)
www.internationaldanceclub.org

MANITOU SPRINGS POOL & FITNESS CENTER ...........(719) 685-9735
202 Manitou Ave, Manitou Springs, CO 80829
www.manitoupool.com

MEMORIAL PARK RECREATION CENTER ...................(719) 385-5984
280 S Union Blvd (80910)
www.ppymca.org

NATIONAL PARKS ACCESS PASS OR SENIOR PASS .......... (719) 636-1602
Access pass to National Parks and Federal Recreation Areas is free for
the disabled. Senior Pass (62+) is lifetime for $80.
www.nps.gov/findapark/passes.htm

PARKS AND RECREATION, CRIPPLE CREEK .............. (719) 689-3514
128 East Bennett Ave, Cripple Creek, CO 80813
www.ccparksandrecreation.com

PRIME TIME, FIRST PRESBYTERIAN CHURCH ............ (719) 884-6100
219 E Bijou St (80903)
www.firstprescos.org

ROAD SCHOLAR ................................................................. (800) 454-5768
11 Ave de Lafayette, Boston, MA 02111
Educational travel.
www.roadscholar.org
SERTICH ICE CENTER..............................................................(719) 385-5983
1705 E Pikes Peak Ave (80909)
http://parks.coloradosprings.gov

SILVER KEY SENIOR SERVICES...............................................(719) 884-2300
1625 S Murray Blvd (80916)
Programs support health and wellbeing: recreational, creative, cultural, and inspirational activities; and lifelong learning.
www.silverkey.org

SILVER SNEAKERS FITNESS PROGRAM......................................(866) 584-7389
www.silversneakers.com

SKYLINE WELLNESS AND AQUATIC CENTER.............................(719) 867-4658
2365 Patriot Hts (80904)
www.brookdale.com

SOUTH PARK RANGER DISTRICT...............................................(719) 836-2031
320 US Hwy 285, Fairplay, CO 80440
https://www.fs.usda.gov/detail/psicc/about-forest

SOUTH PARK RECREATION CENTER.......................................(719) 836-0747
1190 Bullet Rd, Fairplay, CO 80440
www.southparkrec.org

SOUTH PLATTE RANGER DISTRICT..........................................(303) 275-5610
30403 Kings Valley Dr, #3-115, Conifer, CO 80433
www.fs.usda.gov

TELLER COUNTY PARKS............................................................(719) 687-8812
308A Weaverville Rd, Bldg A, Divide, CO 80814
www.co.teller.co.us/PublicWorks/parks.aspx

THE BRIDGE CENTER..............................................................(719) 634-7250
901 N 17th St (80904)
www.coloradospringsbridge.com

US ASSOCIATION OF BLIND ATHLETES.................................(719) 866-3224
1 Olympic Plaza (80909)
Provides health and fitness opportunities for legally blind individuals.
www.usaba.org

WOODLAND PARK SENIOR CENTER............................................(719) 687-3877
321 N Pine St, Woodland Park, CO 80866
www.woodlandparkseniors.com
FOOD & NUTRITION

The following organizations provide food at no cost or low cost. Most are available in emergency situations. Some programs are available on a daily basis.

CARE AND SHARE FOOD BANK .................................................. (719) 528-1247
For current locations call ............................................................... (719) 955-0742
2605 Preamble Point (80915)
Care and Share is a warehouse and does not distribute food to the general public.
www.careandshare.org

SOUTH PARK FOOD BANK .................................................. (719) 839-0494
530 Front St, Fairplay, CO 80440

SUPPLEMENTAL NUTRITION ASSISTANCE PROG (SNAP) (855) 855-4626
Ongoing financial assistance to help you purchase groceries. Many agencies can assist with determining eligibility and completing SNAP applications.
Colorado SNAP (Food Stamps) ......................... (hotline) (800) 536-5298
Hunger-free Colorado ............................................................... (855) 855-4626
Local assistance site ............................................................... (719) 471-2096
www.colorado.gov

WOODLAND PARK SENIOR CENTER ................... (719) 687-3877
321 N Pine St, Woodland Park, CO 80863
www.woodlandparkseniors.com
FOOD PANTRIES AND COMMODITIES

**Food Pantries** provide temporary or emergency food assistance. Some only serve those living within specific zip code. Call ahead to verify eligibility requirements.

**Commodities programs** provide monthly food assistance for low-income seniors. Monthly food packages are usually picked up at a food bank or local participating location.

**BLACK FOREST CARES**
12455 Black Forest Rd  (80908)
Emergency food assistance.
www.bflchurch.org

**CARE AND SHARE FOOD BANK CSFP PROGRAM**
(719) 528-1247
Commodity Supplemental Food Program.
www.careandshare.org

**CHURCH FOR ALL NATIONS (OPEN ARMS)**
6540 Templeton Gap Rd (80923)
www.churchforallnations.com

**COMMUNITY CUPBOARD OF WOODLAND PARK**
414 N Hwy 67, Woodland Park, CO 80863
Emergency food bank.
www.wpcommunitycupboard.com

**CONNECTIONS 4 LIFE CENTER**
6436-U South Hwy 85/87, Fountain, CO 80817.
www.connections4lifecenter.org

**CROSSFIRE MINISTRIES**
3975 N Academy Blvd (80917)
Emergency food assistance.
www.crossfireministries.com

**DEERFIELD HILLS COMMUNITY CENTER**
4290 Deerfield Hills Rd  (80916)
Food pantry: 4th Friday of month, 11a-Noon.

**DIVINE REDEEMER CATHOLIC CHURCH**
927 N Logan Ave (80909)
Emergency food assistance.
www.divineredeemer.net

**EASTERN PLAINS COMMUNITY PANTRY**
701 4th St, Calhan, CO 80808
www.easternplainscommunitypantry.org
ELLICOTT HELPING HANDS .............................................. (719) 683-4724
23355 Highway 94, Calhan, CO 80808
Food pantry and emergency food.

FRESH START (FORMERLY HIGH PLAINS HELPING HANDS) ................................................................. (719) 495-3123
7375 Adventure Way (80923)
Emergency food pantry and commodities.
www.hphh.org

GOD'S PANTRY ............................................................................. (719) 382-0643
30 Widefield Blvd, (80911)
www.godspantryministry.org

LITTLE CHAPEL OF THE HILLS .................................................. (719) 322-7610
69 County Rd 5, Divide, CO 80814
www.littlechapelfoodpantry.org

MOUNTAIN RESOURCE CENTER LEIGH’S PANTRY ............(303) 838-7552
11030 Kitty Dr, Conifer, CO 80433
www.mrcco.org

SACRED HEART CATHOLIC CHURCH .................................... (719) 633-8711
2021 W Pikes Peak Ave (80904)
www.sacredheartcos.org

SALVATION ARMY FAMILY SERVICES ............................ (719) 636-3891
908 Yuma St (80909)
Emergency food assistance.
http://coloradosprings.salvationarmy.org

SEVENTH DAY ADVENTIST CHURCH ................................. (719) 578-5616
1305 N Union Blvd (80809)
Emergency food assistance and commodities.
www.centralsda.org

SILVER KEY SENIOR ASSISTANCE ........................................... (719) 884-2300
1625 S Murray Blvd (80916)
Emergency food pantry and government food program distribution.
www.silverkey.org

SOUTH PARK FOOD BANK ......................................................... (719) 839-0494
530 Front St, Fairplay, CO 80440

SPRINGS FOOD PANTRY (SANCTUARY CHURCH) ............. (719) 634-7232
1930 W Colorado Blvd (80904)
www.thesanctuarywestside.org
SPRINGS RESCUE MISSION (SAMARITAN'S KITCHEN) ........................ (719) 632-1822
5 W Las Vegas St  (80903)
Monthly food box program.
www.springsrescuemission.org

ST PATRICKS CATHOLIC CHURCH .................................................. (719) 598-3595
6455 Brook Park Dr  (80918)
Emergency food pantry.
www.stpatscs.org

THE BREAD OF LIFE (HOLY CROSS LUTHERAN CHURCH) . (719) 596-0661
4125 Constitution Ave  (80909)
www.holycrosscs.org/ministries

TRI-LAKES CARES ......................................................................... (719) 481-4864
235 N Jefferson, Monument, CO  80132
Emergency food pantry, offering groceries, household and hygiene supplies, northern El Paso County.
https://tri-lakescares.org

TRUE SPIRIT BAPTIST CHURCH .................................................. (719) 575-9287
5120 Astrozon Blvd  (80916)
Emergency food pantry and commodities.
https://truespiritbaptistchurch.com

WESTSIDE CARES........................................................................ (719) 389-0759
2808 W Colorado Ave  (80904)
Westside residents only. Emergency food assistance, call for pantry locations.
www.westsidecares.org

WIDOW'S OIL PANTRY (HARRIS PARK BIBLE CHURCH) .... (303) 838-1869
2257 Shelton Dr, Bailey, CO  80421
www.harrisparkbiblechurch.org
GROUP MEAL SITES

CALHAN SENIOR LUNCH EL PASO COUNTY FAIRGROUNDS

........................................................................................................(719) 520-7880
366 10th St, Calhan, CO  80808
Noon meals served every other Wednesday at 366 10th St. Call for reservations.

LAKE GEORGE COMMUNITY CENTER ..................(719) 836-4289
39141 US Hwy 24, Lake George, CO  80827
www.parkco.us

MARIAN HOUSE (CATHOLIC CHARITIES) .................(719) 475-7314
14 W Bijou St  (80903)...............................................................(719) 636-2345
Marian House Soup Kitchen offers free hot meals 365 days a year, open to everyone.
www.ccharitiesgcc.org

SALVATION ARMY RED SHIELD COMMUNITY CENTER.....(719) 636-3891
908 Yuma St  (80904)
Noon meals.
http://coloradosprings.salvationarmy.org

SHAWNEE COMMUNITY CENTER............................................(719) 836-4289
57 Park County Rd 64, Shawnee, CO  80475
www.parkco.us

SILVER KEY CONNECTIONS CAFE ........................................(719) 884-2300
1655 S Murray Blvd  (80916)
Sites are managed by Silver Key Connections Cafe.
To reserve meals, call first or visit www.silverkey.org

SOUTH PARK SENIOR CENTER .................................................(719) 836-1455
296 6th St, Fairplay, CO  80440
Meals on Wednesdays.

STOREHOUSE AT WOODLAND PARK COMMUNITY CHURCH
..............................................................................................(719) 229-4512
700 Valley View Dr, #D, Woodland Park, CO  80863
www.woodlandparkcommunitychurch.com

WOODLAND PARK SENIOR CENTER....................(719) 687-3877
321 N Pine St, Woodland Park, CO  80863
Lunch provided by Silver Key Connections Cafe.
www.woodlandparkseniors.com
### CENTRAL
- **Colorado Springs Senior Center**
  - (719) 387-6000
  - 1514 North Hancock Avenue (80903)
  - Weekdays
- **Temple Shalom**
  - (719) 634-5311
  - (Serving kosher meals)
  - 1523 East Monument (80909)
  - 2x week
- **Holiday Village**
  - (719) 475-2915
  - 3405 Sinton Road (80907)
  - Weekdays

### WEST
- **St. Andrews Episcopal Church**
  - (719) 685-9259
  - 103 Canon Avenue
  - Manitou Springs, CO 80829
  - Weekdays
- **Westside Community Center**
  - (719) 385-7920
  - 1628 West Bijou Street (80904)
  - Weekdays
- **Woodland Park and Teller County Senior Center**
  - (719) 687-3877
  - 321 North Pine Street
  - Woodland Park, CO 80863
  - Weekdays

### NORTH
- **Mountain Community Mennonite Church**
  - (719) 884-2304
  - 643 Highway 105, Palmer Lake, CO 80133
  - Weekdays

### DOWNTOWN
- **Acacia Park Apartments**
  - (719) 884-2300
  - 104 East Platte Avenue (80903)
  - Weekdays
- **Centennial Plaza Apartments**
  - (719) 884-2300
  - 516 East Kiowa Street (80903)
  - Weekdays

### SOUTH
- **Fountain Valley Senior Center**
  - (719) 600-2644
  - 5745 Southmoor Drive
  - Fountain, CO 80817
  - Weekdays
- **Pikes Peak Towers**
  - (719) 632-1556
  - 1912 Eastlake Blvd (80919)
  - Weekdays
- **Silver Key at Connections Cafe**
  - (719) 884-2300
  - 1655 South Murray Blvd (80916)
  - Weekdays
- **Villa San Jose**
  - (719) 632-7444
  - 1810 South Corona (80905)
  - 3x weekly
- **Villa Santa Maria**
  - (719) 632-7444
  - 405 East Saint Elmo Street (80905)
  - 2x weekly

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**SILVER KEY CONNECTIONS CAFE SITES.............................. (719) 884-2300**

To reserve meals, call first or visit [www.silverkey.org](http://www.silverkey.org)

Sites are managed by Silver Key Connections Cafe.
HOME-DELIVERED MEALS/ MEALS ON WHEELS

FOUNTAIN VALLEY SENIOR CENTER..........................................................(719) 600-2644
5745 Southmoor Dr, Fountain, CO  80817
Rural Area Meal Program (RAMP).
www.fvscenter.org

PARK COUNTY SENIOR COALITION .......................................................(719) 836-4295
825 Clark St, #C, Fairplay, CO  80440
RAMP (Rural Area Meal Program).
www.parkcoseniors.org

PROJECT ANGEL HEART ........................................................................(719) 323-0084
1625 W Uintah St, #1 (80904)
Denver program ...............................................................(303) 830-0202
Provides home-delivered meals at no cost for people diagnosed with life-challenging illness.
www.ProjectAngelHeart.org

SILVER KEY HOME DELIVERED MEALS ...............................................(719) 884-2300
1625 S Murray Blvd  (80916)
Silver Key Home Delivered meals including Meals on Wheels. Open to all ages. Call for details.
www.silverkey.org

TELLER SENIOR COALITION .................................................................(719) 687-3330
11115 W Hwy 24, #2D, Divide, CO  80814
RAMP (Rural Area Meal Program).
www.tellerseniorcoalition.org

GRANDPARENT/CAREGIVER SERVICES

There is an increasing awareness of the needs of grandparent caregivers and the organizations and programs dedicated to assisting them. Assistance can come in the form of financial assistance, support groups, information and after-school and education/mentoring programs.

Many of the information and referral resources are available online only.

AARP GRANDPARENT INFORMATION .............................................. (888) 687-2277
601 E St NW, Washington, DC  20049
www.aarp.org/families/grandparents

CHILD CARE AWARE OF AMERICA ................................................. (800) 424-2246
Child care information and resources.
www.childcareaware.org
COLORADO KINSHIP CONNECTION WEBSITE ..................(303) 866-4617
1575 Sherman St, Denver, CO  80203
www.cokinship.org

COMMUNITY PARTNERSHIP FAMILY RESOURCE CENTER (719) 686-0705
701 Gold Hill Pl S, Woodland Park, CO 80863
www.cpteller.org

FOSTER GRANDPARENT PROGRAM (VOA) .........................(719) 632-1448
3140 Mallard Dr # 100  (80910)
Volunteers 55+ who mentor children in schools, Tax free hourly stipend for seniors on fixed income, 15 hours a week minimum.
www.voacolorado.org/volunteer-opportunities

GRANDFRIENDS, CS SCHOOL DISTRICT 11 ......................(719) 520-2202
........................................................................................................(719) 520-2311
Program places retirees, senior citizen volunteers in classroom.
www.d11.org/Page/2214

GRANDPARENTS RAISING GRANDKIDS SUPPORT GROUP (719) 578-8007
Mentoring and support.

PEAK PARENT CENTER ..........................................................(719) 531-9400
917 E Moreno Ave, #140  (80903)
Education, training, information for caring for disabled children.
www.peakparent.org

SALVATION ARMY RED SHIELD COMMUNITY CENTER.....(719) 636-3891
908 Yuma St  (80909)
After-school care.
http://coloradosprings.salvationarmy.org

SENIOR INFORMATION & ASSISTANCE CENTER, PPACG AAA
............................................................................................................(719) 471-2096
14 S Chestnut St  (80905)
Information and referral.
www.ppacg.org/aging

URBANITES LEADING THE PIKES PEAK REGION ...............(719) 634-1525
506 E Moreno Ave  (80903)
Family resources.
www.ulppr.org
Health refers to a physical state of being, whereas wellness refers to the attitude a person has toward their health.

Also see tables listing health-related facilities: Medical Home Health Agencies, page 92; Non-Medical Home Care Agencies, page 98; and Hospice Care, page 106.

DEPARTMENT OF HUMAN SERVICES, TELLER COUNTY ....(719) 687-3335
800 Research Dr, #100, Woodland Park, CO 80863
www.co.teller.co.us/DHS

EL PASO COUNTY MEDICAL SOCIETY .............................................(719) 591-2424
1465 Kelly Johnson Blvd, #130 (80920)
www.epcms.org

HEALTH CENTER AT DIVIDE ......................................................... (719) 687-4460
34 Hybrook Rd, Divide, CO 80814....................... Dental (719) 475-0783
www.peakvista.org

NATIONAL COMMITTEE FOR QUALITY ASSURANCE ..........(888) 275-7585
1100 13th St NW, Washington, DC 20005 ..................(202) 955-3500
www.ncqa.org

PEAK VISTA COMMUNITY HEALTH CENTERS .....................(719) 632-5700
3205 N Academy Blvd, #100 (80917)
Convenient Care Center: Medical, dental, and behavioral health for people of all ages.
www.peakvista.org

PENROSE-ST FRANCIS PRIMARY CARE CRIPPLE CREEK ....(719) 776-4310
412 North C St, Cripple Creek, CO 80813
Medical, dental, and behavioral health for people of all ages.
www.centura.org

PUBLIC HEALTH, EL PASO COUNTY .................................(719) 578-3199
1675 W Garden of the Gods Rd. #2044 (80907)
www.elpasocountyhealth.org

PUBLIC HEALTH, PARK COUNTY .................................(719) 836-4161
825 Clark St, Fairplay, CO 80440 ...................... Bailey (303) 816-5970
www.parkco.us/86/Public-Health

PUBLIC HEALTH, TELLER COUNTY .....................................(719) 687-6416
11115 W Hwy 24, #2C, Divide, CO 80814
www.co.teller.co.us/publichealth

PPACG AAA Senior Information & Assistance Center [719-471-2096] 47
ROCKY MOUNTAIN RURAL HEALTH ...........................................(719) 836-2169
600 Main St, Fairplay, CO  80440
Navigation services for the underinsured/uninsured. Coordinated Care for Medicaid in Park County.
www.rmrh.org

SET FAMILY MEDICAL CLINIC .......................................................(719) 776-8850
2864 S Circle Dr, #450 (80906)
Providing care to the uninsured, under-insured, homeless and those on Medicaid.
www.centura.org/locations/set-family-medical-clinic

DENTAL

COLORADO SPRINGS DENTAL SOCIETY ...........................................(719) 598-5161
1870 Dublin Blvd, #C (80918)
www.cs-ds.org

COLORADO MISSION OF MERCY ...................................................(720) 648-0919
Pueblo, CO
COMOM Dental Clinic, September 30 & October 1, 2022
www.comom.org

COMMUNITY DENTAL HEALTH
1436 N Hancock Ave (80903) .......................................................(719) 310-3315
2320 N Grand Ave, Pueblo, CO  81003 .................................(719) 542-5300
Ethical dental care (x-rays, exams, cleanings, fillings, extractions, and dentures/partials) for all ages who are low income/uninsured/under-insured, provided at low cost. Financial assistance may be available. Medicaid and other insurance accepted.
www.communitydentalhealth.org

DARRELL KNEUPPER, DDS .........................................................(719) 963-2737
On-site denture services to nursing and private home residents only.

