MEETING AGENDA
PPACG COMMISSION ON AGING
August 16, 2023, 3 - 5 p.m.

In Person
PPACG Main Conference Room – 14 S. Chestnut St., Colorado Springs, CO 80905

Microsoft Teams (Video and Audio)
www.microsoft.com/en-us/microsoft-teams/join-a-meeting
Meeting ID: 251 134 025 043
Passcode: 3NF3YD

Meeting will be held in a hybrid format to allow in-person attendance as well as a remote option.

1. **CALL TO ORDER / ESTABLISH A QUORUM / INTRODUCTIONS**

2. **AGENDA APPROVAL**

3. **CONSENT ITEMS** These items will be acted upon as a whole, unless they are called up for discussion by a commission member or a citizen wishing to address the commission.
   A. Approval of the minutes from the July 19, 2023 meeting

4. **PUBLIC COMMENTS/PRESENTATIONS**
   A. Public Comments. Public comment can be made before or during the meeting. Public comment during the meeting is limited to three minutes and can be done at the meeting location or remotely by using the posted Microsoft Teams link. Individuals are encouraged to notify the meeting organizer at ppacg@ppacg.org before the start of the meeting with the agenda item they would like to comment on. Public comments can be submitted before the meeting via email to ppacg@ppacg.org for distribution to the committee members.

5. **ACTION ITEMS**
   A. Public Input Questionnaire

6. **INFORMATION ITEMS**
   A. Membership Committee: Membership Matrix Review
   B. Policy Committee
      • Colorado Center for Aging (formerly Colorado Senior Lobby).
   C. PPACG Legislative Committee.
   D. PPACG Board Items
   E. Chair Report

7. **STRATEGIC PLANNING**
   A. Review Goals and Objectives. Develop objectives and tactics.
   B. Timeline for PPCOA presentation to PPACG Board

8. **DISCUSSION ITEMS**

9. **MEMBER ENTITY ANNOUNCEMENTS**

10. **MEETING SCHEDULE**
    A. Commission Meeting – September 20, 2023
    B. Executive Committee Meetings – First Wednesday of each month at 10:30 a.m.
    C. Policy Committee Meetings – TBD
    D. PPACG Meetings
11. **ITEMS FOR NEXT MEETING**

12. **ADJOURNMENT**

The Pikes Peak Area Council of Governments will not discriminate against qualified individuals with disabilities. Meeting materials are available in text-only and audio formats. Meetings are available to join remotely via Microsoft Teams, and meetings include live transcription for remote and in-person attendees using automated software. Should you require any additional auxiliary aids or services to participate, please contact ppacg@ppacg.org or (719) 471-7080 x139 as soon as possible so that we can do our best to accommodate your needs.

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**Pikes Peak Commission on Aging**

**Principles of Engagement**

To support the mission and vision of the Pikes Peak Commission on Aging, the following *Principles of Engagement* are utilized to create and maintain a culture of collaboration and partnership among stakeholders and Commission members. The guiding principles are intended to define a behavioral model which addresses how individual members treat each other, communicate, participate, cooperate, support each other, and coordinate joint activity towards the greater whole.

**Work Integrity:**

**Collaboration:** As team members we agree to always pitch in, when and where necessary, to help address problems and follow-up timely.

**Accountability:** We agree to be accountable for our own actions, behavior and choices.

**Listen:** We will listen with empathy, hear with understanding, avoid judgment and defensiveness, and solicit and discuss ideas.

**Reflection:** Take note of collective successes on an annual basis. Celebrate the impact of work done.

**Kindness:** We will always promote an environment that is safe for participation, open communication and where group members do not have to fear criticism or retribution.

**Ethics:** We make decisions that reflect our values and principles; even when the decision may not be favorable to the majority or individually.

**Healthy Conflict Resolution:**

**Openness:** Receive and deliver feedback with an open mind while offering suggestions for improvement. Generate ideas to resolve problems being dedicated to work through conflict.

**Language:** Use language that avoids blame and strive to seek productive conversation.

**Meeting Etiquette:**

**Engagement:** Be present and prepared—each person should come to the meeting with the materials and data needed and an understanding of the meeting topic, practice active listening skills, be mindful of dominating conversation.

**Avoid distraction:** Be mindful of the speaker, do not engage in side-bar conversations.
COMMISSION ON AGING COMMITTEE

MEMBERS

Thirty percent of the current voting committee membership (rounded up to the nearest whole number) shall constitute a quorum.

