MEETING AGENDA
AREA AGENCY ON AGING REGIONAL ADVISORY COUNCIL
July 27, 2023, 10 a.m.

In Person
PPACG Main Conference Room – 14 S. Chestnut St., Colorado Springs, CO 80905

Virtual – Microsoft Teams (Video and Audio)
www.microsoft.com/en-us/microsoft-teams/join-a-meeting
Meeting ID: 249 286 931 959
Passcode: 2zsFWU

Virtual – Phone (Audio Only)
Phone Number: (929) 242-8427
Conference ID: 386 551 620

Meetings will be held in a hybrid format to allow in-person attendance as well as a Microsoft Teams option.

1. CALL TO ORDER / ESTABLISH A QUORUM / INTRODUCTIONS (Quorum is 5 members)

2. AGENDA APPROVAL

3. CONSENT ITEMS These items will be acted upon as a whole, unless they are called up for discussion by a council member or a citizen wishing to address the council.
   A. Approval of the minutes from the June 22, 2023 meeting

4. PUBLIC COMMENTS/PRESENTATIONS
   A. Public Comments. Public comment can be made before or during the meeting. Public comment during the meeting is limited to three minutes and can be done at the meeting location or remotely by using the posted Microsoft Teams link. Individuals are encouraged to notify the meeting organizer at ppacg@ppacg.org before the start of the meeting with the agenda item they would like to comment on. Public comments can be submitted before the meeting via email to ppacg@ppacg.org for distribution to the committee members.

5. ACTION ITEMS

6. INFORMATION ITEMS
   A. Presentations:
      • The Independence Center with Ms. Maria Cordova
      • PPAAA On Demand Pilot update. Ms. Laura Crews
   B. Membership Subcommittee
   C. Strategic Review Subcommittee
   D. AAA Director’s Report
   E. RAC Chair Report

7. DISCUSSION ITEMS
   A. OAA Notice of Proposed Rulemaking

8. MEETING SCHEDULE
   A. Next meeting – August 24, 2023 PPACG
   B. RAC Executive Committee meeting – First Wednesday of each month at 1 p.m., via Microsoft Teams
   C. PPACG Schedule

9. ADJOURNMENT
The Pikes Peak Area Council of Governments will not discriminate against qualified individuals with disabilities. Meeting materials are available in text-only and audio formats. Meetings are available to join remotely via Microsoft Teams, and meetings include live transcription for remote and in-person attendees using automated software. Should you require any additional auxiliary aids or services to participate, please contact ppacg@ppacg.org or (719) 471-7080 x139 as soon as possible so that we can do our best to accommodate your needs.

Si necesita ayuda con traducción, llame por favor al (719) 471-7080 x139 o correo electrónico ppacg@ppacg.org.
### AREA AGENCY ON AGING REGIONAL ADVISORY COUNCIL

MEMBERS

Thirty percent of the current voting committee membership (rounded up to the nearest whole number) shall constitute a quorum.

#### CITIZENS-AT-LARGE

**CITY OF CALHAN**

Vacant

**CITY OF COLORADO SPRINGS**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Expiration</th>
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</thead>
<tbody>
<tr>
<td>Bea Babbitt</td>
<td>(Past Chair)</td>
<td>12/21/23*</td>
</tr>
<tr>
<td>Marylynn Massey</td>
<td>(Chair)</td>
<td>12/31/22</td>
</tr>
<tr>
<td>Joanne Ruth</td>
<td>(TRS)</td>
<td>12/31/22</td>
</tr>
<tr>
<td>Debi Levin-Stankevich</td>
<td></td>
<td>12/31/24</td>
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</table>

**CITY OF FOUNTAIN**

Vacant

**CITY OF MANITOU SPRINGS**

Vacant

**CITY OF WOODLAND PARK**

Vacant

**CITY OF VICTOR**

Vacant

**EL PASO COUNTY**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Expiration</th>
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<tbody>
<tr>
<td>Mary Koepp</td>
<td>County Commissioner Appt.</td>
<td>12/31/24</td>
</tr>
<tr>
<td>Maria Elena Cordova</td>
<td>incl. Park and Teller Counties</td>
<td>12/31/24</td>
</tr>
</tbody>
</table>

**TOWN OF MONUMENT**

Laura Kronick                
Town appointment

**TOWN OF PALMER LAKE**

Vacant

**TOWN OF RAMAH**

Vacant

**PARK COUNTY**

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<tr>
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</thead>
<tbody>
<tr>
<td>Bill Boles</td>
<td>(2nd Vice Chair, SRS, Membership)</td>
<td>12/31/24*</td>
</tr>
<tr>
<td>Chris Larsen</td>
<td>(Vice Chair, TRS Chair)</td>
<td>County Commissioner Appt.</td>
</tr>
</tbody>
</table>

**TELLER COUNTY**

Jim Woodard (TRS)            
County Commissioner Appt.