DENTAL DISCOUNT PROGRAM ....................................................(877) 354-6226
Save 5% to 50% on dental care.
www.mycountycares.com

DENTAL HYGIENE CLINIC, PUEBLO COMMUNITY COLLEGE
...............................................................................................(719) 549-3286
Health Sciences Building 900 W Orman Ave, Pueblo, CO  81004
Preventative dental care at substantially reduced rates.
www.pueblocc.edu/Dental-Clinics
DIRECT DENTAL PLANS OF AMERICA.................................(800) 377-2924
..................................................................................................................(303) 457-9794
Dental, vision, prescription discount card.
http://directdentalalliance.com

MOUNTAIN DENTAL HYGIENE SERVICES.......................(303) 523-2851
Preventative dental services, cleaning, fluoride, and education. Serving Park and Teller Counties.

PALMER PARK DENTISTRY...........................................(719) 301-5300
3208 N Academy Blvd, #140 (80917)
Medicaid provider and private insurance.
https://palmerparkdentistry.com

PEAK VISTA COMMUNITY HEALTH CENTERS DENTAL......(719) 475-0783
2828 International Circle, #100 (80910)
Call for additional dental care locations.
www.peakvista.org

UNIVERSITY OF COLORADO SCHOOL OF DENTAL MEDICINE
..................................................................................................................(303) 724-6900
13065 E 17th Ave, Aurora, CO 80045
Low-cost dental treatments.
www.ucdenver.edu/academics/colleges/dentalmedicine

DISEASE-SPECIFIC ORGANIZATIONS

ALS ASSOCIATION, ROCKY MOUNTAIN CHAPTER ..........(866) 257-3211
10855 Dover St, #500, Westminster, CO 80021 ...............(303) 832-2322
http://webco.alsa.org

ALZHEIMER’S ASSOCIATION OF CENTRAL COLORADO ....(800) 272-3900
Provides educational programs, care consultations, Medic Alert & Safe Return program, support groups, 24/7 telephone HELPLINE, information, referral and support for caregivers.
www.alz.org/co

ALZHEIMER’S EDUCATION AND REFERRAL CENTER ........(800) 438-4380
www.nia.nih.gov/health/alzheimers

AMERICAN BRAIN TUMOR ASSOCIATION ......................(800) 886-2282
8550 W Bryn Mawr Ave, #550, Chicago, IL 60631
www.abta.org
AMERICAN CANCER SOCIETY.............................................(800) 227-2345
Cancer Answer Line
Advocacy, information and lodging resources.
www.cancer.org

AMERICAN DIABETES ASSOCIATION..................................(800) 342-2383
2451 Crystal Dr, #900, Alexandria, VA   22202
www.diabetes.org

AMERICAN HEART ASSOCIATION.....................................(719) 600-4840
Local events: The Heart Ball, Go Red for Women Luncheon and CycleNation.
https://www.heart.org/en/affiliates/colorado/colorado-springs

AMERICAN LUNG ASSOCIATION IN COLORADO................(303) 388-4327
5600 Greenwood Plaza Blvd, #100 Greenwood Village, CO   80111
www.lung.org

AMERICAN STROKE ASSOCIATION..................................(303) 801-4530
..................................................................................................
(800) 242-8721
www.heart.org/en/affiliates/colorado/colorado-springs

ANGEL NETWORK, PENROSE CANCER CENTER ...........(719) 776-5548
2222 N Nevada Ave (80907)
African-American Women Nurturing and Giving Each other Life network.
www.centura.org

ARTHRITE FOUNDATION..............................................(800) 283-7800
www.arthritis.org

BRAIN INJURY ALLIANCE OF COLORADO......................(800) 955-2443
1325 S Colorado Blvd, #B- 300, Denver, CO   80222........(303) 355-9969
Resource directory.
www.biacolorado.org

CEREBRAL PALSY ASSOCIATION OF COLORADO SPRINGS
..................................................................................................
(719) 638-0808
1322 N Academy Blvd, #115 (80909)
Assists individuals who live with cerebral palsy and related neuro-motor disorders.
www.cpappr.org

ELLA MAE BRANSOM SICKLE CELL ASSOCIATION ........(719) 602-1961
www.ellamae.org

LUPUS COLORADO.........................................................(303) 597-4050
7853 E Arapahoe Court, #3100 Centennial, CO   80112
www.lupuscolorado.org
MULTIPLE SCLEROSIS ALLIANCE OF SOUTHERN COLORADO  
(719) 633-4603  
7011 Campus Dr, #110 (80920)  
www.msasoco.org

MULTIPLE SCLEROSIS (MS) SOCIETY (800) 344-4867 (FIGHT-MS)  
900 S. Broadway, #200, Denver, CO 80209  
www.nationalmssociety.org

NATIONAL CANCER INSTITUTE INFO SERVICE (800) 422-6237 (4-CANCER)  
Smoking Quitline (877) 448-7848  
www.cancer.gov

PEARLS (Program to Encourage Active Rewarding Lives). (719) 459-2017  
A free program designed to teach new ways for a person to reduce their symptoms of depression, anxiety and sadness.  
https://pearlsprogram.net

ROCKY MOUNTAIN STROKE CENTER (303) 730-8800  
5666 S Bannock St, Littleton, CO 80120  
www.strokecolorado.org

THE MESOTHELIOMA CENTER (800) 615-2270  
1 S Orange Ave, #301, Orlando, FL 32801  
www.asbestos.com

TOURETTE SYNDROME ASSOCIATION (888) 486-8738  
www.tourette.org (720) 212-7535

FOOT CLINICS

COLORADO SPRINGS SENIOR CENTER FOOT CLINIC (719) 577-4448  
1514 N Hancock (80903) (719) 955-3400  
Services provided by the Visiting Nurse Association.  
www.ppymca.org/colorado-springs-senior-center/services

HAPPY FEET FOOT AND NAIL CARE (719) 330-8267  
Maggie Echols RN, Certified Foot Care Specialist. Provides service in clients' homes and Assisted Living Facilities.

INSTEP (719) 550-0766  
Foot-care service provided in the client’s home.
HEARING IMPAIRMENT

H.E.A.R.S .................................................................(719) 352-5124
2125 E La Salle St  (80909)
Hearing, education and assistance to low-income El Paso County residents by Rocky Mt. Sertomans.
https://hearscosp.weebly.com

HEARING LOSS ASSOCIATION OF AMERICA,
COLORADO SPRINGS CHAPTER ..........www.hlaacoloradosprings.org
www.hearinglosscolorado.org

HEARINGLIFE ...........................................................(719) 520-3311
1396 S 21st Street  (80904)
www.hearinglife.com

MIRACLE EAR ............................................................(719) 576-0059
4711 Opus Dr, #110  (80906)
www.miracle-ear-southcosprings.com

PEAK VISTA AUDIOLOGY SERVICES ................................(719) 344-7126
4863 N Nevada Ave  (80918)
www.peakvista.org/services/additional/audiology

THE INDEPENDENCE CENTER ..............................................(719) 471-8181
729 S Tejon St  (80903)
Peer support, resources, equipment, services for deaf/hard of hearing.
www.theindependencecenter.org

HOSPITALS/CLINICS

AGEWELL MEDICAL ASSOCIATES .................................(719) 475-5065
2350 International Cir  (80910)
www.agewellmedical.com

ASCENDING TO HEALTH RESPITE CARE .........................(719) 635-7639
723 N Weber St, #202  (80903)
A referral based organization that provides homeless individuals 18+, a safe place, a bed and supportive services to recuperate after a hospital stay.
www.ascendingtohealthrespitecare.org

CENTURA HEALTH URGENT CARE BROADMOOR ..........(719) 776-3330
1263 Lake Plaza Dr, #120  (80906)
www.centura.org
CENTURA HEALTH URGENT CARE FOUNTAIN ....................(719) 776-3737
7955 Fountain Mesa Rd, Fountain, CO 80817
www.centura.org

CENTURA HEALTH URGENT CARE TRI-LAKES ...................(719) 571-7070
17230 Jackson Creek Parkway, #120, Monument, CO 80132
www.centura.org

DEVELOPMENTAL DISABILITIES HEALTH CENTER ..........(719) 632-5700
3207 N Academy Blvd, #3300 (80909)
www.peakvista.org

DISPATCH HEALTH ............................................................(719) 270-0805
Mobile Urgent Care.
www.dispatchhealth.com

DREAM CENTERS .............................................................(719) 388-1594
4360 Montebello, #900 (80918)
Medical clinic for under insured and uninsured women.
www.dreamcenterscos.org

EASTERN PLAINS MEDICAL CLINIC .........................(719) 347-0100
560 Crystola St, Calhan, CO 80808
www.easternplainsmedicalclinic.com

EL PASO COUNTY PUBLIC HEALTH DEPARTMENT ..........(719) 578-3199
1675 W Garden of the Gods Rd, #2044 (80907)
Offers clinical and health services, disease education and prevention.
www.elpasocountyhealth.org

FRESENIUS KIDNEY CARE ..................................................(719) 227-7455
2508 Airport Rd (80910)
www.freseniuskidneycare.com

GRANDVIEW HOSPITAL (UC HEALTH) .......................(719) 272-3600
5623 Pulpit Peak View (80918)
www.uchealth.org

INNER CITY HEALTH CENTER .................................(303) 296-1767
3800 York St, Denver, CO 80205
Health and dental services for uninsured/underinsured Colorado residents.
www.innercityhealth.org

MEMORIAL HOSPITAL CENTRAL (UC HEALTH) ..........(719) 365-5000
1400 E Boulder St (80909)
www.uchealth.org
MEMORIAL HOSPITAL NORTH (UC HEALTH) ......................... (719) 365-5000
4050 Briargate Pkwy (80920)
www.uchealth.org

MISSION MEDICAL CLINIC ........................................... (719) 219-3402
2125 E La Salle St (80909)
Medical services to the uninsured and underinsured patients ages 19+.
www.missionmedicalclinic.org

NEURO LOGIC REHABILITATION AND WELLNESS ............. (719) 306-0009
Mobile physical therapy services for neurological conditions and mobile mental behavioral health.

OPEN BIBLE MEDICAL CLINIC + PHARMACY .................. (719) 475-0972
555 E Costilla St (80903)
Medical and pharmacy services for uninsured and underinsured.
www.openbiblemedical.org

PENROSE CANCER CENTER ........................................... (719) 776-5281
2222 N Nevada Ave (80907)
www.penrosecancercenter.org

PENROSE-ST FRANCIS HEALTH SERVICES ....................... (719) 776-5000
2222 N Nevada Ave (80907)
www.centura.org

PENROSE-ST FRANCIS PRIMARY CARE CRIPPLE CREEK ....... (719) 776-4310
412 North C St, Cripple Creek, CO 80813
Outpatient medical clinic.
www.centura.org

PENROSE-ST FRANCIS URGENT CARE ............................ (719) 776-3216
3027 N Circle Dr (80909)
www.penrosestfrancis.org

PIKES PEAK REGIONAL HOSPITAL (UC HEALTH) ............. (719) 374-6060
16420 W Hwy 24, Woodland Park, CO 80863
www.pikespeakregionalhospital.com

PLANNED PARENTHOOD OF THE ROCKY MOUNTAINS ... (800) 230-7526
3480 Centennial Blvd (80907) ........................................ (719) 475-7162
www.plannedparenthood.org/planned-parenthood-rocky-mountains

ROCKY MOUNTAIN CANCER CENTERS .......................... (888) 259-7622
2312 N Nevada Ave (80907) ................................. (719) 577-2555
www.rockymountaincancercenters.com
ST FRANCIS MEDICAL CENTER ...................................(719) 571-1000
6001 E Woodman Rd  (80923)
www.centura.org

UC HEALTH FAMILY MEDICINE AT WOODLAND PARK ..... (719) 686-0878
16222  W HWY 24, #200, Woodland Park, CO  80863
Outpatient medical clinic.
https://www.uchealth.org/

UCCS HEALTHCIRCLE PRIMARY CARE CLINIC .................... (719) 255-8001
4863 N Nevada Ave, #250  (80918) ..........Nutrition Clinic (719) 255-7524
Offering full range of personal healthcare services including nutrition
assessment and counseling.
www.uccs.edu/healthcircle/primary-care-clinic
www.uccs.edu/healthcircle/index.php/peak-nutrition-clinic

VISITING MEDICAL CLINIC ...................................................(719) 428-3911
Care in your home, assisted living facility or retirement community.
www.visitingmedicalclinic.com

MEDICAL EQUIPMENT/SUPPLIES

ACCESSIBLE SYSTEMS ....................................................(719) 203-2644
4472 Barned Rd  (80907)
www.accessiblemed.com

AEROCARE ...........................................................................(719) 475-1236
5620 N Union Blvd  (80918)
www.majormedicalsupply.com

AFFORDABLE MEDICAL SUPPLY ........................................(719) 632-4036
1833 N Circle Drive  (80909)
www.affordablemedmart.com

AMERICAN MEDICAL ALERT ...........................................(866) 686-7504
Medical alarm and medication management tools.
www.connectamerica.com

ASCENT MOBILITY ................................................................(719) 247-1499
Specializes in stair lifts, wheelchairs lifts, elevators and other accessibil-
ity equipment including ramps, vehicle lifts and walk-in tubs.
www.ascentmobility.com

GO MOBILITY ......................................................................(719) 494-0443
Wheelchairs, Mobility Scooters, Lift Chairs. Sales and Service.

HANGER PROSTHETICS .....................................................(719) 632-5075
175 S Union Blvd, #320  (80910)
www.hangerclinic.com
HORIZON PROSTHETICS ................................................................. (719) 266-0949
1110 #E Elkton Dr (80918)
www.horizonprosthetics.com

INDEPENDENT HOME LIVING .................................................. (719) 660-2401
Home medical equipment.
www.independenthomelivingsolutions.com

LINCARE ....................................................................................... (719) 473-1880
4040 E Bijou St, #150 (80909)
Oxygen, hospital beds, wheelchairs, walkers.
www.lincare.com

MISSION MEDICAL CLINIC ....................................................... (719) 219-3402
2125 E La Salle St (80909)
Durable medical equipment.
www.missionmedicalclinic.org

MORNING STAR ELEVATOR ....................................................... (719) 635-7960
11641 Ridgeline Dr, #100 (80921)
www.coloradohomeelevator.com

NEPENTHE HOME MEDICAL EQUIPMENT ............................... (888) 773-0202
1969 W Uintah St (80904) ............................................................ (719) 633-4400
Oxygen, hospital beds, wheelchairs and more.
www.nepenthemed.com

NUMOTION ...................................................................................... (719) 520-5577
4260 Buckingham Dr, #120 (80907)
Wheelchairs (electric/manual), seating, service and repair.
www.numotion.com

SILVER KEY FRIENDS THRIFT STORE .................................... (719) 884-2366
1605 S Murray Blvd (80916)
Home Medical Equipment department features used mobility aids.
Donations accepted. Open to all ages.
www.silverkey.org

STOREHOUSE AT WOODLAND PARK COMMUNITY CHURCH
.............................................................................................. (719) 229-4512
700 Valley View Dr, #D, Woodland Park, CO 80863
Medical equipment loan closet.
www.woodlandparkcommunitychurch.com

YOU CAN TOO CAN ....................................................................... (719) 630-2156
Durable medical equipment.
PRESCRIPTION ASSISTANCE

Seniors and people with disabilities who are currently enrolled in Medicare and who have limited incomes may qualify for assistance with their prescription costs. Apply for the low-income subsidy or “Extra Help” by calling Social Security at (800) 772-1213, applying online at www.ssa.gov or calling your local SHIP office at (888) 696-7213.

BENEFITS CHECKUP ........................................... www.benefitscheckup.org
Identifying federal, state and local financial assistance and prescription benefit programs for 55+.

CAREMARK PRESCRIPTION DISCOUNT PROGRAM ...........(877) 321-2652
Free program for a prescription discount card.
www.caremark.com/nlc

DIRECT DENTAL PLANS OF AMERICA ........................................(800) 377-2924
Dental, vision, prescription discount card. .........................(303) 547-9794
http://directdentalalliance.com

OPEN BIBLE MEDICAL CLINIC + PHARMACY ......................(719) 475-0972
555 E Costilla (80903)
https://openbiblecares.org/

REHABILITATIVE SERVICES

Rehabilitative services can assist in recovering from an illness or injury. Services are given by physical, occupational, and speech therapists. Services can be offered in a home or community setting through a home care agency, in an outpatient rehabilitation center, or in a skilled nursing facility.