CITIZENS-AT-LARGE
Kathy Cerullo Smith  Expires 12/31/2025
State Commission on Aging

TOWN OF CALHAN
Vacant

TOWN OF MONUMENT
Vacant

TOWN OF PALMER LAKE
Vacant

TOWN OF RAMAH
Vacant

CITY OF COLORADO SPRINGS
Dayton Romero  Expires 12/31/2024
Danielle McCarthy  Expires 12/31/2024
Paula Levy  Expires 12/31/2023
Steve Peterschmidt  Expires 12/31/2026

PARK COUNTY
Amy Mitchell  Expires 12/31/2023
Park County Commissioner

TOWN OF WOODLAND PARK
Vacant

TELLER COUNTY
Steve Frick  Expires 12/31/2026

CITY OF FOUNTAIN
Amy Smith  Expires 12/31/2026

EL PASO COUNTY DEPARTMENT OF HEALTH SERVICES
Vacant

CITY OF MANITOU SPRINGS
Vacant

INNOVATIONS IN AGING
Erin Maruzzella  Appointment

CITY OF VICTOR
Vacant

PIKES PEAK AREA COUNCIL OF GOVERNMENTS (NON-VOTING)
Melissa Marts
Jody Barker

TOWN OF FAIRPLAY
Vacant

COMMISSION ON AGING
The purpose of the Commission is to advise and recommend to the PPACG Board of Directors and PPACG staff action on matters regarding the development of an area-wide system of advocacy and policy recommendations for older persons to enable them to maintain as much independence as possible.

TOWN OF GREEN MOUNTAIN FALLS
Vacant

*2nd Term
MEETING MINUTES
PPACG COMMISSION ON AGING
July 19, 2023, 3 - 5 p.m.

In Person
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Meeting will be held in a hybrid format to allow in-person attendance as well as a remote option.

1. **CALL TO ORDER / ESTABLISH A QUORUM / INTRODUCTIONS** Chair Romero called the meeting to order at 3:07. The PPACG was having an electrical outage due to a storm and was operating on battery technology. A quorum was present.

2. **AGENDA APPROVAL** Ms. Amy Mitchell motioned approval, Ms. Paula Levy seconded. The motion passed unanimously.

3. **CONSENT ITEMS** These items will be acted upon as a whole, unless they are called up for discussion by a commission member or a citizen wishing to address the commission.
   A. Approval of the minutes from the June 19, 2023 meeting. Ms. Erin Maruzzella motioned to approve, Ms. Amy Mitchell seconded. The motion passed unanimously.

4. **PUBLIC COMMENTS/PRESENTATIONS**
   A. Public Comments. Public comment can be made before or during the meeting. Public comment during the meeting is limited to three minutes and can be done at the meeting location or remotely by using the posted Microsoft Teams link. Individuals are encouraged to notify the meeting organizer at ppacg@ppacg.org before the start of the meeting with the agenda item they would like to comment on. Public comments can be submitted before the meeting via email to ppacg@ppacg.org for distribution to the committee members.

5. **ACTION ITEMS**

6. **INFORMATION ITEMS**
   A. Membership Committee: Membership Matrix Review. Ms. Paula Levy will be working to present to community groups. She and Mr. Steve Frick will have their first meeting with the Woodland Park Rotary on 8/27. Ms. Amy Mitchell will check in with Fairplay and Alma at the Park County Government meeting on 8/22.
   B. Policy Committee
      • Colorado Center for Aging (formerly Colorado Senior Lobby). Ms. Amy Mitchell updated that CCA is beginning to identify their focus for the 2024 session.
   C. PPACG Legislative Committee. The COA is hoping Ms. Kathy Cerillo-Smith will attend these meetings.
   D. PPACG Board Items. Mr. Jared Varner shared they met in Teller County and Ms. Erin Maruzzella presented on Innovations in Aging and Ms. Kathy Lowry and the Teller Senior Coalition presented during the Board workshop.
   E. Chair Report. Chair Romero presented his draft ideas for internal and external goals. It was discussed that ad hoc committees could be created to help reach the PPCOA goals. Possible Outreach and Engagement Committee related to how we get information into the community and hear from constituents.

7. **STRATEGIC PLANNING**
   A. Review proposed Goals and Objectives from Executive Committee. These align with Age Friendly El Paso County work. Hope to find consistency across the region. We need to identify key partners who can help in each area.
Mr. Steve Frick will share with the Teller Senior Coalition case managers to see if there is alignment with their needs. Ms. Amy Mitchell shared the Park County Senior Coalition is looking for a new ED and that housing and transit are big needs. Executive Committee will continue review.