**EL PASO COUNTY DEPARTMENT OF HEALTH SERVICES**

Aric Bidwell                
Expires 12/31/26*

**COLORADO COMMUNITY HEALTH ALLIANCE**

Jenn Nimmo (SRS Chair)       
Expires 12/31/23*

**COLORADO SPRINGS ALZHEIMER'S ASSOCIATION**

Rosemary Jaramillo           
Expires 12/31/25*    
(Membership Chair)

**PIKES PEAK AREA COUNCIL OF GOVERNMENTS**

Melissa Marts
Jody Barker

### AAA REGIONAL ADVISORY COUNCIL

The Regional Advisory Council of the Area Agency on Aging consists of laypersons and service providers who represent the interests of older adults in the AAA Planning and Service Area of El Paso, Park and Teller counties, and advocate on their behalf.
MEETING MINUTES
AREA AGENCY ON AGING REGIONAL ADVISORY COUNCIL
June 22, 2023, 10 a.m.

In Person – TELLER COUNTY
Community of Caring at the Aspen Mine Center
166 E. Bennett Ave. Cripple Creek CO

Virtual – Microsoft Teams (Video and Audio)
www.microsoft.com/en-us/microsoft-teams/join-a-meeting
Meeting ID: 237 462 336 228
Passcode: DxadAU

Virtual – Phone (Audio Only)
Phone Number: (929) 242-8427
Conference ID: 708 975 004

Meetings will be held in a hybrid format to allow in-person attendance as well as a Microsoft Teams option.

1. **CALL TO ORDER / ESTABLISH A QUORUM / INTRODUCTIONS** (Quorum is 5 members). Chair Massey called the meeting to order at 10:11. A quorum was present.

2. **AGENDA APPROVAL** Ms. Debi Levin Stankevich motioned for approval, Mr. Jim Woodard seconded. The motion carried unanimously.

3. **CONSENT ITEMS** These items will be acted upon as a whole, unless they are called up for discussion by a council member or a citizen wishing to address the council.
   A. Approval of the minutes from the May 25, 2023 meeting. Mr. Jim Woodard motioned for approval, Ms. Debi Levin Stankevich seconded. The motion carried unanimously.

4. **PUBLIC COMMENTS/PRESENTATIONS**
   A. Public Comments. Public comment can be made before or during the meeting. Public comment during the meeting is limited to three minutes and can be done at the meeting location or remotely by using the posted Microsoft Teams link. Individuals are encouraged to notify the meeting organizer at ppacg@ppacg.org before the start of the meeting with the agenda item they would like to comment on. Public comments can be submitted before the meeting via email to ppacg@ppacg.org for distribution to the committee members.

   Mr. Jason DeaBueno, Executive Director Silver Key, shared about the Silver Key Senior Summit on July 11, 2023 from 8:30-3:30 with 60 vendors.

5. **ACTION ITEMS**

6. **INFORMATION ITEMS**
   A. Presentations: Community of Caring. Ms. Stephanie Egan, Senior Advocacy Manager, introduced her team with Nancy Hartsfield and Lisa Canon. They provide case management, calls of reassurance, homemaker and Aging Mastery. They focus on principles from the Wellness Wheel as they work to support older adults where they are at with their needs. The Aging Mastery program is a huge hit with senior participants creating opportunities to meet up after the program is over, like a hiking group. Participants also appreciated the medication presentation and learning about the Five Wishes. See their presentation for additional information.

   B. Membership Subcommittee

   C. Strategic Review Subcommittee. Mr. Jody Barker updated on the Four Year Plan that is currently under review at the State level and we hope to hear about approval the end of June.

   D. AAA Director’s Report. Mr. Jody Barker had three updates. First, the PPACG Board approved the RAC recommendations for the ARPA funding. We are looking at a July 1 start date for organizations to access
the funding. The federal government determined they will not draw back any unallocated ARPA funding to
offset the debt ceiling conversations. Second, the Older Americans Act reauthorization will be coming up
in 2025 and in preparation for that is Notice of Proposed Rule Making to review regulations opening
up. There have been few changes to the Act since its beginning in 1965. There is a link to the proposed
changes, how to give feedback and to register for the hearing on the PPACG. Last, World Elder Abuse
Awareness Day (WEAAD) was an opportunity in June to raise awareness about this need. The PPAAA
Ombudsmen led the work to host a series of discussions around the region ending with a discussion with
the long term care Regional Council Chairs on June 28. PPACG signed a proclamation recognizing the
month of June for WEAAD and the El Paso County Commissioners signed a proclamation as well.