ABLE CARE MOBILE THERAPY..............................................(719) 629-6796
We make house calls.
www.ablecaretherapy.com

BALANCE POINT VESTIBULAR REHABILITATION ...................(719) 667-0666
7606 N Union Blvd, #140 (80920)
www.balancepointrehab.com/BPVR/Welcome.html

COLORADO SPORTS AND SPINE .............................................(719) 776-4888
3010 N Circle Dr (80909)

EDGE PHYSICAL THERAPY ...................................................(719) 599-5330
1412 N Hancock (80903)
Physical rehabilitation and therapy.
Locations in Monument and Cripple Creek.
www.myedgephysicaltherapy.com
ENCOMPASS HEALTH REHABILITATION HOSPITAL ..........(719) 630-8000
325 Parkside Dr   (80910)
Inpatient acute physical rehabilitation.
http://encompasshealth.com

HOMEFIT THERAPY ..........................................................(719) 301-7607
Mobile Therapy practice focusing on home safety and senior wellness.
www.homefittherapy.com

PENROSE-ST FRANCIS REHABILITATION SERVICES .......(719) 776-5000
2222 N Nevada Ave   (80907)...............................(719) 776-5200
Rehabilitation services.
www.centura.org/care-and-health/rehabilitation

QUALITY REHAB PHYSICAL THERAPY ......................(719) 550-4613
3604 Galley Road, # 200   (80909)
Accepts Medicare, Medicaid, VA.
https://www.qualityrehabphysicaltherapy.com/

UCHEALTH OUTPATIENT PHYSICAL THERAPY AND REHABILITATION
Committed to providing the highest-quality rehabilitative care in the
southern Colorado region.
www.uchealth.org
UCHealth Outpatient Physical Therapy and Rehabilitation at Printers
Park Medical Plaza
175 S Union Blvd, # 245,   (80910)............................. (719) 365 -5642

UCHealth Outpatient Physical Therapy and Rehabilitation at Powers
2999 New Center Point,   (80922)...............................(719) 365 -5842

UCHealth Outpatient Physical Therapy and Rehabilitation at Grand View
5818 N Nevada Ave, # 325   (80918)..............................719) 365-6871

UCHealth Outpatient Physical Therapy and Rehabilitation at Scarborough
8540 Scarborough Dr, # 190   (80918)...............(719)365-5742

UCHealth Outpatient Physical Therapy and Rehabilitation at Woodmen
4150 E. Woodmen D., #200 (80918) ......................(719) 365-2821

UCHealth Outpatient Physical Therapy and Rehabilitation at Monument
15854 Jackson Creek Parkway, # 120,  Monument, CO 80132
..........................................................(719) 364-9940

UCHealth Outpatient Physical Therapy and Rehabilitation at Woodland
Park
16422 W US-24 Woodland Park, CO 80863 .................(719) 374-6172
VISUAL IMPAIRMENTS

EYE CARE AMERICA, SENIORS EYECARE PROGRAM ..........(877) 887-6327
www.eyecareamerica.org

ISIGHT CONNECTIONS ...........................................(719) 229-8000
Vision rehabilitation therapy, assistive technology, orientation, and mobility instruction.
www.isightconnections.org

LOW VISION SERVICES OF SOUTHERN COLORADO ..........(719) 471-3200
5614 N Union Blvd (80918)
www.lowvisionsoco.com

MAGNISIGHT OF THE ROCKIES ......................................(719) 247-7167
Electronic magnification and speech reading systems for people with low vision or blindness.
(800) 753-4767

NEW VISION PROFESSIONAL SERVICES ......................(719) 634-1851
Low vision education.
www.newvision4you.com

THE INDEPENDENCE CENTER ......................................(719) 471-8181
729 S Tejon St (80903)
Peer support, resources, equipment, services for low vision/blindness.
www.theindependencecenter.org

WELLNESS

FOUNTAIN VALLEY SENIOR CENTER ...........................(719) 600-2644
5745 Southmoor Dr, Fountain, CO 80817
Exercise classes, Tai Chi, Chi Kung, health screening services and more.
www.fvscenter.org

HEALTH LEARNING CENTER ......................................(719) 776-3600
3027 N Circle Dr (80909)
Anticoagulation Clinic, Diabetes Care Clinic and medical nutrition therapy.
www.penrofestfrancis.org

LIFE CHANGING FITNESS .........................................(719) 213-9057
In-home senior fitness specialist and personal trainer.
www.lifechanging-fitness.com

MOVING FOR BETTER BALANCE AT THE YMCA ..........(719) 329-7233
Fall prevention classes.
www.ppymca.org
PEARLS (Program to Encourage Active Rewarding Lives). (719) 459-2017
A free program designed to teach new ways for a person to reduce their symptoms of depression, anxiety and sadness.
https://pearlsprogram.net

ROCKY MOUNTAIN MS CENTER ............................................
8845 Wagner St, Westminster, CO  80031
www.mscenter.org

SILVER KEY SENIOR SERVICES ............................................. (719) 884-2300
1625 S Murray Blvd (80916)
Programs support health and wellbeing; recreational, creative, cultural, and inspirational activities; and lifelong learning.
www.silverkey.org

SILVER SNEAKERS FITNESS PROGRAM ...................................
(866) 584-7389
Call for participating locations.
www.silversneakers.com

STEPPING ON AT MEMORIAL HOSPITAL ........ (719) 444-2273 (CARE) x3
Fall prevention workshop.
https://uchealth.org/events

UCCS HEALTHCIRCLE CENTER FOR ACTIVE LIVING .......... (719) 255-8067
4863 N Nevada Ave, #128  (80918)
www.uccs.edu/healthcircle/center-for-active-living

YMCA ACTIVE OLDER ADULT PROGRAMS .......................
(719) 593-9622
2380 Montebello Dr W  (80918)
www.ppymca.org
Also see tables listing housing facilities; Senior Apartments, page 117; Retirement Communities, page 123; Assisted Living Residences, page 128; and Nursing Homes, page 140.

**HOME MODIFICATION/ACCESSIBILITY**

**Handyman services** for basic/small home repairs can include painting, installing a grab bar or widening a doorway.

**Home modification** usually involves a larger project such as remodeling a bathroom to make it handicapped accessible or installing an elevator or stair lift in a home.

**ACCESS TO FREEDOM** .................................................................(719) 260-7687
PO Box 63507 (80962)
Wheelchair ramps; stair, porch, and bath lifts; grab bars; roll-in showers; walk-in tubs. Senior discount.
www.accesstofreedom.com

**AMADA SENIOR CARE** ...............................................................(719) 374-0216
Small interior and exterior jobs.
https://www.amadaseniorcare.com/colorado-springs-senior-care/

**BROTHERS REDEVELOPMENT** ....................................................(719) 666-7181
2762 Janitell Rd (80906) .................................................(844) 926-6632
Home modification and repair program.
www.brothersredevelopment.org

**EL PASO COUNTY ROOFING CONTRACTORS ASSOCIATION**
...............................................................................................(719) 641-2159
Assistance for low income seniors whose home is in need of roof repair or replacement.
http://epcrca.org

**ENERGY RESOURCE CENTER** ....................................................(719) 591-0772
540 E Cimarron St (80903)
Home-weatherization service, including insulation and safety checks on furnaces and hot-water heaters.
www.erc-co.org

**HANDY ANDY’S HOME REPAIR & LANDSCAPING**.............(719) 310-5414

**INDEPENDENT HOME LIVING** ....................................................(719) 660-2401
www.independenthomelivingsolutions.com
MORE THAN A HANDYMAN .................................................................(719) 338-4279
Home maintenance and repairs, yardwork. Senior discount for 62+.

MORNING STAR ELEVATOR ..........................................................(719) 635-7960
11641 Ridgeline Dr, #100   (80921)
https://coloradohomeelevator.com

MOUNTAIN COMMUNITY SENIOR SERVICES .....................(719) 488-0076
PO Box 502, Palmer Lake, CO   80133
www.coloradoseniorhelp.com

NEXT DAY ACCESS COLORADO ..................................................(719) 249-4816
4756 N Chestnut St   (80907)
Grab bars, tub steps, residential ramps, stair, porch and patient lifts, spa/hot tub lifts, bath lifts and safety products. By appointment only.
www.nextdayaccess.com/colorado-springs-co

NUMBER 1 SON ............................................................................(719) 203-6603
www.number-1-son.com .................................................................(719) 582-8321

REBUILDING TOGETHER COLORADO SPRINGS ................(303) 519-0056
PO BOX 63581   (80962)
Free home repairs, painting, wheelchair ramps, and grab bars for low income home owners.

THE INDEPENDENCE CENTER .....................................................(719) 471-8181
729 S Tejon St   (80903)
Assistive technology and home modifications to support independent living.
www.theindependencecenter.org

TELLER SENIOR COALITION ....................................................(719) 687-3330
11115 W Hwy 24, Divide, CO   80814
Safety related items such as grab bars and railings.
https://tellerseniorcoalition.org/

WEATHERIZATION PROGRAM-NWCO COUNCIL OF GOVTS
.................................................................................................(800) 332-3669
PO Box 2308, Silverthorne, CO   80498
Assistance for Park County. Free for low/moderate income.
www.nwccog.org/programs/weatherization
HOUSING ORGANIZATIONS

Housing organizations that assist low-income residents typically have waiting lists.

ASCENDING TO HEALTH RESpite CARE ....................................(719) 633-2800
723 N Weber St, #202  (80903)..............................................(719) 635-7639
A referral based organization that provides homeless individuals 18+ a safe place, a bed and supportive services to recuperate after a hospital stay. Assistance with housing for homeless individuals with chronic health issues.
www.athrc.org

BROTHERS REDEVELOPMENT .............................................(844) 926-6632
2762 Janitell Rd  (80906)............................................. (719) 888-9134
Home modification/repair/painting, fair housing information, housing search assistance and consumer counseling.
www.brothersredevelopment.org

COLORADO FORECLOSURE HOTLINE .................................(877) 601-4673 (HOPE)
Counseling service for basic mortgage and financial information.

GRECCIO HOUSING.............................................................(719) 475-1422
1015 E Pikes Peak Ave, #110  (80903)
Affordable housing options for low-income individuals and families, and some limited supportive resources available to residents.
www.greccio.org

HOMEWARD PIKES PEAK ...................................................(719) 473-5557
2010 E Bijou St  (80909)
Supportive services for people who suffer from substance abuse, mental illness, and chronic homelessness. Eligibility requirements to include completion of the Housing Survey to determine risk and prioritization.
www.homewardpp.org/housing-first

HOUSING AUTHORITY OF FOUNTAIN ...................................(719) 382-5639
501 E Iowa Ave, Fountain, CO  80817

HOUSING AUTHORITY, CITY OF COLORADO SPRINGS...........(719) 387-6700
831 S Nevada Ave  (80903).................................................. TTY (800) 659-3656
www.csha.us

INTERFAITH HOSPITALITY NETWORK.................................(719) 329-1244
1647 S Nevada Ave  (80905)............................................(719) 538-6220
Housing in churches and self-sufficiency services for homeless families with children.
www.ihn-cos.org/interfaith-hospitality-network
PARTNERS IN HOUSING ..............................................................(719) 473-8890
Transitional housing for households with children; with employment
and supportive service requirements.
www.partnersinhousing.org

ROCKY MOUNTAIN COMMUNITY LAND TRUST.............(719) 447-9300 x5
1212 W Colorado Ave  (80903)
Affordable housing for low-income families/single older adults.
www.rmclt.org

SALVATION ARMY RJ MONTGOMERY CENTER.............(719) 578-9190
709 S Sierra Madre  (80903)
Provides shelter and meals to homeless men, women and children
along with case management services.
www.tsacs.org

SALVATION ARMY TRANSITIONAL HOUSING ............(719) 635-1287
922 Yuma St  (80909)
Program for homeless with focus on single males and females and
families with children under age 18.
www.tsacs.org

SECTION 8 HOUSING, UAA COUNCIL OF GOVERNMENTS

..............................................................................................(719) 269-7687
3224-A Independence Rd, Canon City, CO  81212 ..........(719) 275-4191
Subsidized Section 8 housing voucher program, serves Teller County.
www.uaacog.com

SILVER KEY SENIOR ASSISTANCE.................................(719) 884-2300
1625 S Murray Blvd  (80916)
Housing Navigation - primarily works with at-risk seniors. Internal refer-
rals are made through case management.
www.silverkey.org

SPRINGS RESCUE MISSION..............................................(719) 884-2758
5 W Las Vegas St  (80903)..............................................(719) 314-2398
Year round nightly shelter.
www.springsrescuemission.org

SUMMIT COMBINED HOUSING AUTHORITY ..............(970) 668-4172
110 Ski Hill Rd, Breckenridge, CO  80424
Subsidized Section 8 housing voucher program serving Park County.
www.summithousing.us
SUNSHINE HOME SHARE COLORADO.................................(719) 744-3911
A nonprofit organization helping older adults utilize the extra space in
their home as a way to generate income, receive assistance with basic
household chores, decrease isolation while also providing housing to
someone needing an affordable place to live and help with support.
www.sunshinehomeshare.org

INFORMATION & ASSISTANCE

AARP-COLORADO ...........................................................(866) 554-5376
303 E 17th Ave, #510, Denver, CO   80203
Provides services, benefits and special products to the 50+ members.
www.aarp.org/co

AARP NATIONAL ..........................................................(888) 687-2277
601 E St NW, Washington, DC   20049
AARP advocates on a national level for the benefit of older adults age
50+.
www.aarp.org

AGE FRIENDLY PIKES PEAK ............www.agefriendlypikespeak.org
Features resources for support from arts to health to volunteering and
much more.

ASPEN MINE CENTER .....................................................(719) 689-3584
166 E Bennett Ave, Cripple Creek, CO   80813
www.aspenminecenter.org

BROTHERS REDEVELOPMENT'S COLORADO HOUSING CONNECTS
HELPLINE ..................................................................(844) 926-6632
2762 Janitell Rd   (80906)
Information on housing-related issues, aging in place, renters' rights
and fair housing laws.
www.brothersredevelopment.org

COMMUNITY OUTREACH CENTER .......................(719) 347-7638
328 10th St, Calhan, CO   80808
For rural communities east of Colorado Springs.
www.coccenter.org

ELDERCARE LOCATOR ......................................................(800) 677-1116
Free service that provides access to older adult services in the US.
https://eldercare.acl.gov
SENIOR INFORMATION & ASSISTANCE, PPACG AAA ..........(719) 471-2096
14 S Chestnut St (80905)
Information, referral and direct services for older adults and their caregivers.
www.ppacg.org/aging/caregiver

SENIOR RESOURCE COUNCIL (SRC) ..........................(719) 260-0744
2210 East La Salle St (80909)
Information source for services and special events for seniors.
www.srccos.org

Pikes Peak Area Agency on Aging

YOUR FIRST CALL FOR SENIOR SERVICES

Services
Senior Information and Assistance
Family Caregiver Support Center
Ombudsman Program
Senior Insurance Assistance

For information and assistance
719-471-2096

Check out the Seniors Blue Book!
Filled with great articles and resources as well as current activities happening locally. Also read it online at SeniorsBlueBook.com.

Pick one up at the Area Agency on Aging or call 800.201.9989.
For more information or to advertise contact Lucy Crandall, Associate Publisher, Colorado
719.641.6850
lucy@seniorsbluebook.com

Senior Information & Assistance Center
PPACG AAA
14 S Chestnut St (80905)
Information, referral and direct services for older adults and their caregivers.
www.ppacg.org/aging/caregiver

Family Caregiver Support Center
Ombudsman Program
Senior Insurance Assistance
SENIORS BLUE BOOK.................................................................(800) 201-9989
PO Box 9364, Salt Lake City, UT   84109
Senior resource guide.
www.seniorsbluebook.com

SENIORS' RESOURCE CENTER (THE YELLOW HOUSE)........(303) 674-2843
5120 Hwy 73, Evergreen, CO   80439
www.srcaging.org/src-evergreen

SENIORS' RESOURCE GUIDE..............www.seniorsresourceguide.com
PO Box 237, Littleton, CO   80160
On-line senior resource and service directory.

SILVER KEY SENIOR ASSISTANCE.................................(719) 884-2300
1625 S Murray Blvd. (80916)
Provides information, resources and referrals to Silver Key programs.
www.silverkey.org

TELLER SENIOR COALITION .............................................(719) 687-3330
11115 W Hwy 24, #2D, Divide, CO   80814
www.tellerseniorcoalition.org

THE INDEPENDENCE CENTER ..............................................(719) 471-8181
729 S Tejon St   (80903)
Information, resources and referrals for internal support programs and
other community agencies.
www.theindependencecenter.org

TRI-LAKES CARES ..............................................................(719) 481-4864
235 N Jefferson, Monument, CO   80132
Provides information, resources and referrals.
www.tri-lakescares.org

USAGOV (FORMERLY FEDERAL CITIZEN INFORMATION CENTER)
Government benefits, programs and services.............(844) 872-4681
www.usa.org/explore
For free, one-on-one information and counseling about Medicare and all coverage options, contact the State Health Insurance Counseling Program (SHIP) office at (888) 696-7213. For SHIP assistance in El Paso, Park and Teller counties, call (719) 635-4891.

**AREA AGENCY ON AGING SENIOR INSURANCE ASSISTANCE**

<table>
<thead>
<tr>
<th>Area Agency on Aging</th>
<th>Contact Information</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(719) 635-4891</td>
<td>Medicare insurance counseling: Part A, B, D and more. Nine-county service area to include El Paso, Park and Teller.</td>
</tr>
<tr>
<td></td>
<td>14 S Chestnut St (80905)</td>
<td><a href="http://www.ppacg.org/aging">www.ppacg.org/aging</a></td>
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</table>

**COLORADO DIVISION OF INSURANCE**

<table>
<thead>
<tr>
<th>Contact Information</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>(800) 930-3745</td>
<td>Regulates the insurance industry and assists consumers with insurance issues.</td>
</tr>
<tr>
<td>1560 Broadway #850, Denver, CO 80202</td>
<td><a href="https://doi.colorado.gov">https://doi.colorado.gov</a></td>
</tr>
</tbody>
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**HEALTH CARE REFORM**

<table>
<thead>
<tr>
<th>Contact Information</th>
<th>Services</th>
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</thead>
<tbody>
<tr>
<td>200 Independence Ave SW, Washington, DC 20201</td>
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</table>

**KEPRO**

<table>
<thead>
<tr>
<th>Contact Information</th>
<th>Services</th>
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<tbody>
<tr>
<td>(844) 430-9504</td>
<td>A Medicare Quality Improvement Organization that assist people with Medicare with hospital discharge appeals and service terminations, quality of care concerns, immediate advocacy and patient navigation. KEPRO’s services are free for Medicare beneficiaries.</td>
</tr>
<tr>
<td>5700 Lombardo Center Dr, #100, Seven Hills, OH 44131</td>
<td><a href="http://www.keproqio.com">www.keproqio.com</a></td>
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**CIVIL SERVICE PENSIONS**

**NATIONAL ACTIVE & RETIRED FEDERAL EMPLOYEES**

<table>
<thead>
<tr>
<th>Contact Information</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>(800) 456-8410</td>
<td>Manages pension benefits for retired federal employees.</td>
</tr>
<tr>
<td><a href="http://www.narfe.org">www.narfe.org</a></td>
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**OFFICE OF PERSONNEL MANAGEMENT (OPM)**

<table>
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<tr>
<th>Contact Information</th>
<th>Services</th>
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</thead>
<tbody>
<tr>
<td>(888) 767-6738</td>
<td>Manages pension benefits for retired federal employees.</td>
</tr>
<tr>
<td>1900 E St, NW, Washington, DC 20415</td>
<td><a href="http://www.opm.gov">www.opm.gov</a></td>
</tr>
</tbody>
</table>

**PERA (PUBLIC EMPLOYEES RETIREMENT ASS’N)**

<table>
<thead>
<tr>
<th>Contact Information</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>(800) 759-7372</td>
<td>Manages pension benefits for retired federal employees.</td>
</tr>
<tr>
<td>1301 Pennsylvanina St, Denver, CO 80203</td>
<td><a href="http://www.copera.org">www.copera.org</a></td>
</tr>
</tbody>
</table>
MEDICARE/MEDICAID

Medicare provides hospital (Part A), outpatient medical services (Part B) and prescription coverage (Part D). Additional options are available to complement those benefits. The Medicare website (www.medicare.gov) provides information and allows you set up a personal account.