B. Review Public Input Prioritization Questionnaire  This document will be reviewed in efforts to make it more user friendly for older adults and those not associated with any organizations. Also name it Community Input and Engagement possibly.

C. Quarterly Plan for PPACG Public Comment Opportunities. Focus on first public comment in September. Ms. Paula Levy will secure a caregiver to comment at the PPACG September Board meeting, Chair Romero will work on social engagement for December.

8. DISCUSSION ITEMS
A. Digital Equity Survey: Innovations in Aging is working to get this survey answered by older adults (and everyone). It is gathering data on who does not have internet and why. This information will inform the plan to implement broadband with the help of significant federal funding that has been given to Colorado.

B. Governor’s Digital Equity Eco-System Mapping. Chair Romero shared this effort to hear from organizations on needs in digital equity. The Digital Equity Plan for Colorado will be published in October.

9. MEMBER ENTITY ANNOUNCEMENTS
A. Park County Senior Coalition is seeking an ED.
B. Silver Key's Five Wishes is 7/21.
C. OAA Notice of Proposed Rule Making is open for public comment. Acl.gov/oaarule.

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B. Executive Committee Meetings – First Wednesday of each month at 10:30 a.m.
C. Policy Committee Meetings – TBD
D. PPACG Meetings  E. State Commission on Aging in Colorado Springs in September

11. ITEMS FOR NEXT MEETING

12. ADJOURNMENT  Chair Romero adjourned at 5:00.

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Pikes Peak Commission on Aging
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DATE: August 16, 2023
TO: Pikes Peak Commission On Aging
FROM: PPCOA Executive Committee
THROUGH: Chair Romero
SUBJECT: Citizen Input Questionnaire

PREVIOUS ACTION
The Executive Committee has worked through three versions of a form and shared them with the full Commission to comment on.

SUMMARY
The PPCOA determined the need for a document that can help guide citizen input when they are requesting support from the Commission. Earlier drafts were determined to be too detailed and not as user-friendly as the Commission would like to see. It is important that citizens know they can call and answer the questions verbally through a conversation with a Commissioner or PPAAA staff. They are not required to write out their responses. The questions are a guide.

BACKGROUND
The Commission has had various citizens come to meetings to express concerns and needs they have for their community. It became necessary for the Commission to focus on a strategic plan and further develop questions for citizens that can help guide where the Commission can be supportive and ultimately make an impact.

PROPOSED MOTION
Review and approve.

ALTERNATIVES

ATTACHMENT(S)
See Citizen Input Questionnaire

STRATEGIC PLAN GOALS
Please select which strategic plan goals this applies to.
☒ Advocacy: Serve as an effective advocacy voice for common ground issues.
☒ Information Sharing: Serve as a significant resource for PPACG members to collect and share information with regional partners.
☒ Aging: Expand and extend senior access, awareness, education, and connectivity to support age-friendly communities and empower individual seniors.
☐ Transportation: Maintain and improve a coordinated, validated plan for transportation needs across the PPACG region.
☒ Program Excellence: Continue to excel in the key fundamental areas of PPACG: Military support, Environmental programs, Transportation, Area Agency on Aging, and regional communication, and collaboration.
Pikes Peak Commission on Aging Citizen Input

1. **We're all ears!**
   
   What would you like the Pikes Peak Commission on Aging to know, please share any concerns or issues you think are important.

2. **Your experiences matter to us.** We're here to listen and understand.
   
   What led you to think about the issue you mentioned?

3. **We appreciate your insights.** We'd love to hear your thoughts.
   
   Do you know of any local groups or organizations that could help address the issue you mentioned?

4. **Your knowledge is invaluable.** It will help us understand how it affects the lives of older adults.
   
   If you have any details, numbers, or other information that show why addressing the area of focus you mentioned is essential, please share it with us.

5. **We’re committed to making a positive impact.** Your suggestions will help us work towards a better community for everyone.
   