E. RAC Chair Report. Chair Massey thanked the Community of Caring for hosting the meeting and providing years
of service to the community.

7. DISCUSSION ITEMS

8. MEETING SCHEDULE
A. Next meeting – July 27, 2023 PPACG
B. RAC Executive Committee meeting – First Wednesday of each month at 1 p.m., via Microsoft Teams
C. PPACG Schedule

The State Commission on Aging will be meeting in Colorado Springs in September.
PPAAA Quarterly Provider Meeting is scheduled for July 26.
US Aging Conference is in July. Mr. Jody Barker will be attending.

9. ADJOURNMENT Chair Massey adjourned at 11:24.

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<table>
<thead>
<tr>
<th>Present</th>
<th>Name</th>
<th>Agency/Affiliation</th>
<th>Term off/Renew</th>
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<tr>
<td>X</td>
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<td>Babbitt Colorado Springs</td>
<td>12/23 At Large Past Chair</td>
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<tr>
<td>X</td>
<td>Jody</td>
<td>Barker AAA Director</td>
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<tr>
<td>X</td>
<td>Bill</td>
<td>Boles Park County</td>
<td>12/24 Y</td>
</tr>
<tr>
<td>X</td>
<td>Aric</td>
<td>Bidwell Department of Human Services</td>
<td>12/23 N</td>
</tr>
<tr>
<td></td>
<td>Joann</td>
<td>Ruth Colorado Springs</td>
<td>12/25 N</td>
</tr>
<tr>
<td>X</td>
<td>Marylyn</td>
<td>Massey Colorado Springs</td>
<td>12/25 N</td>
</tr>
<tr>
<td>X</td>
<td>Jenn</td>
<td>Nimmo Colorado Springs Health Alliance</td>
<td>12/23 N</td>
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<td>X</td>
<td>Jim</td>
<td>Woodard Teller County</td>
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<tr>
<td>X</td>
<td>RoseMary</td>
<td>Jaramillo Colorado Springs</td>
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<tr>
<td></td>
<td>Mary</td>
<td>Koepp El Paso County</td>
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<tr>
<td>X</td>
<td>Maria</td>
<td>Cordova El Paso, Park, Teller</td>
<td>12/24 Y</td>
</tr>
<tr>
<td>X</td>
<td>Debi</td>
<td>Levin-Stankevich Colorado Springs</td>
<td>12/24 Y</td>
</tr>
<tr>
<td>X</td>
<td>Laura</td>
<td>Kronick Monument</td>
<td>Appointed</td>
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<tr>
<td>X</td>
<td></td>
<td>PPACG Staff</td>
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Empowering People with Disabilities in the Pikes Peak Region

Presenting: Maria Cordova, Community Outreach Coordinator

Building a world where everyone is KNOWN, VALUED & INCLUDED.
Our Mission

By working with people with disabilities, their families, and the community, we create independence so that all may thrive.
Center for Independent Living (CIL)

WHAT IS A CIL?

• Centers for Independent Living (CILs) are non-profit organizations that were established thanks to funding through the 1978 reauthorization of the Rehabilitation Act. There are 340 CILs in the U.S., including nine in Colorado.

• We are not an assisted living facility or a social service organization. We are a disability resource center.

• We provide services to those who self-disclose a disability to:
  • empower persons with disabilities.
  • maximize their independence within the community.
  • remove barriers which prevent integration and equal opportunity.
Who We Are

FAMILY & FRIEND CAREGIVER

INDEPENDENT LIVING

VETERAN-DIRECTED CARE

ADVOCACY
Who We Are (continued)

Nearly 300 Total Employees

Non-Profit Organization

51%

CIL STAFF AND BOARD MEMBERS MUST HAVE A DISABILITY
### Who We Serve

<table>
<thead>
<tr>
<th>Physical</th>
<th>Blind and Low Vision</th>
<th>Cognitive</th>
<th>Deaf and Hard of Hearing</th>
<th>Mental Health</th>
</tr>
</thead>
</table>

#### Types of Disabilities

- Physical
- Blind and Low Vision
- Cognitive
- Deaf and Hard of Hearing
- Mental Health
Service Areas Map

* HH = Home Health, IL = Independent Living, VIC = Veteran In Charge
Building a world where everyone is KNOWN, VALUED & INCLUDED.
CIL Services

LIVE ON YOUR OWN

- Learn about home modification programs.
- Get information about housing options.
- **Blind and low-vision services**: Receive assistance in maintaining independence in the home.
- For those who qualify: **Transition** from a nursing home to the community with appropriate services and supports.
- Learn to manage daily tasks in **skills classes**.
CIL Services