Medicaid is a state-administered program for people with low and limited incomes. Medicaid can provide a range of assistance that can include: cash benefits, food assistance (SNAP), medical and dental coverage, and long-term-care cost assistance. Every program has different eligibility requirements. Contact your local Department of Human Services for more information or to apply for benefits.

Social Security Administration (SSA) administers Social Security, an insurance program providing retirement, disability, and survivors’ income benefit. Social Security is responsible for determining eligibility for Medicare benefits. The Social Security website (www.ssa.gov) now allows you to set up your own account, apply for benefits or request information online.

COLORADO LONG-TERM CARE PARTNERSHIP ..............(303) 894-7495
Long-term-care partnership insurance allows more assets to be protected if state Medicaid program is applied for to pay for long-term care.
www.colorado.gov/pacific/ltcpartnership

DEPARTMENT OF HUMAN SERVICES, EL PASO COUNTY ..(719) 636-0000
1675 W Garden of the Gods Rd  (80907)
http://dhs.elpasoco.com

DEPARTMENT OF HUMAN SERVICES, PARK COUNTY ....(303) 816-5939
59865 Hwy 285, Bailey, CO  80421...............................(719) 836-4139
http://parkco.us/82/Human-Services

DEPARTMENT OF HUMAN SERVICES, TELLER COUNTY ....(719) 687-3335
800 Research Dr, #100, Woodland Park, CO  80863
www.co.teller.co.us/DSS

MEDICARE............................................................................(800) 633-4227
http://medicare.gov
### LAW ENFORCEMENT/FIRST RESPONDERS

<table>
<thead>
<tr>
<th>Agency</th>
<th>Phone</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ROCKY MOUNTAIN RURAL HEALTH</strong></td>
<td>(719) 836-2169</td>
<td>600 Main St, Fairplay, CO 80440</td>
<td><a href="http://www.rmrh.org">www.rmrh.org</a></td>
</tr>
<tr>
<td><strong>SOCIAL SECURITY ADMINISTRATION</strong></td>
<td>(888) 880-0688 (800) 772-1213</td>
<td>2306 E. Pikes Peak Ave (80909)</td>
<td><a href="http://www.ssa.gov">www.ssa.gov</a></td>
</tr>
<tr>
<td><strong>SOCIAL SECURITY ADMINISTRATION</strong></td>
<td>(866) 272-5728 (800) 772-1213</td>
<td>115 N 10th St, Canon City, CO 81212</td>
<td>Serves Park County. <a href="http://www.ssa.gov">www.ssa.gov</a></td>
</tr>
<tr>
<td><strong>AMERICAN MEDICAL RESPONSE</strong></td>
<td>(719) 636-2333 (719) 597-1277</td>
<td>2370 N Powers Blvd (80915)</td>
<td><a href="http://www.amr.net/home/cos">www.amr.net/home/cos</a></td>
</tr>
<tr>
<td><strong>COLORADO SPRINGS FIRE DEPARTMENT</strong></td>
<td>(719) 385-5950</td>
<td>375 Printers Pkwy (80910)</td>
<td><a href="http://csfd.coloradosprings.gov">http://csfd.coloradosprings.gov</a></td>
</tr>
<tr>
<td><strong>COLORADO SPRINGS POLICE DEPARTMENT</strong></td>
<td>(719) 444-7000</td>
<td>705 S Nevada Ave (80903)</td>
<td><a href="https://cspd.coloradosprings.gov">https://cspd.coloradosprings.gov</a></td>
</tr>
<tr>
<td><strong>CODE ENFORCEMENT</strong></td>
<td>(719) 444-7891</td>
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<tr>
<td><strong>NEIGHBORHOOD WATCH PROGRAM</strong></td>
<td>(719) 444-7276</td>
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<tr>
<td><strong>EMERGENCY</strong></td>
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<td>9-1-1</td>
</tr>
<tr>
<td><strong>CRIPPLE CREEK POLICE DEPARTMENT</strong></td>
<td>(719) 689-2655</td>
<td>101 E Bennett Ave, Cripple Creek, CO 80813</td>
<td><a href="http://www.cityofcripplecreek.com">www.cityofcripplecreek.com</a></td>
</tr>
<tr>
<td><strong>FOUR MILE EMERGENCY SERVICES</strong></td>
<td>(719) 689-3417</td>
<td>8437 Teller Rd, Florissant, CO 80816</td>
<td><a href="http://www.4milefire.com">www.4milefire.com</a></td>
</tr>
<tr>
<td><strong>SHERIFF’S OFFICE, EL PASO COUNTY</strong></td>
<td>(719) 520-7100 (719) 390-5555</td>
<td>27 E Vermijo Ave (80903)</td>
<td><a href="http://www.epcsheriffsoffice.com">www.epcsheriffsoffice.com</a></td>
</tr>
<tr>
<td><strong>SHERIFF’S OFFICE, PARK COUNTY</strong></td>
<td>(719) 836-2494 (719) 836-4122</td>
<td>1180 Park County Rd 16, Fairplay, CO 80440</td>
<td><a href="http://www.parkco.us/88/Sheriffs-Office">www.parkco.us/88/Sheriffs-Office</a></td>
</tr>
</tbody>
</table>
LEGAL SERVICES

Legal services is a broad term that can include many types of services; however, for the purposes of this directory, the services or agencies you will find listed here include:

County and state court offices, referral, mediation and information services, resources, free or low-cost advice or services, advocacy and representation for legal questions, or issues primarily regarding older adults.

This publication does not provide information on private businesses or groups of attorneys. For a complete list of elder law attorneys, contact the El Paso County Bar Association or consult the yellow pages of your phone book.

ABC LEGAL DOCS .................................................................(719) 591-0433
4164 Austin Bluffs Pkwy, #101 (80918) Mailing address only. Mobile notary service and do-it-yourself legal forms. www.abclegaldocs.com

AMERICAN CIVIL LIBERTIES UNION (ACLU) CO..............(303) 777-5482
303 E 17th Ave, # 350, Denver, CO 80203 www.aclu-co.org

CLERK /RECORDER, EL PASO COUNTY .......................(719) 520-6202
CLERK/RECORDER, PARK COUNTY
856 Castello, Fairplay, CO  80440 .............................  (719) 836-4333
59865 Highway 285, Bailey, CO  80421 .................... Bailey (303) 816-5920
www.parkco.us/72/Clerk-Recorder

CLERK/RECORDER, TELLER COUNTY .......................(719) 689-2951
101 W Bennett Ave, Cripple Creek, CO  80813
www.co.teller.co.us/cr/default.aspx

COLORADO ADVANCE DIRECTIVES CONSORTIUM
.................................................. www.coloradoadvancedirectives.com
Download forms to document health care decisions/treatment preferences.
www.coloradoadvancedirectives.com

COLORADO CIVIL RIGHTS DIVISION ...............................(800) 262-4845
1560 Broadway, #825, Denver, CO  80202 .....................(303) 894-2997
https://ccrd.colorado.gov

COLORADO LEGAL SERVICES .................................(800) 395-2465
617 S Nevada Ave  (80903) ..................................... (719) 471-0380
Free civil legal services to older adults 60+.
www.coloradolegalservices.org

COMBINED COURT, EL PASO COUNTY .....................(719) 452-5000
270 S Tejon St  (80903)
Civil, domestic, probate, criminal, traffic, juvenile and small claims
matters.
www.elpasocountycourts.com

DISABILITY LAW COLORADO ............................(800) 288-1376
455 Sherman St, #130, Denver, CO  80203 .......................(303) 722-0300
Protects the rights of people with disabilities and older adults.
www.disabilitylawco.org

DISTRICT ATTORNEY, EL PASO COUNTY ...............(719) 520-6000
105 E Vermijo Ave  (80903)
www.4thjudicialda.com

DISTRICT ATTORNEY, PARK COUNTY .........................(719) 836-2080
310 Fourth St, Fairplay, CO  80440
https://courts.state.co.us/courts/county

DISTRICT ATTORNEY, TELLER COUNTY ............(719) 520-7168
112 North A St, Cripple Creek, CO  80813
www.4thjudicialda.com/index.html
ECONOMIC CRIME DIVISION, EL PASO COUNTY ...............(719) 520-6000
105 E Vermijo Ave  (80903)
Investigates and prosecutes economic, business and consumer crime.
Bad Check Restitution Program.
www.4thjudicialda.com

11TH JUDICIAL DISTRICT, PARK COUNTY ......................(719) 836-2080
Self-represented litigant coordinator.
https://courts.state.co.us/courts/district/

LEGAL PUBLIC SERVICES (IN EL PASO COUNTY)
Public Service Programs/Resources:
Ask-a-Lawyer/ Call-a-Lawyer ....................................(719) 471-0380
Find a Lawyer (Lawyer Referral Service) ......................(719) 636-1532
www.elpasocountybar.org
Pikes Peak Justice & Pro Bono Project/ Modest Means ....(719) 473-6212
www.justicecentercos.org

NAACP ..............................................................................(877) 622-2798
www.naacp.org

NEIGHBORHOOD JUSTICE CENTER .................................(719) 520-6000
105 E Vermijo Ave, #230  (80903)
Free mediation service for neighborhood and co-worker disputes.
https://www.4thjudicialda.com/NeighborhoodJustice.html

PHOENIX STRATEGIES MEDIATION/CONFLICT SERVICE... (719) 266-8181
3730 Sinton Rd, #105  (80907)
Conflict resolution services related to senior life transitions.
www.phoenixstrategiescolorado.com

SENIOR LAW HANDBOOK, COLORADO BAR ASSOCIATION
.........................................................................................(303) 860-0608
1290 Broadway #1700, Denver, CO  80203
Downloadable handbook.
https://seniorlawhandbook.org

VICTIM COMPENSATION PROGRAM, 4TH JUDICIAL DISTRICT
.........................................................................................(719) 520-6036
105 E Vermijo Ave, #111  (80903)
www.4thjudicialda.com/VictimCompensation.html
MILITARY SERVICES

Information and resources for families, relocation, separation, retirement, financial, veteran's benefits and benefit assistance, and hospital and medical clinics.

HOME FRONT MILITARY NETWORK ..............................................(719) 577-7417
Online information and resource directory for service members, veterans & their families.
https://pikespeak.co.networkofcare.org/veterans/

ACTIVE DUTY

AIR FORCE ACADEMY CLINIC .................................................................(719) 333-5111
4102 Pinon Dr, #100, US Air Force Academy, CO  80840 ..(719) 333-5043
www.air forcemedicine.af.mil/MTF/Air-Force-Academy

EVANS ARMY COMMUNITY HOSPITAL .............................................(719) 526-7000
1650 Cochrane Cir, Fort Carson, CO  80913
https://evans.tricare.mil/

FT CARSON ARMY COMMUNITY SERVICE (ACS)......................(719) 526-4590
6303 Wetzel Ave, Bldg 1526, Fort Carson, CO  80913
Provides services and programs for active-duty/retired military.
http://carson.army.mil/acs

HOME FRONT MILITARY NETWORK (FORMERLY THE HOME FRONT CARES AND PEAK MILITARY NETWORK)).................................(719) 577-7417
1120 N Circle, #230 (80909) .................................................................(719) 434-1407
Provides emergency financial assistance, information and assistance, resource connections and case management support for service members, veterans and their families.
https://homefrontmilitarynetwork.org/

MT CARMEL VETERANS SERVICE CENTER ..................................(719) 772-7000
530 Communication Circle (80905)
Benefits and resource assistance.
www.veteranscenter.org

USAFA AIRMAN & FAMILY READINESS CENTER ......................(719) 333-3444
6248 W Pine Loop, US Air Force Academy, CO  80840
https://usafasupport.com/afrc/

US ARMY JAG OFFICE ........................................................................(719) 526-5572
1633 Mekong St, Bldg 6222, Fort Carson, CO  80913 .......(719) 526-5573
www.carson.army.mil/organizations/sja.html
THE AMERICAN LEGION ...............................................................(719) 599-8624
3613 Jennine Dr  (80917)
www.legion209.org

COLORADO DIVISION OF VETERANS AFFAIRS ....................(303) 914-5832
155 Van Gordon St, #201 Lakewood, CO  80228
www.colorado.gov/vets

COLORADO SPRINGS VA OUTPATIENT CLINIC .........................(800) 278-3883
3141 Centennial Blvd  (80907) ...................................................(719) 327-5660
www.denver.va.gov/locations/ColoradoSprings.asp

COLORADO SPRINGS VETERANS CENTER ...............................(719) 471-9992
3920 N Union Blvd, #310  (80907)
Individual and group counseling.
www.va.gov/directory

DISABLED AMERICAN VETERANS (DAV) ..............................(719) 785-4164
660 Southpointe Ct, #317  (80906)
(VSO) Assists with filing claims, free transport to Denver VA hospital.
Call ahead for appointments.
www.dav.org

GOLD STAR WIVES OF AMERICA ...........................................(888) 751-6350
PO Box 361986, Birmingham, AL  35236 ...............................(205) 823-1778
Support group for widow/widower/survivor child.
www.goldstarwives.org

HOMEWARD PIKES PEAK .........................................................(719) 473-5557
2010 E Bijou St  (80909)
Supportive services for veterans who suffer from substance abuse,
mental illness and chronic homelessness. Completion of Housing
Survey required.
www.homewardpp.org/housing-first

SILVER KEY SENIOR SERVICES ...........................................(719) 884-2300
1625 S Murray Blvd  (80916)
Services that support independence for veterans: Connections Cafe,
Home Delivered Meals including Meals on Wheels, Reserve Ride
Transportation, Senior Assistance and Silver Key Vets Program.
www.silverkey.org
THE INDEPENDENCE CENTER ...........................................(719) 471-8181
729 S Tejon St  (80903)
Veteran directed care allows veterans to determine support/services needed to remain in their home/community.
www.theindependencecenter.org

TRICARE FOR LIFE ...................................................................(866) 773-0404
For military retirees age 65+/disabled, who have Medicare Part A and B.
www.tricare4u.com

UCCS HEALTHCIRCLE VETERANS HEALTH AND TRAUMA CLINIC
4863 N Nevada Ave, #380  (80918) ............................................(719) 255-8003
www.uccs.edu/veterans-health-and-trauma-clinic

ROCKY MOUNTAIN REGIONAL VA MEDICAL CENTER (VAMC)
............................................................................................................(888) 336-8262
1700 N Wheeling St, Aurora, CO  80045...............................(303) 399-8020
www.denver.va.gov

VETERAN’S CRISIS LINE.............................................................(800) 273-8255
www.veteranscrisisline.net

VETERANS SERVICE OFFICE, EL PASO COUNTY .............(719) 520-7750
5850 Championship View, #130 (80922)
Assist veterans, their dependents and their survivors concerning any VA benefits which they may be eligible to receive.
https://communityservices.elpasoco.com/veterans-services

VETERANS SERVICE OFFICE, TELLER COUNTY ............(719) 686-5526
800 Research Dr, #230, Woodland Park, CO  80863...........(719) 641-4804
Assist veterans, their dependents and their survivors concerning any VA benefits which they may be eligible to receive.
http://co.teller.co.us/Veterans

MINORITY RESOURCES

The Pikes Peak region has a diverse population with people from around the world. The following resources and organizations are available to assist people from different cultures, ethnicities and backgrounds by offering advocacy, health services, education and celebration.

ANGEL NETWORK, PENROSE CANCER CENTER ..............(719) 776-5548
2222 N Nevada Ave  (80907)
African American Women Nurturing and Giving Each Other Life Network.
www.centura.org
ASIAN PACIFIC DEVELOPMENT CENTER OF COLORADO  
1537 Alton St, Aurora, CO 80010  
Adult education, behavioral health and victim assistance.  
www.apdc.org

CATHOLIC CHARITIES OF CENTRAL CO  
228 N Cascade Ave  (80903)  
Immigration & Naturalization services with legal support.  
www.ccharitiescc.org

CENTRO DE LA FAMILIA  
1645 S Murray Blvd  (80916)  
Services to the Hispanic/Latino populations.  
www.coscentro.org

COLORADO DIVISION OF CIVIL RIGHTS  
1560 Broadway, #825, Denver, CO 80202  
https://ccrd.colorado.gov

NAACP  
www.naaccp.org

ONE NATION WALKING TOGETHER  
3150 N Nevada Ave  (80907)  
www.onenationwt.org

PEARLS (Program to Encourage Active Rewarding Lives)  
(719) 459-2017  
A free program designed to teach new ways for a person to reduce their symptoms of depression, anxiety and sadness.  
https://pearlsprogram.net

SAGE NATIONAL RESOURCE CENTER ON LGBTQ+ AGING  
(877) 360-5428  
Technical resource center focused on improving the quality of services and supports offered to lesbian, gay, bisexual and/or transgender older adults, their families, and caregivers.  
https://www.lgbtagingcenter.org
SAFETY & PREVENTION

The organizations and agencies listed below provide a variety of services to keep people independent and safe. Services may include health-related programs such as balance classes to prevent falls, medical alert buttons for seniors living alone, driver safety classes, education and outreach to prevent crime and home rehabilitation for safety.

AARP DRIVERS SAFETY PROGRAM .................... www.aarp.org/findacourse
State-approved course for seniors who complete driver’s education course.

ALL ABOUT DIGNITY .......................................................... (719) 459-2017
Instruction in non-medical personal-care skills for caregivers.
www.allaboutdignity.com

AMERICAN RED CROSS .......................................................... (719) 632-3563
1040 S 8th St  (80905)
First Aid, CPR, and accident prevention training.
www.redcross.org/local/colorado

BEO TRAINING CENTER .................................................... (719) 385-0200
5055 Mark Dabling Blvd  (80918)
Certified Nurse Aide Training Program, CPR Certification and EMT IV Certification.
www.beopersonalcare.com

DRIVE RIGHT ACADEMY .................................................... (719) 282-9755
317 E Cache La Poudre St  (80903)
www.driverightacademy.com

FITNESS TO DRIVE, HEALTH PROMOTION PARTNERS ......(719) 231-6657
2924 Beacon St, #D  (80907)
Driving evaluations and training after medical or age-related changes.
www.healthpromotionpartners.com

FOUNTAIN VALLEY SENIOR CENTER .................................(719) 600-2644
5745 Southmoor Dr, Fountain, CO  80817
www.fvscenter.org

MASTER DRIVE ................................................................. (719) 260-0999
3280 E Woodmen Rd, #100  (80920)
A driver training program for seniors.
www.masterdrive.com
MOVING FOR BETTER BALANCE AT THE YMCA .................(719) 329-7233
207 N Nevada Ave  (80903)
Fall prevention classes. Call for class schedule and locations.
www.ppymca.org

WILDFIRE MITIGATION PROGRAM (CSFD) ......................(719) 385-5950
375 Printers Pkwy  (80910)
Chipping Program ..............................................................(719) 385-7342
http://csfd.coloradosprings.gov

MEDICAL ALERT SYSTEMS

ALERT1 .................................................................(800) 326-9727
www.alert1.com

ALERT RESPONSE ....................................................(800) 289-6070
www.alertresponse.com

AMERICAN MEDICAL ALERT .................................(866) 686-7504
www.connectamerica.com

GUARDIAN MEDICAL MONITORING ......................(877) 435-7225
www.guardianmedicalmonitoring.com

LIFE ALERT EMERGENCY RESPONSES .....................(800) 920-3410
www.lifealert.com

LIFEFONE ..............................................................(888) 687-0451
www.lifefone.com

LIFELINE OF COLORADO SPRINGS .........................(719) 522-9779
Medical alarm service.
www.srda.org

LIFE TRAK, TELLER COUNTY SHERIFF OFFICE .............(719) 687-9652
11400 W Hwy 24, Divide, CO  80814
A program for locating missing persons with dementia in Teller County.
https://www.tellercountysherriff.com

MEDICALERT FOUNDATION INTERNATIONAL .............(800) 432-5378
2526 Pirrone Ct, Salida, CA  95368
Engraved medical bracelets.
www.medicalert.org

UCHEALTH HOME COMPANION MONITOR ..................(719) 365-2260
www.uchealth.org
SENIOR SERVICE ORGANIZATIONS

The following providers offer a wide range of programs that may include financial assistance, transportation, advocacy, education and social services specifically for seniors.