   Are there any specific policies, laws, or support that would effectively address this issue?
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<tr>
<th>Name</th>
<th>60+ Region</th>
<th>Consumer Experience related to aging</th>
<th>Transportation</th>
<th>Caregiving</th>
<th>Community Advocate</th>
<th>Housing</th>
<th>Healthcare access</th>
<th>Veteran</th>
<th>Finance / Accounting</th>
<th>Risk Management</th>
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Instructions For Use:

1. Review the current skills matrix used by the board. (Does it include the needed expertise to reach the company’s strategic goals?)
2. Update the matrix.
3. Ask each director to self-assess his/her talents.
4. Ask directors to assess one another’s talents, and the board as a whole.
5. Ask, “what’s missing?”
6. Ask for management input.
7. Analyze the gaps.
8. Facilitate a full board discussion.
9. Factor in pending retirements, skills of potential nominees.
10. Factor in diversity of age, tenure, gender, ethnicity, geographic and economic status.
11. Repeat annually.
Pikes Peak Commission on Aging
Goals and Objectives Draft 8.9.23

Internal for Commission operations –

**Foundation** -- PPCOA principles of engagement, membership matrix, prioritization tool/questionnaire, data repository…CASOA

**Membership committee** – fill three different vacant geo’s by end of the year that align with needed expertise among commissioners.

**Policy committee** – at least 3 members on committee and document that helps commissioners have strong understanding of legislative occurrences.

**Chair Report** – template/format and numeric goals

External –

Identify priorities from CASOA/questionnaire → prioritized → identify measures % that we will change → plan (4-year?) → evaluation → start again..

**Priorities from Community meetings:**

Park County
  - Transportation, Caregiving and access to medical care, chore/InA/personal care

Teller County
  - Broadband/chore, caregiving/housing, meals/mental health/access to medical care, transportation

Colorado Springs
  - Transportation, caregiving, housing/home mods

Rural El Paso
  - Transportation/broadband, caregiving/medicare, InA, access to medical care post op

**Goals and Objectives:** Aging in Place is the overall goal.

1. **Goal 1: Enhancing Accessible and Affordable Healthcare**
   
   2023 Baseline:
   - Community reported needs in Park, Teller and rural El Paso

<table>
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<th>CASOA: Physical Challenges</th>
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<td>Park County 27% reported 47% need</td>
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<td>Teller 29% reported 37%</td>
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<td>El Paso 40% reported 37%</td>
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**WHICH OBJECTIVE DO WE WANT?**

- Objective 1: Improve healthcare services and accessibility for older adults, based on COSOA data insights, by [X]% by the end of Year 4.
• Objective 2: Foster partnerships with healthcare providers to ensure comprehensive and age-appropriate care options, targeting an increase of \([Y]\)% in collaborative efforts within the next three years.
• Objective 3: Promote health education and preventive care initiatives to enhance overall well-being, aiming for a \([Z]\)% increase in participation in health education programs by Year 4.

2. Goal 2: Creating Age-Friendly Housing and Transportation

2023 Baseline:
Community reported Housing needs in Teller and Colorado Springs. Transportation needs across the region.

CASOA: | Avail. Affordable Housing | Have Housing needs | Good transit system |
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<td>9% reported yes</td>
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<td>14% agreed</td>
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<td>11% reported</td>
<td>39%</td>
<td>26%</td>
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<td>El Paso</td>
<td>18% reported</td>
<td>49%</td>
<td>40%</td>
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WHAT OBJECTIVE DO WE WANT?
• Objective 1: Increase the availability of affordable and accessible housing options for older adults, targeting a \([X]\)% increase in affordable housing units by the end of Year 4.
• Objective 2: Enhance transportation services to meet the unique mobility needs of older adults, aiming for an \([Y]\)% improvement in accessible transportation options within the next three years.
• Objective 3: Advocate for age-friendly infrastructure and policies that support aging in place, aiming to achieve \([Z]\)% adoption of age-friendly policies by Year 4.

3. Goal 3: Promoting Social Engagement and Inclusion

2023 Baseline: Community meetings did not report needs.

CASOA: | Community values seniors | Good sense of community | Opportunities to build work skills |
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<td>El Paso</td>
<td>37% agreed</td>
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WHAT OBJECTIVE DO WE WANT?
• Objective 1: Expand social and recreational programs to combat social isolation and loneliness, targeting a \([X]\)% increase in participation rates by the end of Year 4.
• Objective 2: Foster intergenerational connections and promote volunteer opportunities, aiming for an \([Y]\)% increase in intergenerational programs and volunteer engagement within the next three years.
• Objective 3: Advocate for age-friendly community spaces and activities, targeting \([Z]\)% improvement in the accessibility and inclusivity of community spaces by Year 4.

4. Goal 4: Strengthening Caregiver Support and Services

2023 Baseline:
Community reported Caregiver needs across the region.
CASOA: Provide Care Challenges with caregiving
Park County 29% reported 11% have challenges
Teller 30% reported 8%
El Paso 34% reported 13%

WHICH OBJECTIVE DO WE WANT?
- Objective 1: Enhance support systems and resources for caregivers of older adults, targeting a [X]% increase in caregiver support programs and services by the end of Year 4.
- Objective 2: Provide caregiver training and education programs, aiming for an [Y]% increase in caregiver training participation within the next three years.
- Objective 3: Collaborate with community organizations to develop respite care options, targeting [Z]% increase in respite care availability by Year 4.