RECEIVE WHAT YOU NEED TO LIVE INDEPENDENTLY

• Apply for disability benefits.
• Learn about transportation options to get around town.
• Use tools and assistive technology to make life easier.
CIL Services

RECEIVE SKILLS AND SUPPORT TO REACH YOUR GOALS

• Receive independent living services in outlying areas through Outreach Services.
• Join a support group to help each other grow as you face similar challenges.
• Deaf & Hard of Hearing services ensure access to information, assistive technology, education, and advocacy.
• By providing a wide range of services and resources, Youth Transitions empowers young people, ages 14-24, who have a disability.
CIL Services - Advocacy

SPEAK UP FOR YOURSELF AND YOUR COMMUNITY

• Learn what your rights are and how to use those to gain greater independence.

• Learn how to advocate for yourself to overcome life's barriers.

• Work with others to raise awareness and challenge institutional barriers on local and state levels.
Family/Friend Caregiver

We are licensed with the state of Colorado and accept:

Medicaid
Long-term Care Insurance
Private Pay
Home Health Care Services

• 239,760 Home Healthcare visits in 12 months
• 382,639 Home Healthcare hours in 12 months
Veteran Directed Care

The Veteran Directed Care (VDC) program:

• **Self-directed** for greater independence and control.

• Home- and community-based services.

• **Partnership** between The IC and the Department of Veteran Affairs (Veteran Health Administration).
Questions?
If you need help, or know of someone who does, contact us at:

Phone: 719-471-8181
Email: info@the-ic.org
Website: www.the-ic.org

Maria Cordova
719-661-0105
mcordova@the-ic.org
# Upcoming Meeting Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting</th>
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<tbody>
<tr>
<td>July 27</td>
<td>10 a.m.</td>
<td>Regional Advisory Council</td>
</tr>
<tr>
<td>Aug. 2</td>
<td>9 a.m.</td>
<td>Regional Transportation Plan Advisory Committee</td>
</tr>
<tr>
<td>Aug. 2</td>
<td>10:30 a.m.</td>
<td>Commission on Aging – Executive Committee</td>
</tr>
<tr>
<td>Aug. 2</td>
<td>1 p.m.</td>
<td>Regional Advisory Council – Executive Committee</td>
</tr>
<tr>
<td>Aug. 4</td>
<td>9 a.m.</td>
<td>Board of Directors Workshop</td>
</tr>
<tr>
<td>Aug. 7</td>
<td>8:30 a.m.</td>
<td>Legislative Committee</td>
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<tr>
<td>Aug. 9</td>
<td>9 a.m.</td>
<td>Board of Directors</td>
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<tr>
<td>Aug. 10</td>
<td>9:30 a.m.</td>
<td>Mobility Coordinating Committee – Executive Committee</td>
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<tr>
<td>Aug. 16</td>
<td>3 p.m.</td>
<td>Commission on Aging</td>
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<tr>
<td>Aug. 17</td>
<td>1:30 p.m.</td>
<td>Transportation Advisory Committee</td>
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<tr>
<td>Aug. 22</td>
<td>9:30 a.m.</td>
<td>Mobility Coordinating Committee</td>
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<tr>
<td>Aug. 23</td>
<td>9 a.m.</td>
<td>Water Quality Management Committee</td>
</tr>
<tr>
<td>Aug. 23</td>
<td>1 p.m.</td>
<td>Air Quality Technical Committee</td>
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<tr>
<td>Aug. 24</td>
<td>10 a.m.</td>
<td>Regional Advisory Council</td>
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<tr>
<td>Aug. 30</td>
<td>3 p.m.</td>
<td>Community Advisory Committee</td>
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<tr>
<td>Sept. 6</td>
<td>10:30 a.m.</td>
<td>Commission on Aging – Executive Committee</td>
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<tr>
<td>Sept. 8</td>
<td>9 a.m.</td>
<td>Regional Advisory Council – Executive Committee</td>
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<td>Sept. 11</td>
<td>8:30 a.m.</td>
<td>Legislative Committee</td>
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<td>Sept. 13</td>
<td>9 a.m.</td>
<td>Board of Directors</td>
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<td>Sept. 14</td>
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<td>Mobility Coordinating Committee – Executive Committee</td>
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<td>Sept. 20</td>
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<td>Sept. 21</td>
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<td>Sept. 26</td>
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<td>Mobility Coordinating Committee</td>
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<td>Sept. 27</td>
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<tr>
<td>Sept. 28</td>
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<td>Regional Advisory Council</td>
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Schedule as of July 21, 2023

Meetings may be added, changed or cancelled as needed. Current meeting schedule is available at ppacg.org.