AARP–COLORADO .........................................................................................(866) 554-5376
303 E17th Ave, #510, Denver, CO  80203
www.aarp.org/co

AARP–NATIONAL .........................................................................................(888) 687-2277
601 E St NW, Washington, DC  20049
www.aarp.org

ASPEN MINE CENTER ..............................................................................(719) 689-3584
166 E Bennett Ave, Cripple Creek, CO  80813
www.aspenminecenter.org

COLORADO SPRINGS SENIOR CENTER ..............................................(719) 955-3400
1514 N Hancock Ave (80903)
www.csseniorcenter.com

FALCON SENIOR SERVICES ........................................................................(719) 330-5994
Call for information.

FOUNTAIN VALLEY SENIOR CENTER ...............................................(719) 600-2644
5745 Southmoor Dr, Fountain, CO  80817
www.fvscenter.org

MOUNTAIN COMMUNITY SENIOR SERVICES ..............................(719) 488-0076
PO Box 502, Palmer Lake, CO  80133
Social transportation available to those 60+ in Tri-Lakes/northwest El Paso County and handyman services.
www.coloradoseniorhelp.com

MOUNTAIN RESOURCE CENTER .........................................................(303) 838-7552
11030 Kitty Dr, Conifer, CO  80433
Serving Park County.
www.mrcco.org

PARK COUNTY SENIOR COALITION ..............................................(719) 836-4295
825 Clark St, #C, Fairplay, CO  80440
www.parkcoseniors.org
SENIOR INFORMATION & ASSISTANCE, PPACG AAA ........(719) 471-2096
14 S Chestnut St  (80905)
Provides programs and services for older adults and their caregivers; advocates for senior services. Information and referral services for seniors.
www.ppacg.org/aging

SENIORS' RESOURCE CENTER (THE YELLOW HOUSE) .......(303) 679-2552
5120 Hwy 73, Evergreen, CO  80439 .............................. (303) 674-2843
www.srcaging.org/src-evergreen

SILVER KEY SENIOR SERVICES ..............................................(719) 884-2300
1625 S Murray Blvd (80916)
Supportive and advocacy services. Services that support older adults: Connections Cafe, Home Delivered Meals including Meals on Wheels, Reserve and Ride, and Senior Assistance.
www.silverkey.org

SOUTH PARK SENIOR CENTER ..............................................(719) 836-1455
296 6th St, Fairplay, CO  80440

TELLER SENIOR COALITION ................................................(719) 687-3330
11114 W Hwy 24, Divide CO  80814
www.tellerseniorcoalition.org

TRI-LAKES SILVER ALLIANCE ..............................................(719) 464-6873
PO Box 2931, Monument, CO  80132
Programs, services, activities and support for seniors.
www.trilakesseniors.org
Over 25% of the adult population in the United States is affected by substance abuse or a mental health issue. The number of older adults affected by these issues continue to grow each year, and learning to recognize the signs and symptoms of these disorders can be difficult.

The organizations and agencies listed below provide services for people who are struggling with substance abuse, behavior health issues and recovery. These services and programs can range from support groups to in-patient care. Also included are programs for housing, education/job training, homelessness and more.

**ALLAN GREENFIELD, MSW AND LLOYD GREENFIELD, LCSW**

1715 N Weber St, (80907)
www.feelingbetterclinic.com

**CEDAR SPRINGS HOSPITAL**
2135 Southgate Rd (80906)
(719) 633-4114
Provides comprehensive, acute psychiatric hospital treatments.
www.cedarspringshospital.com

**DBSA LATER LIFE GROUP**
1586 21st St, #13, (80904)
Free self-help support group for older adults w/ depression/bipolar disorder. Additional types of support groups available. Call for times and locations.
www.dbsacoloradosprings.org

**DIVERSUS HEALTH**
179 S Parkside Dr (80901) Emergency number: (719) 635-7000
Bailey (460 County Rd 43a 80421) (855) 277-3678
Calhan (328 10th St 80808) (719) 572-6100
Cripple Creek - Aspen Mine Center (855) 277-3678
166 E Bennett Ave 80813
Fairplay (970 Castello 80440) (855) 277-3678
Fountain (350 Lyckman Dr 80817) (719) 572-6100
Woodland Park (18401 Hwy 24, #119 80863) (855) 277-3678
https://diversushealth.org/
DIVERSUS HEALTH (LIGHTHOUSE) .............................................. (719) 572-6100
115 S Parkside Dr (80901) ..............................................(719) 572-6340
Walk in crisis center.  

DREAM CENTER WOMEN’S CLINIC .............................................. (719) 388-1594
4360 Montebello Dr, #900 (80918)
For uninsured and under-insured women.  
www.dreamcenterscos.org

HOMEWARD PIKES PEAK (HARBOR HOUSE CLINIC) ........ (719) 473-5557
2010 E Bijou St (80909)
Outpatient addiction recovery clinic with specialized women’s services.  
www.homewardpp.org

JOURNEYS COUNSELING CENTER ..............................................(719) 510-1268
750 Hwy 24, #120, Woodland Park, CO 80863
www.journeyscounselingcenter.com

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) ........(719) 473-8477
1615 S Murray Blvd (80916) .................................(Crisis Line) (844) 493-8255
www.namicoloradosprings.org

NATIONAL SUICIDE PREVENTION LIFELINE ......................(800) 273-8255
www.suicidepreventionlifeline.org

PEAK VIEW BEHAVIORAL HEALTH ..............................................(719) 444-8484
7353 Sisters Grove (80923)
Mental health care to seniors, adults and adolescents.  
www.peakviewbh.com

PEAK VISTA COMMUNITY HEALTH CENTERS .......................(719) 632-5700
3205 N Academy Blvd, #130 (80917)  
www.peakvista.org

PEARLS (Program to Encourage Active Rewarding Lives).(719) 459-2017
A free program designed to teach new ways for a person to reduce their symptoms of depression, anxiety and sadness.  
https://pearlsprogram.net

SALVATION ARMY FAMILY SERVICES ...............................(719) 636-3891
908 Yuma St (80909)  
www.tsacs.org
SENIORS’ RESOURCE CENTER (THE YELLOW HOUSE) ................................(303) 674-2843
5120 Hwy 73, Evergreen, CO  80439
Jefferson Co Senior Reach Mental health outreach. ..........(866) 217-5808
www.srcaging.org/src-evergreen

SILVER KEY SENIOR SERVICES .........................................................(719) 884-2300
1625 S. Murray Blvd  (80916)
SOS program connects to local mental health services and case management. Onsite counseling service accepts Medicaid, private pay and sliding fee scale.
www.silverkey.org

SPRINGS RESCUE MISSION (MEN’S RECOVERY PROGRAM). (719) 632-1822
15 E Las Vegas St  (80903)
www.springsrescuemission.org

SUICIDE PREVENTION PARTNERSHIP ........................................(888) 885-1222
704 N Tejon St  (80903) ..............................................................(719) 573-7447
www.pikespeaksuicideprevention.org

THE RIEGEL CENTER .................................................................(719) 776-6850
2925 Professional Place, #101  (80904)
Licensed facility treating alcohol and drug addiction.
www.penrosestfrancis.org

UCCS AGING CENTER .................................................................(719) 255-8002
4863 N Nevada Ave, #321  (80918)
Assessment and treatment services to individuals 55+.
http://healthcircle.uccs.edu/aging-center

VETERAN’S CRISIS LINE .............................................................(800) 273-8255
www.veteranscrisisline.net

SUPPORT GROUPS

Groups for health-related issues, grief support, and traumatic events are listed.

A CHEERFUL HEART OUTREACH MINISTRY ..............................(719) 229-9613
Self-Management education for Diabetes and Hypertension.
http://www.acheerfulheartco.org

AL-ANON AND ALATEEN ..............................................................(719) 632-0063
3595 E Fountain Blvd, #120  (80910)
www.al-anon-co.org

ALCOHOLICS ANONYMOUS OF COLORADO SPRINGS ..........(719) 573-5020
1353 S 8th St, #209  (80905)
www.coloradospringsaa.org
ALS ASSOCIATION, ROCKY MOUNTAIN CHAPTER ..........(866) 257-3211
10855 Dover St, #500, Westminster, CO 80021 ..........(303) 832-2322
Local support group
www.alsaco.org

ALS SUPPORT GROUP ..............................................(719) 884-6145
219 E Bijou St (80903)
Located at First Presbyterian Church
www.firstprescos.org

ALZHEIMERS AND DEMENTIA SUPPORT GROUPS ..........(800) 272-3900
www.alz.org/co

ALZHEIMERS CAREGIVER SUPPORT GROUP ...........................(719) 884-6145
219 E Bijou St (80903) ..............................................(719) 372-5979
Located at First Presbyterian Church
www.firstprescos.org

AMERICAN CANCER SOCIETY ............................................(800) 227-2345
1445 N Union Blvd, #B100 (80909)
By appointment only.
www.cancer.org

AMERICAN DIABETES ASSOCIATION ..............................(800) 342-2383
2451 Crystal Dr, #900, Alexandria, VA 22202
www.diabetes.org

AMERICAN LUNG ASSOCIATION IN COLORADO ..........(303) 388-4327
..................................................(800) 586-4872
5600 Greenwood Plaza Blvd, #100, Greenwood Village, CO 80111
www.lung.org/associations/states/colorado

ARTHRTIS FOUNDATION ..................................................(800) 283-7800
www.arthritis.org/colorado

CENTRO DE LA FAMILIA ............................................(719) 227-9170
1645 S Murray Blvd (80916)
Provides an array of services to the Hispanic/Latino populations.
www.coscentro.org

CEREBRAL PALSY ASSOCIATION OF COLORADO SPRINGS
..........................................................(719) 638-0808
1322 N Academy Blvd, #115 (80909)
Assists individuals with cerebral palsy and other related neuro-motor disorders.
www.cpappr.org
COLORADO PARKINSON FOUNDATION...............................(719) 884-0103
1155 Kelly Johnson Blvd, #111 (80920)
www.co-parkinson.org

DIABETES SUPPORT GROUP..............................................(719) 884-6145
219 E Bijou St (80903)
Located at First Presbyterian Church.
www.firstprescos.org

ELLA MAE BRANSOM SICKLE CELL ASSOCIATION ..........(719) 602-1961
www.ellamae.org

FAMILY CAREGIVER SUPPORT CENTER, PPACG AAA ....(719) 886-7526
14 S Chestnut St (80905) .................................................(719) 471-7080 x115
www.ppacg.org/aging/caregiver

GRANDPARENTS RAISING GRANDKIDS SUPPORT GROUP
......................................................................................(719) 578-8007

GRIEFSHARE .................................................................(719) 388-5000
290 E Woodmen Rd (80919)
Available at Woodman Valley Chapel and other local churches.
www.griefshare.org

GRIEF WORKSHOP ...........................................................(719) 884-6145
219 E Bijou St (80903)
Located at First Presbyterian Church.
www.firstprescos.org

MULTIPLE SCLEROSIS ALLIANCE ......................................(719) 633-4603
7011 Campus Dr, #110 (80920)
www.msasoco.org

MULTIPLE SCLEROSIS (MS) SOCIETY ...............................(800) 344-4867
900 S Broadway, #200, Denver CO 80209
www.curemsco-wy.org

MYASTHENIA GRAVIS ASSOCIATION OF COLORADO .......(303) 360-7080
www.4-mga.org

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) .......(719) 473-8477
Support groups meet at 1st United Methodist Church.
www.namicoloradosprings.org

PARKINSON’S SUPPORT GROUP ....................................(719) 884-6145
219 E Bijou St (80903)
Located at First Presbyterian Church.
www.firstprescos.org
PIKES PEAK OSTOMY ASSOCIATION ............................................. (719) 310-7032
www.pikespeakostomy.com

POLIO SURVIVORS SUPPORT GROUP ........................................ (303) 212-0017
For general information ............................................................. (720) 940-9291
www.easterseals.com/co/our-programs/learn/colorado-post-polio/support-groups.html

THE INDEPENDENCE CENTER ...................................................... (719) 471-8181
729 S Tejon St (80903)
Peer support groups with self-advocacy skills training for men, women, youth, cross-disability traumatic brain injury, caregivers and other disability-related groups.
www.theindependencecenter.org

TRANSPORTATION
Transportation is an important link to independence for older adults. Older adults who become unable to drive experience a loss of independence that can affect their health and happiness.

AMERICAN MEDICAL RESPONSE ............................................. (719) 636-2333

Pikes Peak Area Agency on Aging

SENIOR INSURANCE ASSISTANCE
Education about Medicare and health insurance options

Services
Medicare 101 classes
Employer Group Outreach
Annual Open Enrollment assistance
Screening and application assistance

For information and assistance
719-635-4891

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“Aging is...All of Us!”
Over 50 Years of Serving Seniors
All Seniors All Services All Neighborhoods

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• GUARDIANSHIP
• RESERVE & RIDE
• COMPANIONSHIP
• CONNECTIONS CAFE
• CASE MANAGEMENT
• BEHAVIORAL HEALTH
• HOME DELIVERED MEALS

Silver Key
SILVER LINE: 719.884.2300
www.silverkey.org

PPACG AAA Senior Information & Assistance Center [719-471-2096] 87
2370 N Powers Blvd   (80915)....................................................(719) 597-1277
www.amr.net

ASPPEN MINE CENTER............................................................(719) 689-3584
166 E Bennett Ave, Cripple Creek, CO   80813
Medicaid transport only.
www.aspenminecenter.org

BEO MOBILITY...........................................................................(719) 362-8000
5055 Mark Dabling Blvd   (80918)
Non emergency medical transportation.
www.beopersonalcare.com/mobility

BLUE SKIES TRANSPORTATION .............................................(719) 357-9070
............................................................................................(719) 452-0525
Non-emergency medical transportation for Medicaid eligible clients
from El Paso County to Denver, Castle Rock, Pueblo and Canon City.
www.blueskiestransportation.com/

BUSTANG..............................................................................(800) 900-3011
Bustang is an interregional bus line, connecting commuters along
the I-25 Front Range and I-70 Mountain Corridors.
www.ridebustang.com

COACH HOME CARE AND TRANSPORT ............................(719) 391-4444
1900 E Pikes Peak Ave, #6   (80909)
Accepts Medicaid and private pay. Wheelchair and non emergency
medical transportation.
thecouchomecare.com

ENVIDA MOVES ....................................................................(719) 633-4677
5660 N Academy Blvd  (80918)
Now Serving all El Paso and Teller Counties. Envida provides services in
collaboration with Silver Key Senior Services and Fountain Valley Senior
Center.
www.envidacares.org

FOUNTAIN VALLEY SENIOR CENTER.................................(719) 600-2643
5745 Southmoor Dr, Fountain, CO   80817
For those 60+ or non-elderly disabled who live in southern and eastern
El Paso County. Fountain Valley Senior Center provides transportation
services in collaboration with Silver Key Senior Services and Envida. www.fvscenter.org

GOODWILL OF COLORADO GOODWHEELS. .......................(719) 442-2077
1460 Garden of the Gods Rd  (80907)
Transportation anywhere in Colorado. Accepts both private pay and Medicaid.
https://goodwillcolorado.org/services/community-transportation/

MOUNTAIN COMMUNITY SENIOR SERVICES .............................. (719) 488-0076
PO Box 502, Palmer Lake, CO  80133
Social transportation available to those 60+ in Tri-Lakes/northwest El Paso County only.
www.coloradoseniorhelp.com/Transportation

MOUNTAIN METRO MOBILITY .......................... (719) 392-2396
1015 Transit Dr  (80903)
Special vans for disabled people who are unable to use fixed transit services.
www.coloradosprings.gov/mountain-metro

MOUNTAIN METRO RIDES .................................................. (719) 385-7433
1015 Transit Dr  (80903)
Coordination of carpools.
http://transit.coloradosprings.gov

MOUNTAIN METRO TRANSIT PUBLIC BUS SYSTEM .......... (719) 385-7433
1015 Transit Dr  (80903)....................................................(719) 385-5974
Schedules and passes.
www.mmtransit.com

PARK COUNTY SENIOR COALITION .............................. (719) 836-4295
825 Clark St, #C, Fairplay, CO  80440
Mileage reimbursement for seniors 60+ to be driven to medical appointments or grocery shopping.
www.parkcoseniors.org

ROCKY MOUNTAIN MOBILE MEDICAL .............................(719) 362-8000
5055 Mark Dabling Blvd  (80918)
Medical transport services to El Paso and Pueblo counties.
www.rockymountainambulance.com

SILVER KEY RESERVE AND RIDE .............................(719) 884-2300
1605 S Murray Blvd  (80916)
Door through door ADA accessible transportation. Silver Key provides
services in collaboration with Envida and Fountain Valley Senior Center.  
www.silverkey.org

TELLER CAB ..............................................................................................................(719) 687-8222  
1115 W Hwy 24, Divide, CO  80814  
www.tellercab.com/services

TELLER SENIOR COALITION .......................................................................................(719) 687-3330  
750 E Hwy 24, Bldg 2, #100, Woodland Park, CO  80866  
Transportation for seniors 60+ and for low-income disabled citizens who are Teller County residents.  
www.tellersoniorcoalition.org

TRANSIT RIDERS SENIOR AMBASSADOR ............................................(719) 385-7434  
Mountain Metropolitan Transit one-on-one training for new public bus riders 60+ of age.  
https://transit.coloradosprings.gov/mountain-metro

TRANSIT TO CARE ..............................................................................................(719) 644-6005  
2860 S Circle Dr, #350A  (80906)  
Non-emergency medical transportation. Accepts Medicaid or Private Pay.  
www.transit2care.com

TRANSPORTATION SECURITY ADMINISTRATION (TSA) ...(855) 787-2227  
Provides information for passengers with disabilities/medical conditions before flying.  
www.tsa.gov/travel/passenger-support

UNITED ACCESS .......................................................................................................(719) 590-1400  
6285 Corporate Dr  (80919)  
Builds, sells, services and rents custom vans or minivans.  
www.unitedaccess.com

WHEELCHAIR GETAWAYS OF COLORADO ..............................................(800) 238-6920  
PO Box 621429, Littleton, CO  80162.........................................................(303) 674-1498  
Rental of wheelchair and scooter accessible vans.  
www.wheelchairgetaways.com

ZTRIP OF COLORADO SPRINGS (FORMERLY YELLOW CAB)  
..........................................................................................................................(719) 766-4567  
4625 Town Center Dr  (80916).................................................................(719) 550-9300  
Traditional taxi and app-based ride service.  
www.ztrip.com/colorado-springs/
GET ON BOARD
CHOOSE METRO TRANSIT

Get out and ride with peace of mind, to multiple destinations while breathing a little easier.