GENERAL: Engage and Advocate
- Objective 1: Increase testimonials among senior service providers and seniors
  1. Tactic: Create educational tools and channels
## Upcoming Meeting Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 16</td>
<td>3 p.m.</td>
<td>Commission on Aging</td>
</tr>
<tr>
<td>Aug. 17</td>
<td>1:30 p.m.</td>
<td>Transportation Advisory Committee</td>
</tr>
<tr>
<td>Aug. 22</td>
<td>9:30 a.m.</td>
<td>Mobility Coordinating Committee</td>
</tr>
<tr>
<td>Aug. 23</td>
<td>9 a.m.</td>
<td>Water Quality Management Committee</td>
</tr>
<tr>
<td>Aug. 23</td>
<td>1 p.m.</td>
<td>Air Quality Technical Committee</td>
</tr>
<tr>
<td>Aug. 24</td>
<td>10 a.m.</td>
<td>Regional Advisory Council</td>
</tr>
<tr>
<td>Aug. 30</td>
<td>3 p.m.</td>
<td>Community Advisory Committee</td>
</tr>
<tr>
<td>Sept. 6</td>
<td>10:30 a.m.</td>
<td>Commission on Aging – Executive Committee</td>
</tr>
<tr>
<td>Sept. 6</td>
<td>1 p.m.</td>
<td>Regional Advisory Council – Executive Committee</td>
</tr>
<tr>
<td>Sept. 8</td>
<td>9 a.m.</td>
<td>Board of Directors Workshop</td>
</tr>
<tr>
<td>Sept. 11</td>
<td>8:30 a.m.</td>
<td>Legislative Committee</td>
</tr>
<tr>
<td>Sept. 13</td>
<td>9 a.m.</td>
<td>Board of Directors</td>
</tr>
<tr>
<td>Sept. 14</td>
<td>9 a.m.</td>
<td>Mobility Coordinating Committee – Executive Committee</td>
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<tr>
<td>Sept. 20</td>
<td>3 p.m.</td>
<td>Commission on Aging</td>
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<tr>
<td>Sept. 21</td>
<td>1:30 p.m.</td>
<td>Transportation Advisory Committee</td>
</tr>
<tr>
<td>Sept. 26</td>
<td>9:30 a.m.</td>
<td>Mobility Coordinating Committee</td>
</tr>
<tr>
<td>Sept. 27</td>
<td>9 a.m.</td>
<td>Water Quality Management Committee</td>
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<tr>
<td>Sept. 27</td>
<td>1 p.m.</td>
<td>Air Quality Technical Committee</td>
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<tr>
<td>Sept. 27</td>
<td>3 p.m.</td>
<td>Community Advisory Committee</td>
</tr>
<tr>
<td>Sept. 28</td>
<td>10 a.m.</td>
<td>Regional Advisory Council</td>
</tr>
<tr>
<td>Oct. 4</td>
<td>10:30 a.m.</td>
<td>Commission on Aging – Executive Committee</td>
</tr>
<tr>
<td>Oct. 4</td>
<td>1 p.m.</td>
<td>Regional Advisory Council – Executive Committee</td>
</tr>
<tr>
<td>Oct. 6</td>
<td>9 a.m.</td>
<td>Board of Directors Workshop</td>
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<tr>
<td>Oct. 11</td>
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<td>Board of Directors</td>
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<tr>
<td>Oct. 12</td>
<td>9 a.m.</td>
<td>Mobility Coordinating Committee – Executive Committee</td>
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<tr>
<td>Oct. 18</td>
<td>3 p.m.</td>
<td>Commission on Aging</td>
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<td>Oct. 19</td>
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<td>Transportation Advisory Committee</td>
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<tr>
<td>Oct. 24</td>
<td>9:30 a.m.</td>
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<tr>
<td>Oct. 25</td>
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<td>Water Quality Management Committee</td>
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<tr>
<td>Oct. 25</td>
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<td>Oct. 25</td>
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</tr>
<tr>
<td>Oct. 26</td>
<td>10 a.m.</td>
<td>Regional Advisory Council</td>
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</tbody>
</table>

Schedule as of Aug. 10, 2023
Meetings may be added, changed or cancelled as needed. Current meeting schedule is available at ppacg.org.