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### MEDICAL HOME HEALTH AGENCIES

These agencies provide in-home skilled services including: nursing, speech, physical and occupational therapy, and medical social work. More information is available at [https://cdphe.state.co.us](https://cdphe.state.co.us). Persons needing financial assistance for healthcare should contact the Department of Human Services at 719-636-0000.

<table>
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<tr>
<th>Agency Name</th>
<th>Phone Number</th>
<th>Address</th>
<th>24-HR/7 DAY INTAKES</th>
<th>24-HOUR CARE</th>
<th>MENTAL HEALTH SERVICES</th>
<th>REHAB THERAPY</th>
<th>ALSO DOES NON-MEDICAL HOME CARE</th>
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<th>SERVES PARK CO</th>
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<td>AMAZING CARE HOME HEALTH</td>
<td>(719) 219-0691</td>
<td>5755 Mark Dabling Blvd, #120 80919</td>
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<td>AT HOME HEALTH CARE</td>
<td>(719) 227-8624</td>
<td>75 Printers Parkway, #105 80910</td>
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<td>BENEFIT HOME HEALTH CARE</td>
<td>(719) 532-1100</td>
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<td>BETTER HEALTHCARE</td>
<td>(719) 300-4455</td>
<td>6208 Lehman Dr, #201 80918</td>
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<td>(719) 596-5001</td>
<td>7150 Campus Dr, #330 80920</td>
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<td>BRIGHTSTAR CARE</td>
<td>(719) 264-8800</td>
<td>3730 Sinton Rd, #200 80907</td>
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<td>BROOKDALE HOME HEALTH</td>
<td>(877) 312-6614</td>
<td>7222 Commerce Center Dr, #100 80919</td>
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<td>CENTERCARE HOME HEALTH</td>
<td>(719) 600-3040</td>
<td>6760 Corporate Center Dr, #100 80919</td>
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<td>CENTURA HEALTH AT HOME</td>
<td>(719) 776-7500</td>
<td>7015 Tall Oak Dr 80919</td>
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<td>COMFORT KEEPERS</td>
<td>(719) 522-9100</td>
<td>5390 N Academy Blvd, #230 80918</td>
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<td>COMPLETE HOME HEALTH CARE</td>
<td>(719) 599-7902</td>
<td>3204 N Academy Blvd, #320 80917</td>
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<td>ENCOMPASS HOME HEALTH</td>
<td>(719) 265-6931</td>
<td>910 Pinon Ranch View, #211 80907</td>
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<td>FIRST CLASS HOME CARE</td>
<td>(719) 428-3268</td>
<td>6165 Lehman Drive, #102 80918</td>
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<td>HUMAN TOUCH HOME HEALTH</td>
<td>(719) 635-2003</td>
<td>1160 Lake Plaza Dr, #100 80906</td>
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## MEDICAL HOME HEALTH AGENCIES

These agencies provide in-home skilled services including: nursing, speech, physical and occupational therapy, and medical social work. More information is available at [https://cdphe.state.co.us](https://cdphe.state.co.us). Persons needing financial assistance for healthcare should contact the Department of Human Services at 719-636-0000.

**INDEPENDENCE CENTER, THE**  
729 S Tejon St 80903  
(719) 471-8181  

**INTERIM HEALTHCARE OF S E COLORADO**  
1901 N Union Blvd, #202 80909  
(719) 632-9900  

**KINDRED AT HOME**  
5225 N Academy Blvd, #106 80918  
(719) 531-9585  

**MAXIM HEALTHCARE SERVICES**  
7150 Campus Dr #160 80920  
(719) 538-5600  

**MT EVANS HOME HEALTH CARE HOSPICE**  
3081 Bergen Peak Dr, Evergreen, 80439  
(303) 674-6400  

**NURSECORE**  
5426 N Academy Blvd, #110 80918  
(719) 884-1388  

**OPTIMAL HOME CARE**  
4380 S Syracuse, #600, Denver 80237  
(719) 452-8457  

**PRIMARY HOME HEALTH CARE**  
111 E Polk St, #110 80907  
(719) 577-4272  

**PROFESSIONAL HOME HEALTH CARE**  
1040 S 8th St, #201 80905  
(719) 532-0373  

**RIGHT AT HOME**  
5446 N. Academy Blvd, #203 80918  
(719) 634-4999  

**ROCKY MOUNTAIN PACE**  
2502 E Pikes Peak Ave, #100 80909  
(719) 314-2327  

**SUMMIT HOME HEALTH CARE**  
1160 Lake Plaza Dr, #255 80906  
(719) 533-0084  

**TEAM SELECT HOME CARE**  
1125 Kelly Johnson Blvd, #251 80920  
(719) 277-6647  

**See Ad On Page**  
**24-HR/7 DAY INTAKES**  
**24-HOUR CARE**  
**MENTAL HEALTH SERVICES**  
**REHAB THERAPY**  
**ALSO DOES NON-MEDICAL HOME CARE**  
**MEDICAID CERTIFIED**  
**VA CERTIFIED**  
**HCRS CERTIFIED**  
**ACCEPTS OTHER INSURANCE**  
**ACCEPTS PRIVATE PAY**  
**SERVES EL PASO CO**  
**SERVES TELLER CO**  
**SERVES PARK CO**
MEDICAL HOME HEALTH AGENCIES
These agencies provide in-home skilled services including: nursing, speech, physical and occupational therapy, and medical social work. More information is available at https://cdphe.state.co.us. Persons needing financial assistance for healthcare should contact the Department of Human Services at 719-636-0000.

TLC HOME HEALTH CARE       (719) 502-5765
6816 Millbrook Cir, Fountain, 80817

VOYAGER HOME HEALTH CARE     (719) 722-4516
2233 Academy Place #105 80909

Pikes Peak Area Agency on Aging
SENIOR INSURANCE ASSISTANCE
Education about Medicare and health insurance options

Senior Insurance Assistance can assist people approaching, or on, Medicare with their Medicare Eligibility or coverage questions.

Offering:
• Medicare 101 classes
• Employer Group Outreach
• Annual Open Enrollment assistance
• Application assistance

For information & assistance 719-635-4891

Services
Senior Information and Assistance
Family Caregiver Support Center
Ombudsman Program
Senior Insurance Assistance

YOUR FIRST CALL FOR SENIOR SERVICES

SYNERGY HomeCare
Suffered a stroke? Recovering from surgery? Lived with the annual open enrollment? Long-term Care Insurance Questions?
We can help! Together we’ll create a care plan to keep you healthy and independent in your own home.

Call for a FREE Care Assessment
(719) 203-5848

For information and assistance 719-471-2096

SEE AD ON PAGE
24-HOUR INTAKES
24-HOUR CARE
MENTAL HEALTH SERVICES
REHAB THERAPY
ALSO DOES NONMEDICAL HOME CARE
MEDICARE CERTIFIED
MEDICAID CERTIFIED
VA CERTIFIED
HEBS CERTIFIED
ACCEPTS OTHER INSURANCE
ACCEPTS PRIVATE PAY
SERVES EL PASO CO
SERVES TELLER CO
SERVES PARK CO
## Non-Medical Home Care Agencies

These agencies provide in-home non-skilled services including: homemaking, personal care, companionship, errands, light meal preparation and transportation. More information is available at [https://cdphe.state.co.us](https://cdphe.state.co.us).

Persons needing financial assistance for healthcare should contact the Department of Human Services at 719-636-0000.

<table>
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<tr>
<th>Aide to You Home Care</th>
<th>1755 Telstar Dr, #300, 80920</th>
<th>(719) 639-6396</th>
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<tr>
<td>Akota Home Care</td>
<td>121 S Tejon St #900 80903</td>
<td>(719) 224-0719</td>
<td>4 hr</td>
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<td>Amada Senior Care</td>
<td>755 Hwy 105, Palmer Lake CO 80133</td>
<td>(719) 377-9120</td>
<td>4 hr</td>
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<td>Benefit by Your Side</td>
<td>5426 N Academy, #200 80918</td>
<td>(719) 532-1100</td>
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<tr>
<td>BEO Personal Care</td>
<td>5055 Mark Dabling Blvd 80918</td>
<td>(719) 385-0200</td>
<td>1 hr</td>
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<tr>
<td>Brightstar Care</td>
<td>3730 Sinton Rd, #200 80907</td>
<td>(719) 264-8800</td>
<td>•</td>
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<tr>
<td>Caring Matters Home Care</td>
<td>2860 Circle Dr, #350 80906</td>
<td>(719) 286-3550</td>
<td>2 hr</td>
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<tr>
<td>Coach Home Care and Transport</td>
<td>1900 E Pikes Peak, #4 80909</td>
<td>(719) 391-4444</td>
<td>2 hr</td>
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<tr>
<td>Colorado CareAssist</td>
<td>4465 North Park Dr 80907</td>
<td>(719) 428-3999</td>
<td>4 hr</td>
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</tr>
<tr>
<td>Comfort Keepers</td>
<td>5390 Academy Blvd, #230 80918</td>
<td>(719) 522-9100</td>
<td>3 hr</td>
<td>•</td>
<td>•</td>
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</tr>
<tr>
<td>Complete Home Health Care</td>
<td>3204 N Academ Blvd, #32 80918</td>
<td>(719) 599-7902</td>
<td>•</td>
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<tr>
<td>Cornerstone Caregiving</td>
<td>6645 Delmonico Dr, #201 80919</td>
<td>(719) 627-4410</td>
<td>•</td>
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</tbody>
</table>
# NON-MEDICAL HOME CARE AGENCIES

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### NON-HOURLY MINIMUM

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Phone Number</th>
<th>Address</th>
<th>Hours</th>
<th>Services Provided</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENVIDIA HOME SERVICES</td>
<td>(719) 301-6870</td>
<td>5660 N Academy Blvd 80918</td>
<td>105</td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>FIRSTLIGHT HOME CARE</td>
<td>(719) 424-5345</td>
<td>4445 Northpark Dr, #100 80907</td>
<td>3 hr</td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Errands</td>
</tr>
<tr>
<td>GENTLE SHEPHERD HOME CARE</td>
<td>(719) 359-8371</td>
<td>1270 Kelly Johnson Blvd, #220 80920</td>
<td>3 hr</td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>GOLDEN HEART SENIOR CARE</td>
<td>(303) 835-3423</td>
<td>12081 W Alameda Pkwy #476, Lakewood 80228</td>
<td></td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>GRISWOLD HOME CARE</td>
<td>(719) 418-5908</td>
<td>14960 Woodcarver Rd, #122 80921</td>
<td>3 hr</td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>HEARTFELT CARE AT HOME</td>
<td>(719) 362-0094</td>
<td>1755 Telstar Drive, #300 80920</td>
<td></td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>HOME CARE ASSISTANCE OF EL PASO CO</td>
<td></td>
<td>13395 Voyager Pkwy, #120 80921</td>
<td>4 hr</td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>HOME INSTEAD</td>
<td>(719) 534-0908</td>
<td>1955 N Union Blvd, #100 80909</td>
<td>4 hr</td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>HOME WELL CARE SERVICES</td>
<td>(719) 358-6873</td>
<td>3720 Sinton Rd, #130 80907</td>
<td></td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>HUMAN TOUCH UNSKILLED SERVICES</td>
<td></td>
<td>1160 Lake Plaza Drive, #105 80906 (719) 635-2003</td>
<td></td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>INDEPENDENCE CENTER, THE</td>
<td>(719) 471-8181</td>
<td>729 S Tejon 80903</td>
<td></td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>INNOVAGE HOME CARE</td>
<td>(719) 553-0478</td>
<td>401 W Northern Ave, Pueblo 81004</td>
<td></td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
<tr>
<td>INTERIM HEALTHCARE OF SE COLORADO</td>
<td>(719) 632-9900</td>
<td>1901 N Union, #202 80909</td>
<td>1 hr</td>
<td>Personal Care, Bathing, Dressing, Homemaking, Companionship, Personal Transportation</td>
</tr>
</tbody>
</table>
NON-MEDICAL 
HOME CARE AGENCIES

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SEE AD ON PAGE NO HOURLY MINIMUM 24 HR/7 DAY INTAKES 24-HOUR CARE PERSONAL CARE, BATHING, DRESSING HOMEMAKING COMPANIONSHIP PERSONAL TRANSPORTATION ERRANDS ALSO DOES MEDICAL HOME HEALTH MEDICAID / HCBS CERTIFIED SERVES EL PASO COUNTY SERVES TELLER COUNTY SERVES PARK COUNTY

<table>
<thead>
<tr>
<th>Agency</th>
<th>Phone</th>
<th>Address</th>
<th>Services</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIND HEART HOME HEALTH CARE</td>
<td>(719) 622-1708</td>
<td>6170 Lehman Dr 80918</td>
<td>✗, ✗, ✗, ✗</td>
<td>4 hr</td>
</tr>
<tr>
<td>MOUNTAIN VIEW HOME CARE</td>
<td>(719) 452-0151</td>
<td>1401 Potter Dr, #205 80909</td>
<td>✗, ✗, ✗, ✗</td>
<td></td>
</tr>
<tr>
<td>NURSECORE</td>
<td>(719) 884-1388</td>
<td>5426 N Academy Blvd, #110 80918</td>
<td>✗, ✗, ✗, ✗, ✗</td>
<td>2 hr</td>
</tr>
<tr>
<td>PREFERRED CARE AT HOME</td>
<td>(719) 476-0130</td>
<td>PO Box 62968, Black Forest 80962</td>
<td>✗, ✗, ✗, ✗</td>
<td>3 hr</td>
</tr>
<tr>
<td>PRIMARY HOME HEALTH CARE</td>
<td>(719) 577-4272</td>
<td>111 E Polk Sr, #110 80907</td>
<td>✗, ✗, ✗, ✗</td>
<td></td>
</tr>
<tr>
<td>PROFESSIONAL HOME HEALTH CARE</td>
<td>(719) 532-0373</td>
<td>1040 S 8th St, #201 80905</td>
<td>✗, ✗, ✗, ✗</td>
<td></td>
</tr>
<tr>
<td>RIGHT AT HOME SENIOR CARE</td>
<td>(719) 634-4999</td>
<td>5446 N Academy Blvd, #203 80918</td>
<td>✗, ✗, ✗, ✗</td>
<td></td>
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<tr>
<td>SAGES ELDER CARE</td>
<td>(719) 393-3580</td>
<td>6455 N Union Blvd, #100C 80918</td>
<td>✗, ✗, ✗, ✗</td>
<td>3 hr</td>
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<tr>
<td>SENIORS HELPING SENIORS</td>
<td>(719) 629-7725</td>
<td></td>
<td>✗, ✗, ✗, ✗</td>
<td>2 hr</td>
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<tr>
<td>STATEWIDE HEALTH CARE</td>
<td>(719) 434-1513</td>
<td>2130 S Academy Blvd 80916</td>
<td>✗, ✗, ✗, ✗</td>
<td></td>
</tr>
<tr>
<td>SYNERGY HOMECARE</td>
<td>(719) 203-5848</td>
<td>21 E Willamette Ave 80903</td>
<td>✗, ✗, ✗, ✗</td>
<td>97, 104</td>
</tr>
<tr>
<td>TALEM HOME CARE</td>
<td>(719) 639-2663</td>
<td>3230 E. Woodmen Rd, #110G 80920</td>
<td>✗, ✗, ✗, ✗</td>
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</tr>
</tbody>
</table>
## NON-MEDICAL HOME CARE AGENCIES

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<table>
<thead>
<tr>
<th>Agency</th>
<th>Phone</th>
<th>Address</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>TLC HOME HEALTH CARE</td>
<td>(719) 502-5765</td>
<td>6816 Millbrook Circle, Fountain, CO 80817</td>
<td>Homemaking, Personal Care, Bathing, Dressing, Companion, Errands, Transportation, 24 HR/7 Day Intakes</td>
</tr>
<tr>
<td>UMBRELLA HOME HEALTH CARE</td>
<td>(719) 482-0774</td>
<td>25 N Wahsatch Ave, #203A 80903</td>
<td>Personal Care, Bathing, Dressing, Companion</td>
</tr>
<tr>
<td>VISIONS 4 YOU HOME CARE</td>
<td>(719) 208-9935</td>
<td>1229 Lake Plaza Dr, #D 80906</td>
<td>Homemaking, Companion, Personal Transportation, Errands</td>
</tr>
<tr>
<td>VISITING ANGELS LIVING ASSIST. SERVICES</td>
<td>(719) 282-0180</td>
<td>3720 Sinton Rd, #202 80907</td>
<td>Personal Care, Bathing, Dressing, Companion, Transportation</td>
</tr>
<tr>
<td>YOUR LIFE YOUR WAY HOME CARE</td>
<td>(719) 381-9468</td>
<td>1460 Garden of the Gods Rd 80907</td>
<td>Homemaking, Companion, Personal Transportation, Errands</td>
</tr>
</tbody>
</table>

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**envida**

**more than a service. our passion.**

We believe our entire community deserves to live vibrantly. That why as a nonprofit we’ve been providing transportation and homem care services to individuals with disabilities, older adults, and economically disadvantaged for nearly 50 years.

envida HOME: 719.301.6870 | envida MOVES: 719.633.4677
envidacares.org
**HOSPICE CARE**

A hospice is an organization that provides palliative care and social, emotional, and spiritual support to patients at the end of life, as well as their family members. Most hospices are Medicare certified. Medicaid, the VA, and many insurance plans also pay for hospice care. Information is available at [https://cdphe.colorado.gov](https://cdphe.colorado.gov). Agencies listed are licensed by the State of Colorado at time of publication.

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Phone Number</th>
<th>Medicaid Certified</th>
<th>Serves El Paso CO</th>
<th>Serves Teller CO</th>
<th>Serves Park CO</th>
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<tbody>
<tr>
<td>ABODE HOSPICE</td>
<td>(719) 358-6428</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>BRIDGES HOSPICE</td>
<td>(719) 596-5001</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>BRISTOL HOSPICE</td>
<td>(719) 434-1773</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>BROOKDALE HOSPICE</td>
<td>(719) 268-2582</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>CENTERCARE HOSPICE</td>
<td>(719) 544-5891</td>
<td>109</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>COLORADO PALLIATIVE &amp; HOSPICE CARE</td>
<td>(719) 419-5595</td>
<td>109</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>COMPASSUS HOSPICE &amp; PALLIATIVE CARE</td>
<td>(719) 226-0091</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>FREMONT REGIONAL HOSPICE &amp; PALLIATIVE CARE</td>
<td>(719) 275-4315</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>INTERIM HEALTHCARE HOSPICE</td>
<td>(719) 314-4868</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>LUMICARE HOSPICE</td>
<td>(719) 226-7733</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>MT EVANS HOME HEALTH CARE &amp; HOSPICE</td>
<td>(303) 674-6400</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>NEW CENTURY HOSPICE</td>
<td>(719) 330-6652</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>PIKES PEAK HOSPICE &amp; PALLIATIVE CARE</td>
<td>(719) 633-3400</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>SOLARIS HOSPICE</td>
<td>(719) 473-1017</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
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</table>
NOTES
What kind of housing do I need?

Senior housing and healthcare facilities often vary dramatically in regard to available services, costs, and facility admission/discharge policies. Consumers can use this table as a guide. Be sure to clarify all questions with the facility before signing a contract for care.

| Level of Care Profile | Independent Living  
No state license required | Retirement Community  
No state license required | Assisted Living  
State license required | Nursing Facility  
State license required |
|------------------------|------------------------|------------------------|------------------------|------------------------|
| **Profile**            | Covers a broad range  
of housing options (i.e.,  
residential houses, apart-  
ments, condominiums,  
townhouses, subsidized se-  
nior housing, etc.) for older  
persons who are function-  
ally and socially indepen-  
dent. | Provides a living ar-  
rangement which inte-  
grates shelter and some  
services for older per-  
sons who do not need  
24 hour protective over-  
sight. | Provides a living arrangement  
which integrates shelter and ser-  
VICES for frailer older persons who  
are functionally and/or socially  
impaired and may need 24 hour  
protective oversight. | Provides a living arrangement  
which integrates shelter with medi-  
cal, nursing, psychosocial and reha-  
bilitation services for older persons  
who require 24 hour nursing su-  
pervision. |
| **Primary Services**   | -A-  
• Age-segregated buildings  
• Environmental security  
• Possible coordination of resident services, i.e., transportation, activities, housekeeping, etc.  
• OR no services are available | -B-  
"A" services, plus:  
• Meals (1-3 per day)  
• Transportation  
• Activities  
• Housekeeping assistance  
• Assistance with coordination of community-based services | -C-  
"A & B" services, plus:  
• Assistance with activities of daily living  
• Medication monitoring  
• 24-hour protective oversight  
• LPN/RN & social services are increasingly becoming available  
• Secure (dementia) environments may be available | -D-  
"A, B & C" services, plus:  
• All medication administration  
• 24-hour nursing supervision  
• Secure environments (dementia) may be available  
• Physical therapies & rehabilitation services |
<p>| <strong>Mobility</strong>           | Capable of moving about independently. Able to seek and follow directions. Able to evacuate independently in emergency OR ambulatory with cane or walker. Independent with wheelchair but needs help in an emergency. | Capable of moving about independently. Able to seek and follow directions. Able to evacuate independently in emergency OR ambulatory with cane or walker. Independent with wheelchair but may need help in an emergency. | Mobile but may require escort/assistance due to confusion, poor vision, weakness, or poor motivation OR requires occasional assistance to move about but usually is independent with an assistive device. | May require assistance with transfers from bed, chair, toilet OR requires transfer and transport assistance OR requires turning and positioning in bed and wheelchair. |</p>
<table>
<thead>
<tr>
<th></th>
<th>Independent Living</th>
<th>Retirement Community</th>
<th>Assisted Living</th>
<th>Nursing Facility</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Nutrition</strong></td>
<td>Able to prepare own meals. Eats meals without assistance.</td>
<td>Able to prepare own meals. Eats meals without assistance.</td>
<td>All meals &amp; snacks provided. May require reminders or assistance getting to dining room. May require minimal assistance, i.e. opening cartons or other packages, cutting food, or preparing trays.</td>
<td>May be unable or unwilling to go to dining room. May be dependent on staff for eating/feeding needs OR totally dependent on staff for nourishment (includes reminders to eat and/or feeding).</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Generally a minimum of one meal a day is available and may be included in monthly rent.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Hygiene</strong></td>
<td>Independent in all care including bathing and personal laundry.</td>
<td>Independent in all personal care including bathing and personal laundry.</td>
<td>May require assistance with bathing or hygiene OR may require assistance, initiation, structure or reminders. Resident may be able to complete some tasks.</td>
<td>May be dependent on staff for all personal hygiene.</td>
</tr>
<tr>
<td></td>
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</tr>
<tr>
<td><strong>Housekeeping</strong></td>
<td>Independent in performing housekeeping functions (includes making bed, vacuuming, cleaning and laundry).</td>
<td>Independent in performing housekeeping functions (includes making bed, vacuuming, cleaning and laundry) OR may need assistance with heavy housekeeping, vacuuming, laundry and linens.</td>
<td>Housekeeping and laundry services provided.</td>
<td>Housekeeping and laundry services provided.</td>
</tr>
<tr>
<td></td>
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</tr>
<tr>
<td><strong>Dressing</strong></td>
<td>Independent and dresses appropriately.</td>
<td>Independent and dresses appropriately.</td>
<td>May require occasional assistance with shoe laces, zippers, etc., and/or medical appliances or garments OR may require reminders, initiation or motivation. Resident may be able to complete tasks.</td>
<td>May be dependent on staff for dressing.</td>
</tr>
<tr>
<td></td>
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<td></td>
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<td></td>
</tr>
<tr>
<td><strong>Toileting</strong></td>
<td>Independent and completely continent.</td>
<td>Independent and completely continent OR may have incontinence, colostomy or catheter, but independent in caring for self through proper use of supplies.</td>
<td>Same as ‘Retirement Community’. May have occasional problem with incontinence, colostomy, or catheter. May require assistance in caring for self through proper use of supplies.</td>
<td>May have problem with incontinence, colostomy, catheter and requires assistance OR may be dependent and unable to communicate toileting needs.</td>
</tr>
<tr>
<td>Residency Type</td>
<td>Criteria</td>
<td>Medication Administration</td>
<td>Mental Status</td>
<td>Behavioral Status</td>
</tr>
<tr>
<td>------------------------</td>
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</tr>
<tr>
<td><strong>Independent Living</strong></td>
<td>Responsible for self administration of all medications.</td>
<td>Responsible for self administration of all medications OR may arrange for family or home health agency to establish a medication administration system.</td>
<td>Oriented to person, place and time AND memory is intact, but has occasional forgetfulness without consistent pattern of memory loss AND able to reason, plan, and organize daily events. Mental capability to identify environmental needs and meet them.</td>
<td>Deals appropriately with emotions and uses available resources to cope with inner stress AND deals appropriately with other residents and staff.</td>
</tr>
<tr>
<td><strong>Retirement Community</strong></td>
<td>Responsible for self administration of all medications.</td>
<td>May be able to self-administer medications OR certified facility staff administer meds OR facility staffed by RN/LPN administer medications.</td>
<td>Oriented to person, place and time AND memory is intact, but has occasional forgetfulness without consistent pattern of memory loss AND able to reason, plan, and organize daily events. Mental capability to identify environmental needs and meet them.</td>
<td>Deals appropriately with emotions and uses available resources to cope with inner stress AND deals appropriately with other residents and staff OR may require periodic intervention from staff to resolve conflicts with others in order to cope with situational stress.</td>
</tr>
<tr>
<td><strong>Assisted Living</strong></td>
<td>May be able to self-administer medications OR certified facility staff administer meds OR facility staffed by RN/LPN administer medications.</td>
<td>May require occasional direction or guidance in getting from place to place OR may have difficulty with occasional confusion which may result in anxiety, social withdrawal, or depression OR orientation to time or place or person may be impaired.</td>
<td>May require occasional direction or guidance in getting from place to place OR may have difficulty with occasional confusion which may result in anxiety, social withdrawal, or depression OR orientation to time or place or person may be impaired.</td>
<td>May require periodic intervention from staff to facilitate expression of feelings in order to cope with inner stress OR may require periodic intervention from staff to resolve conflicts with others in order to cope with situational stress.</td>
</tr>
<tr>
<td><strong>Nursing Facility</strong></td>
<td>Medications administered by licensed or certified personnel.</td>
<td>Judgment is likely to be poor and the resident may attempt tasks which are not within capacities OR may require strong orientation and reminder program. May need guidance in getting from place to place OR disoriented to time, place and person OR memory is severely impaired. Usually unable to follow directions.</td>
<td>May require occasional direction or guidance in getting from place to place OR may have difficulty with occasional confusion which may result in anxiety, social withdrawal, or depression OR orientation to time or place or person may be impaired.</td>
<td>May require regular intervention from staff to facilitate expression of feelings and to deal with periodic outbursts of anxiety or agitation OR maximum staff intervention is required to manage behavior OR resident may be a physical danger to self or others OR expectations are unrealistic and approach to staff is uncooperative.</td>
</tr>
</tbody>
</table>
Independent Apartments

Independent living apartments are generally appropriate for persons who are socially and functionally independent all or most of the time. Residents are capable of moving about, taking care of their hygiene, preparing and eating their own meals, performing most housekeeping tasks, monitoring their medications, are able to reason, identify and meet their own needs, and deal appropriately with other people.

Apartment complexes vary greatly so take a complete tour and ask a lot of questions. Most importantly, READ EVERYTHING that you are asked to sign.

QUESTIONS TO ASK:

- How old is the building?
- How many floors and wings?
- Are there elevators? How many?
- Are there extra charges such as a pet fee, security deposit, application fee, late charge?
- What is required for deposit refund?
- Do you offer discounts?
- What is the lease term?
- Do you have a pool and/or exercise room?
- What are the laundry facilities like?
- What is the neighborhood like?
- Where is the closest bus stop?
- Where is the closest grocery store, park, senior center and hospital?
- What could cause me to be asked to move out?
- Who would determine that and what is my recourse?
- What is the complaint and grievance procedure?
- Is there handicapped access to all parts of the property?
- Who is responsible for repairs?
**SENIOR APARTMENTS**

Apartments are for those who are able to live without assistance. Apartments listed generally have a high percentage of seniors. Those apartments marked as "affordable" may offer subsidized and/or reduced rent. The reduced rent may be the Section 8 Housing Choice Voucher Program, Low Income Tax Credit, Public Housing, below Fair Market Rent rates or other subsidies. Please check with each unit for details on rent and amenities. Rates are subject to change.

<table>
<thead>
<tr>
<th>SEE AD ON PAGE</th>
<th># OF UNITS</th>
<th>AFFORDABLE/SUBSIDIZED</th>
<th>UTILITIES PAID</th>
<th>ON-SITE MEAL</th>
<th>LAUNDRY FACILITIES</th>
<th>GROUND LEVEL OR ELEVATORS</th>
<th>PETS ACCEPTED</th>
<th>WITHIN 3/4 MILE OF BUS ROUTE</th>
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<tbody>
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<td>BELCARO, THE</td>
<td>3475 American Dr 80917</td>
<td>(719) 380-9222</td>
<td>112</td>
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<td>3933 E San Miguel St 80909</td>
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<td>FOUNTAIN GARDEN APARTMENTS</td>
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<td>(719) 632-2155</td>
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<td>FOUNTAIN OAKS</td>
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<td>(719) 418-6835</td>
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<td>GRINDE MANOR</td>
<td>906 Grinde Dr, Fountain 80817</td>
<td>(719) 382-5639</td>
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<td>HATLER-MAY VILLAGE</td>
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<td>LAKEVIEW APARTMENTS</td>
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<td>62</td>
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<td>LAUREL GARDENS</td>
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<td>(719) 227-7162</td>
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<td>PROSPECT PARK</td>
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**SENIOR APARTMENTS**

Apartments are for those who are able to live without assistance. Apartments listed generally have a high percentage of seniors. Those apartments marked as "affordable" may offer subsidized and/or reduced rent. The reduced rent may be the Section 8 Housing Choice Voucher Program, Low Income Tax Credit, Public Housing, below Fair Market Rent rates or other subsidies. Please check with each unit for details on rent and amenities. Rates are subject to change.

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<th>PETS ACCEPTED</th>
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<td>2480 E Dale St 80909</td>
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<td>907 E Colorado Ave 80903</td>
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</tbody>
</table>

* Multiple low income and subsidized properties are operated by the Colorado Springs Housing Authority. Please call (719) 387-6700 or check www.csha.us for availability and more information.

The Fountain Housing Authority can be reached at (719) 382-5630
Retirement Communities

Retirement communities provide private apartment or townhome living. They may offer optional amenities and a variety of floor plans. Many people choose to live in a senior community because they want to have a choice of prepared meals, socialization, planned activities, transportation, housekeeping, and security. Some retirement communities offer personal care services, a state-licensed assisted living program or a nursing center. These communities are referred to as “multi-level”. It is important to know the availability and cost of services, amenities, and levels of assistance before making a move.

Residents of retirement communities are generally independent and capable of self-care. A resident recovering from an illness may use private funds or insurance to enlist home health services within the guidelines of the community policies. If a resident needs extensive daily care and supervision, the retirement community manager may recommend, or require, that the resident move to a higher care level. Retirement communities vary greatly, so take a complete tour and ask a lot of questions. Most importantly, READ EVERYTHING that you are asked to sign.

QUESTIONS TO ASK:
- What is included in the basic package: meals, transportation, housekeeping, security, laundry or utilities?
- Is the basic package flexible?
- Is any financial assistance available?
- Is personal care available?
- What recreational facilities and programs are available?
- What rules exist that may affect the quality of life: bylaws, resident association, pets, smoking, visitors?
- Is there a resident handbook?
- Is there a waiting list?
- Is there an application fee, security deposit, or other fees?
- What are the payment options for home health care services?

The Area Agency on Aging Ombudsman Program helps residents of assisted living and nursing home facilities, providing on-site help when problems arise.

Call an Ombudsman for assistance when looking for a care facility or needing to report a concern or problem.

For information and assistance
719-301-6388
## Retirement Communities

Retirement communities provide housing and services for those who are generally independent and in good health but who prefer social activities, meals and minimal services. Multi-level communities cover a broad range of service options from independent status to assisted living or skilled (nursing home) care.

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### See AD On Page

<table>
<thead>
<tr>
<th># of Units</th>
<th>Meals Per Day</th>
<th>Emergency Call System</th>
<th>24-Hour Staff</th>
<th>Transportation</th>
<th>Pets OK</th>
<th>Non-Smoking</th>
<th>Housekeeping</th>
<th>Activity Program</th>
<th>Pool/Fitness Center</th>
<th>Floor Plans</th>
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<td>ST, 1BR, 2BR, PH</td>
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### ASPEN TRAIL RESORT LIFESTYLE COMMUNITY
5455 New Car Dr 80923 (719) 755-5000

- # of Units: 128
- Meals Per Day: 3
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### BONAVENTURE OF COLORADO SPRINGS
9112 Grand Cordera Pkwy 80924 (719) 434-5230

- # of Units: 80
- Meals Per Day: 2
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### BROOKDALE SKYLINE
2365 Patriot Heights 80904 (719) 667-5360

- # of Units: 350
- Meals Per Day: 3
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### CHEYENNE PLACE
945 Tenderfoot Hill Rd 80906 (719) 576-2122

- # of Units: 97
- Meals Per Day: 3
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### INN AT GARDEN PLAZA, THE
2520 International Cir 80910 (719) 630-1155

- # of Units: 150
- Meals Per Day: 3
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### JACKSON CREEK SENIOR LIVING
16601 Jackson Creek Park, Monument 80132 (719) 725-6060

- # of Units: 27
- Meals Per Day: 3
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### LIBERTY HEIGHTS RETIREMENT COMMUNITY
12105 Ambassador Dr 80921 (719) 481-9494

- # of Units: 143
- Meals Per Day: 3
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### MACKENZIE PLACE
1605 Elm Creek View 80907 (719) 633-8181

- # of Units: 172
- Meals Per Day: 3
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### MEDALION RETIREMENT COMMUNITY
1719 E Bijou St 80909 (719) 381-1000

- # of Units: 60
- Meals Per Day: 3
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### MYRON STRATTON HOME
2525 Hwy 115 S 80906 (719) 540-3111

- # of Units: 67
- Meals Per Day: 3
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### PALISADES AT BROADMOOR PARK
4547 Palisades Park View 80906 (719) 247-2078

- # of Units: 34
- Meals Per Day: 2
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### REVEL PROVINCE
2960 Tutt Blvd 80922 (719) 377-3900

- # of Units: 160
- Meals Per Day: Varies
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### SPRINGS RANCH CRAFTSMAN COTTAGES
3315 Emmett View 80922 (719) 472-4959

- # of Units: 12
- Meals Per Day: ●
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●

### SUMMIT GLEN RETIREMENT LIVING
4825 Old Farm Dr 80917 (719) 380-1409

- # of Units: 119
- Meals Per Day: 3
- Emergency Call System: ●
- 24-Hour Staff: ●
- Transportation: ●
- Pets OK: ●
- Non-Smoking: ●
- Housekeeping: ●
- Activity Program: ●
- Pool/Fitness Center: ●
## RETIREMENT COMMUNITIES

Retirement communities provide housing and services for those who are generally independent and in good health but who prefer social activities, meals and minimal services. Multi-level communities cover a broad range of service options from independent status to assisted living or skilled (nursing home) care.

<table>
<thead>
<tr>
<th>Retirement Community</th>
<th>Address</th>
<th>Phone</th>
<th># of Units</th>
<th>Meals per Day</th>
<th>24-Hour Staff</th>
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<th>Pool/Fitness Center</th>
<th>Floor Plans</th>
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<td>SUNRIDGE INDEPENDENT RETIREMENT RESIDENCE</td>
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<td>(719) 590-1247</td>
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### Pikes Peak Area Agency on Aging

**YOUR FIRST CALL FOR SENIOR SERVICES**

The PPACG Area Agency on Aging is a network of state and local programs that help older people to plan and care for their life-long needs and live independently in their own homes for as long as possible.

**Services**
- Senior Information and Assistance
- Family Caregiver Support Center
- Ombudsman Program
- Senior Insurance Assistance

For information & assistance 719-471-2096

### Caregiver Support Center

We can give you the tools you need to manage your caregiving responsibilities while also caring for yourself. Let us help you now.

For information & assistance 719-886-7526
Assisted Living Residences

Assisted living residences combine housing and general support services for residents that cannot live alone but do not require skilled nursing care. These facilities are licensed through the state health department; facilities that accept Medicaid are also licensed through a separate state agency. Any facility providing care to three or more unrelated individuals must be licensed. Assisted living residents require a referral and medication orders from a doctor.

Most ALRs provide housing, meals, snacks, laundry services, 24-hour staffing, activities, and certified medication administration. Optional services can include transportation, bathing, dressing, and special diets. Some facilities offer short-term “respite” care. Facility sizes can range from small private homes to multi-unit high-rise buildings. Rooms can be private or semi-private.

Many ALRs accept residents in the early stages of dementia or forgetfulness. Facilities identified as having a “secured dementia unit” have special requirements and provide a secured environment for residents that are at risk of wandering or may demonstrate challenging behaviors.

Assisted living residents vary in their conditions. Some have physical challenges such as balance, ambulation, hearing, or sight. Others may have mild cognitive challenges and need to be reminded about when to eat or take medications. They may require assistance with bathing, shopping, dressing, and daily activities.

Assisted living residences vary greatly, so take a complete tour and ask a lot of questions. Most importantly, READ EVERYTHING that you are asked to sign.

QUESTIONS TO ASK:
- Are the rooms private or semi-private?
- What do the monthly fees include: laundry, transportation, activities?
- Do they accept Medicaid?
- Do they have a secured dementia area?
- Do they allow pets?
- Do they allow smoking?
- Can they accommodate special diets?
- What types of personal care are provided (bathing, dressing, hair care)?
- Is nursing care available through the facility or an outside agency?
- What are the costs?
- How do they handle medical emergencies?

Concerns about care in assisted living residences can be referred to the Long-Term Care Ombudsman at 719-471-2096.
## ASSISTED LIVING

Assisted living residences provide meals, housing and support services for individuals who do not need skilled nursing care.

Services may include personal care, medication administration, activities, and 24-hour supervision. Assisted Living facilities are licensed by the State of Colorado and more information may be found at [https://cdphe.colorado.gov](https://cdphe.colorado.gov) under health care facilities.

### Assisted Living Facilities

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<tr>
<th>SEE AD ON PAGE</th>
<th>NUMBER OF UNITS</th>
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ASSISTED LIVING

Assisted living residences provide meals, housing and support services for individuals who do not need skilled nursing care. Services may include personal care, medication administration, activities, and 24-hour supervision. Assisted Living facilities are licensed by the State of Colorado and more information may be found at [https://cdphe.colorado.gov](https://cdphe.colorado.gov) under health care facilities.

<table>
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<th>SEE AD ON</th>
<th>NUMBER OF UNITS</th>
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<th>MEDICAID CERTIFIED</th>
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<td>3102-3108 N Prospect St 80907</td>
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| FREEDOM HOME ASSISTED LIVING | 8 | $5500-$6500 | ⬤ | | | ⬤ | ⬤ | | ⬤ | |
| 8395 Clifton Dr 80920 | (720) 436-3995 |

| GARDEN RANCH SENIOR CARE | 7 | $3000+ | | | | | | | |
| 5075 Saddle Dr 80918 | (719) 260-9121 |

| GENTLE CARE HOUSE | 8 | $2300-$3700 | ⬤ | | | | ⬤ | |
| 1335 Darby St 80907 | (719) 466-9863 |

| HEALTHCARE RESORT OF COLORADO SPRINGS | 28 | $3675+ | | | | | | | |
| 2818 Grand Vista Circle 80904 | (719) 632-7000 |

| HOME CARE AT POPA'S ASSISTED LIVING | 8 | $3500+ | | | | | | | |
| 9340 Burgess Rd 80908 | (719) 330-6882 |

| HOME CARE KETTLE'S ASSISTED LIVING | 8 | $3500+ | | | | | | | |
| 1929 Meyers Ave 80909 | (719) 330-6882 |

| HOME CARE MOMA'S ASSISTED LIVING | 8 | $3500+ | | | | | | | |
| 2501 Bennett Ave 80909 | (719) 330-6882 |

| IVY COTTAGE I | 10 | $2715+ | | | | | | | |
| 2060 Pima Dr 80915 | (719) 596-0076 |

| IVY COTTAGE II | 9 | $2715+ | | | | | | | |
| 1945 Okeechobee Dr 80915 | (719) 380-7986 |

| JACKSON CREEK SENIOR LIVING | 75 | $3575-$6050 | | | | | | | |
| 16601 Jackson Creek Pkwy Monument 80132 | (719) 725-6060 |

| LARK SPRINGS | 60 | $3525-$4450 | | | | | | | |
| 2850 N Academy Blvd 80917 | (719) 637-0877 |

| LEGEND OF COLORADO SPRINGS | 91 | $4260-$6620 | | | | | | | |
| 2368 Research Pkwy 80920 | (719) 309-0070 |

| LIBERTY HEIGHTS ASSISTED LIVING | 50 | Call for rates | | | | | | | |
| 12105 Ambassador Dr 80921 | (719) 481-9494 |
ASSISTED LIVING
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<th>SECURED DEMENTIA CARE PROGRAM</th>
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## ASSISTED LIVING

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ASSISTED LIVING
Assisted living residences provide meals, housing and support services for individuals who do not need skilled nursing care. Services may include personal care, medication administration, activities, and 24-hour supervision. Assisted Living facilities are licensed by the State of Colorado and more information may be found at https://cdphe.colorado.gov under health care facilities.

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Pikes Peak Area Agency on Aging

OMBUDSMAN PROGRAM

The Area Agency on Aging Ombudsman Program helps residents of assisted living and nursing home facilities, providing on-site help when problems arise.

Call an Ombudsman for assistance when looking for a care facility or needing to report a concern or problem.

719-301-6388

PIKES PEAK AREA AGENCY ON AGING
Answers • Assistance • Advocacy

YOUR FIRST CALL FOR SENIOR SERVICES

The Pikes Peak Area Agency on Aging offers:

• The Senior Information and Assistance Center
• Medicare Counseling
• Medicare, Social Security and Retirement Classes
• Family Caregiving Support Services
• Ombudsman Services
• And many other things, including service and support vouchers

For information & assistance
(719) 471-2096
or
www.ppacg.org/aging
Skilled Nursing Facilities

Skilled nursing facilities provide housing with medical, nursing, psychosocial, and rehabilitation services for persons who require 24-hour nursing supervision or need extensive assistance with everyday tasks. Some facilities provide both long-term care services as well as short-term rehabilitation (usually post-hospital stay). Some only provide short-term rehab. They all provide meals, laundry, housekeeping, planned activities, assistance with dressing, feeding, bathing, and toileting. They also have social services support and medical services that can include wound care, ventilator care, and intravenous therapies.

Skilled nursing facilities vary greatly, so take a complete tour and ask a lot of questions. Most importantly, READ EVERYTHING that you are asked to sign. If you observe something during a tour that you are not comfortable with, ask the director of nursing about it and come back at an unannounced time for a follow-up visit.

Skilled nursing facilities are licensed by the state and are required to undergo yearly evaluations. The results of these surveys are available on the website of the Colorado Department of Public Health and Environment under Health Facilities.

There are four payment options available for skilled facilities:

1. Private pay: Out-of-pocket or reimbursed by long-term care insurance.
2. Medicare: Generally pays for 100% of first 20 days and roughly 80% of the next 80 days after an inpatient hospital admission (usually of three overnights or more) and a medical requirement for short-term rehabilitation.
4. Veterans benefits: These vary and may only apply to facilities that have VA contracts. Check with the facility or with the Veterans Administration office for more details. Assists veterans and their widows and can be combined with a private-pay option.

QUESTIONS TO ASK:

- Are the rooms private or semi-private?
- If the stay is for short-term rehab, will I be able to stay in long-term care if needed?
- What are the fees (usually charged by the day)?
- What do the fees include, and are there additional charges?
- Are they Medicare and/or Medicaid certified?
- What types of rehabilitation services are provided?
- Do they offer specialized dementia care?
- What types of activities are provided?
- How many beds does the facility have and what is the staffing ratio?
- Is smoking allowed?
- How do they ensure that high-quality care is being delivered?
- Are there support services for families?

Concerns about care in skilled nursing facilities can be referred to the Long-Term Care Ombudsman at 719-471-2096. The ombudsman's role is to respond to and investigate complaints regarding care issues in all licensed facilities. The ombudsman attempts to resolve issues on behalf of the resident and may, if appropriate, report serious incidents to an appropriate regulatory government agency.
# NURSING HOMES\SKILLED NURSING

Licensed nursing homes provide meals and housing along with medical, nursing, psychosocial, and rehabilitation services for individuals who require 24-hour nursing supervision or need extensive help with everyday tasks. Additional information is available at [www.medicare.gov](http://www.medicare.gov) and [https://cdphe.colorado.gov](https://cdphe.colorado.gov).

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<tr>
<th>SEE AD ON PAGE</th>
<th># OF BEDS</th>
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<th>MEDICARE CERTIFIED</th>
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## NURSING HOMES/SKILLED NURSING

Licensed nursing homes provide meals and housing along with medical, nursing, psychosocial, and rehabilitation services for individuals who require 24-hour nursing supervision or need extensive help with everyday tasks. Additional information is available at www.medicare.gov and https://cdphe.colorado.gov

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<td>VETERANS COMMUNITY LIVING CENTER AT HOMELAKE 3749 Sherman Ave, Monte Vista 81144 (888) 838-2687</td>
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**Pikes Peak Area Agency on Aging**

**CAREGIVER SUPPORT CENTER**

We can give you the tools you need to manage your caregiving responsibilities while also caring for yourself.

Let us help you now; call for information about services and programs.

For information & assistance 719-886-7526

---

**AGE-FRIENDLY PIKES PEAK**

The Age-Friendly Pikes Peak Portal features a variety of resources for older adults.

From arts to health to volunteering and much more...

agefriendlyphikespeak.org
GLOSSARY

Advocates: Individuals who intercede on behalf of elders or persons with physical, mental or developmental disabilities to ensure they receive the benefits and services for which they are eligible.

Advanced Directive: A statement written prior to a medical need that states how you want medical decisions to be made if you lose the ability to make your own decisions.

Assisted Living: Facilities or residences that combine shelter and general support services for individuals who cannot live alone but do not need skilled nursing care.

Behavioral Health: The scientific study of the emotions, behaviors and biology relating to a person's mental well-being, their ability to function in everyday life and their concept of self. “Behavioral health” is the preferred term to “mental health.”

Care/Case Management: Programs that develop plans for the evaluation, treatment and/or care of individuals who, because of age, illness, disability or other difficulties, need assistance in planning and arranging for services.

Caregiver: A person who helps care for someone who is ill, disabled or aged. The caregiver can be a relative, friend or paid provider.

Care Plan: A written plan for your care that tells you what services you will receive.

Connect for Health Colorado: The government health insurance program, an on-line resource for all Colorado residents who need health coverage.

COLA: Cost of Living Adjustment. An adjustment to income benefits (commonly applied to Social Security or other retirement income) to compensate for inflation.

Disability: A physical or mental condition that limits a person's movements, senses or activities; a disadvantage or handicap, especially one imposed or recognized by the law. The ADA defines a person with a disability as a person who has a physical or mental impairment that substantially limits one or more major life activities.

Hospice: An organization that provides palliative care and social, emotional and spiritual support to patients and family during the final stage of life; hospice services are prescribed by a doctor.

Home Care Agency: Organizations/business that provide in-home
skilled services (including nursing, home health aides, speech, physical and occupational therapy, and medical social work) to enable persons to remain in their own home. Also includes agencies providing personal care, homemaking and companionship.

Living Will: A legal document, also known as a medical directive or advance directive, that states your wishes regarding life-support or medical treatment in certain circumstances, usually when a physician has certified that death is imminent.

Long-Term Care: A variety of services that help meet both the medical and non-medical needs of people with a chronic illness or disability who cannot care for themselves for long periods of time.

Medicaid Program: A joint federal and state program that helps low-income individuals, families, elderly or disabled individuals pay for medical care. To receive Medicaid, an individual must meet income and asset limits and must go through an application process. Although largely funded by the federal government, Medicaid is run by the state, so coverage and services may vary.

Medicare: The federally funded and federally administered health insurance program that provides health insurance to individuals ages 65 and older, and to individuals who are disabled and receiving Social Security benefits.

Mental Health: A state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.

Nursing Home/Facility: A facility that provides skilled nursing care and related services for the rehabilitation of injured, disabled or sick persons and custodial care for long-term care residents.

Ombudsman (Long-Term Care): Advocate trained to resolve problems for residents of nursing homes, board-and-care homes, and assisted living facilities.

Power of Attorney (Financial): A document appointing someone you trust to make decisions about your finances in the event you cannot make those decisions yourself.

Power of Attorney (Medical Durable): A document appointing someone you trust to make decisions about your medical care if you lose the ability to make them for yourself. This type of advance directive also may be called a health care proxy, appointment of health care agent, or a durable power of attorney for health care.
Qualified Medicare Beneficiary (QMB): Qualifying for QMB allows the state to pay the Medicare Part B premium, deductibles and co-insurances that Medicare does not cover for medical services.

Respite: Care providing short-term relief to caregivers in various settings: the home, assisted living facilities, nursing homes and adult daycare centers.

Reverse Mortgage: A loan against the equity in your home. The senior homeowner remains the owner of the home and still pays property taxes and insurance. There is no repayment as long as you live in the home.

Special Low-Income Medicare Beneficiary: Benefits for SLMBs are limited to payment of the Medicare Part B premium only.

Substance Abuse: Overindulgence in or dependence on an addictive substance, especially alcohol or drugs.

Urgent Care: Medical care for a sudden illness or injury that needs immediate treatment but is not life threatening.

ACRONYMS

Acronyms commonly used by government agencies, medical professionals and social service providers.

AAA: Area Agency on Aging. Administers programs and services that help older residents remain in their own homes by removing barriers to independent living. AAAs cover every county in the United States.

AARP: American Association of Retired Persons

ACA: Affordable Care Act

ADA: Americans with Disabilities Act

ADRC: Aging and Disability Resources for Colorado. Provides streamlined access to long-term services and supports for adults with disabilities and seniors.

ADL: Activities of Daily Living. Activities that are regularly necessary for personal care. These activities can include: transfers in or out of a bed or chair, toileting, walking, dressing, bathing, hygiene care and eating.

AoA: Administration on Aging. Federal agency that distributes funding and oversees State Units on Aging

APS: Adult Protective Services

CDHS: Colorado Department of Human Services

CICP: Colorado Indigent Care Program

CMS: Center for Medicare and Medicaid Services

COLA: Cost of Living Adjustment
COPE: Project COPE. A Colorado Springs Utilities program that provides utilities payment assistance to families and individuals struggling financially due to a personal crisis or emergency.

DHS: Department of Human Services

FPL: Federal Poverty Limit

HIPAA: Health Insurance Portability and Accountability Act (also known as the Privacy Act) was designed to facilitate health insurance reform, implement standards for the transfer of health data, and protect the privacy of healthcare consumers.

HCBS: Home and Community-Based Services

HHC: Home Health Care (Agency)

HUD: Housing and Urban Development

IADL: Independent Activity of Daily Living

LEAP: Low-Income Energy Assistance Program

LIS: Low-Income Subsidy

LTC: Long-Term Care

MSP: Medicare Savings Program

OAA: Older Americans Act

OT/PT/ST: Occupational Therapy/Physical Therapy/Speech Therapy

OAP: Old Age Pension

OTC: Over the Counter

PACE: Program of All-inclusive Care for the Elderly

POA: Power of Attorney

PPACG: Pikes Peak Area Council of Governments

RCCO: Regional Care Collaborative Organization

SHIP: State Health Insurance Program

SSA: Social Security Administration

SSDI: Social Security Disability Income

SSI: Supplemental Security Income. The federal program to provide financial assistance to low-income, aged, blind, and disabled individuals

SNAP: Supplemental Nutrition Assistance Program (Food Stamps)

SNF: Skilled Nursing Facility

VA: Veterans Administration

VOA: Volunteers of America
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UCCS Healthcircle Primary Care Clinic (719) 255-8001
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Umbrella Home Health Care (719) 482-0774
United Access (719) 590-1400
University of CO School of Dental Medicine (303) 724-6900
Urbanites Leading the Pikes Peak Region (719) 634-1525
USAFA Airman & Family Readiness Center (719) 333-3444
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<td>Wheelchair Getaways of Colorado</td>
<td>(800) 238-6920</td>
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<td>Widow's Oil Pantry (Harris Park Bible Church)</td>
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<td>Wildfire Mitigation Program (CSFD)</td>
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Area Agency on Aging

The AAA focuses on providing services that help older residents stay independent and secure. Our services are available to anyone over 60 years of age who lives in El Paso, Teller, or Park county.

2022 Regional Advisory Council

The Regional Advisory Council of the Area Agency on Aging consists of laypersons and service providers who represent the interests of older adults in the AAA Planning and Service Area of El Paso, Park and Teller counties, and advocate on their behalf.

CITY OF COLORADO SPRINGS
Bea Babbitt (Chair)
Marylynn Massey
Joanne Ruth (TRS)
Kimberly Bryant
Debi Levin-Stankevich

TELLER COUNTY
Carol Parks (TRS)

EL PASO COUNTY
Mary Koepp
Maria Elena Cordova

EL PASO COUNTY DEPARTMENT OF HEALTH SERVICES
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PARK COUNTY
Bill Boles (2nd Vice Chair, SRS, Membership)
Chris Larsen (Vice Chair, TRS Chair)
Joyce Whittle (SRS, Membership)

COLORADO SPRINGS
ALZHEIMER’S ASSOCIATION
Rosemary Jaramillo (Membership Chair)

PIKES PEAK AREA COUNCIL OF GOVERNMENTS
Melissa Marts and Jody Barker
Rocky Mountain PACE
(Program of All-Inclusive Care for the Elderly)
provides innovative, coordinated healthcare for seniors, assisting participants so they can live enjoyable and independent lives.

Transportation to and from medical appointments and our Day Center
Coordinated healthcare
Staff and other seniors help you create a caring community
Day Center with activities and events

Call now to join us for a lunch and a tour.

(719) 314-2327 RMHCare.org

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Dave Donelson, Councilmember
Yolanda Avila, Councilmember
Bill Murray, Councilmember
(Alternate)

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Darcy Schoening, Trustee (Alternate)

TOWN OF PALMER LAKE
Glant Havenar, Trustee
Bill Bass, Mayor (Alternate)
2022 Senior Information & Assistance Directory

YOUR FIRST CALL FOR SENIOR SERVICES

The AAA focuses on providing services that help older adults stay independent and secure. Our services are available to anyone over 60 years of age in El Paso, Teller, or Park counties. We put a special effort on reaching those who are socially isolated, are low income, or live in rural areas—but all are welcome!

All of our services are free.

Call (719) 471-2096 for information and assistance.

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All services may not be available in all areas.